

CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

NAME: Nancy Shelstad

DATE: November 6, 2023

RANK OR TITLE: Area 4-H Youth Development Educator
Full Professor

DEPARTMENT: University of Idaho Extension, 4-H Youth Development

OFFICE LOCATION: Caldwell R & E Center
1904 E Chicago Ste AB
Caldwell, ID 83605

OFFICE PHONE: (208) 364-4597
EMAIL: shelstad@uidaho.edu
WEB: www.uidaho.edu/extension/4h

DATE OF FIRST EMPLOYMENT AT UI: November 30, 1999

DATE OF TENURE: July 1, 2013

DATE OF PRESENT RANK OR TITLE: Area 4-H Youth Development Educator title, August 1, 2015
Full Professor rank, July 1, 2020

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

M.S., 2006, Adult and Organizational Learning, University of Idaho, Boise, Idaho.
B.S., 1985, Accounting, University of Idaho, Moscow, Idaho.

Additional Coursework for Credit:

Creative Solutions for Youth Development, EDTE 504, University of Idaho, 3 credits, 2003.
Principles of Marketing, MK 301, Boise State University, 3 credits, 1996.
Management & Organization Theory, MG 301, Boise State University, 3 credits, 1996.
Computer Applications, IS 101, Boise State University, 3 credits, 1992.
Assertiveness Training, P 161, Boise State University, 3 credits, 1990.

Certificates and Licenses:

Helping Youth Thrive, 4-H Thriving Model Curriculum Teaching Certification, May 18, 2023.
Collaborative Institutional Training Initiative (CITI), Investigators, IRB Investigators and Student Researchers, Refresher Course. Certification of Completion (53053910) February 27, 2023.
National Institutes of Health, Tutorial on FCOI Federal Requirements Certificate of Completion, October 2021.
Collaborative Institutional Training Initiative (CITI), Investigator/Student Researcher Certificate (34572984), March 2020.
Collaborative Institutional Training Initiative (CITI), Investigator/Student Researcher Certificate (22604907), March 2017.
University of Idaho, Mental Health First Aid Certificate, October 2016.
University of Idaho 4-H Youth Development, 4-H Shooting Sports Handgun Leader Certification, April 2011.
University of Idaho 4-H Youth Development, 4-H Shooting Sports Archery Leader Certification, November 2009.
University of Idaho 4-H Youth Development, 4-H Shooting Sports Rifle Leader Certification, November 2009.
National Institutes of Health (NIH) Protecting Human Research Participants Certificate (#261961), August 2009.

EXPERIENCE:**Teaching, Extension and Research Appointments:**

Area 4-H Youth Development Educator, 4-H Youth Development, University of Idaho, Boise, Idaho, August 1, 2015 – present.
 County Extension Educator, 4-H Youth Development, University of Idaho, Caldwell, Idaho, October 7, 2007 – July 31, 2015.
 4-H Program Coordinator, University of Idaho, Boise, Idaho, February 1, 2004 – October 7, 2007.
 Technical Records Specialist I (4-H), University of Idaho, Boise, Idaho, September 18, 2000 – January 31, 2004.
 Office Specialist 2, University of Idaho, Boise, Idaho, November 30, 1999 – September 17, 2000.

Non-Academic Employment including Armed Forces:

General Merchandise Buyer, The Bookstore, Boise State University, Boise, Idaho, February 1997 – September 1998.
 Retail Operations Manager, The Bookstore, Boise State University, Boise, Idaho, June 1991 - February 1997.
 Cashier Supervisor, The Bookstore, Boise State University, Boise, Idaho, October 1989 – June 1991.
 Store Manager, Video Excitement, Boise, Idaho, November 1986 – June 1989.
 Program Assistant, National 4-H Center, Chevy Chase, Maryland, January 1986 – August 1986.

TEACHING ACCOMPLISHMENTS:**Areas of Specialization:**

4-H Youth Development

Interns/Students Advised:

University of Idaho, 4-H Youth Development, District Programming Intern, Ethan Ennis, Summer 2018.
 AmeriCorps VISTA, 4-H Youth Development, Youth Development Program Development, Cami Ruh-Clemo, 2013.
 University of Idaho, 4-H Youth Development, Summer Outreach Ada/Canyon, Laura Franco & Maricela Avila, Summer 2013.
 University of Idaho, 4-H Youth Development, Summer Outreach Canyon County, Surine de la Concepcion, Summer 2009.

Materials Developed:**Workbooks, Manuals:**

Shelstad, N., C. Clarich, S. Martinez, A. Taggart, K. Jenkins, and T. Holmquist. New 4-H Volunteer Orientation Tool Kit. University of Idaho 4-H Youth Development. 2021.
 Shelstad, N. Virtual 4-H Meeting Etiquette. University of Idaho 4-H Youth Development. 2020.
 Holmquist, T. and N. Shelstad, Canyon County Fair Junior Exhibitors Handbook. 2015
 Holmquist, T. and N. Shelstad, Canyon County Fair and Festival Junior Exhibitors Handbook. 2014
 Holmquist, T. and N. Shelstad, Canyon County Fair and Festival Junior Exhibitors Handbook. 2013.
 Holmquist, T. and N. Shelstad, Canyon County Fair and Festival Junior Exhibitors Handbook. 2012.
 Holmquist, T. and N. Shelstad, Canyon County Fair and Festival Junior Exhibitors Handbook. 2011.
 Holmquist, T. and N. Shelstad, Canyon County Fair and Festival Junior Exhibitors Handbook. 2010.
 Shelstad, N. and T. Holmquist, Canyon County Fair and Festival Junior Exhibitors Handbook. 2009.
 Shelstad, N., Canyon County Fair and Festival Junior Exhibitors Handbook. 2008.
 Shelstad, N., B. Abo and D. Kolstad, Western Idaho Fair Junior Exhibitors Handbook. 2007.

Materials Developed:**Workbooks, Manuals (cont.)**

- Shelstad, N., B. Abo, and D. Kolstad, Western Idaho Fair Junior Exhibitors Handbook. 2006.
Shelstad, N., B. Abo, and D. Kolstad, Western Idaho Fair Junior Exhibitors Handbook. 2005.
Shelstad, N. Planning manual for Ada County 4-H Horse Bowl Contests. University of Idaho 4-H Youth Development. 2005.
Shelstad, N. Planning manual for Ada County 4-H Horse Oral Presentation Contest. University of Idaho 4-H Youth Development. 2005.
Shelstad, N. Planning manual for Ada County 4-H Horse Judging Contest. University of Idaho 4-H Youth Development. 2005.
Shelstad, N., B. Abo, and D. Kolstad, Western Idaho Fair Junior Exhibitors Handbook. 2004.
Shelstad, N. and K. Laughlin, 4-H Horse Project Family Survival Guide. University of Idaho 4-H Youth Development. 2004, revised 2007.

Webpages:

- Shelstad, N. and D. Lowber. Canyon County 4-H website.
<http://extension.ag.uidaho.edu/canyon/4-H.htm>. Revised 2007.
Shelstad, N., B. Abo, and W. Harvey. Ada County 4-H website.
<http://extension.ag.uidaho.edu/ada>. 2005.

Video Productions:

- Shelstad, N., C. Johnson. Presenting Online. YouTube video.
<https://www.youtube.com/watch?v=6BF3iO-ftIQ>. 2020

Displays and Posters:

- Shelstad, N., 4-H Outside the Box, State 4-H Volunteer Development Conference, Boise, Idaho, October 15, 2021.
Shelstad, N., STEP; Short Term Enrollment Program, Know Your Government Conference, Boise, Idaho. February 14-16, 2015.
Shelstad, N., STEP; Short Term Enrollment Program, State 4-H Leaders Forum, Lewiston, Idaho. November 7-9, 2014.
Shelstad, N., 4-H Teen Mania, Know Your Government Conference, Boise, Idaho. February 13-15, 2010.
Shelstad, N., Getting a Grip on Oral Presentations, State 4-H Leaders Forum, Idaho Falls, Idaho. October 15-17, 2009.
Shelstad, N., Learning Activities for 4-H Projects, State 4-H Leaders Forum, Salmon, Idaho. October 24-26, 2008.
Shelstad, N., State 4-H Leaders Forum, Western Idaho Fair, Boise, Idaho. August 18-27, 2006.
Shelstad, N., Citizenship Washington Focus, Western Idaho Fair, Boise, Idaho. August 18-27, 2006.
Shelstad, N., State 4-H Leaders Forum, Western Idaho Fair, Boise, Idaho. August 19-27, 2005.
Shelstad, N., Citizenship Washington Focus, Western Idaho Fair, Boise, Idaho. August 19-27, 2005.
Shelstad, N., State 4-H Leaders Forum, Western Idaho Fair, Boise, Idaho. August 20-28, 2004.

Power point/Slide Presentations:

- Shelstad, N. 4-H Thriving Model for 4-H Professionals training. 2023.
Shelstad, N., and J. Nebeker. 4-H FFA Partnership, for New 4-H Staff Orientation. 2019.
Shelstad, N. 4-H Event and Program Planning, for New 4-H Staff Orientation. 2018.
Shelstad, N., and D. Gillespie. 4-H Online and Enrollment Management, for New 4-H Staff Orientation. 2017.
Shelstad, N., and D. Gillespie. Extension Reporting and Documentation, for New 4-H Staff Orientation. 2017.
Shelstad, N. Introduction to 4-H Youth Development, for New 4-H Staff Orientation. 2016.
Shelstad, N. Culture of 4-H, for New 4-H Staff Orientation. 2016.
Shelstad, N. Recognition, for New 4-H Staff Orientation. 2016.
Shelstad, N. 4-H Delivery Modes, for New 4-H Staff Orientation. 2016.

Materials Developed:**Power point/Slide Presentations: (cont.)**

- Shelstad, N., and J. Lindstrom. Community Partners, for New 4-H Staff Orientation. 2016.
- Shelstad, N. Just the Facts Please!, for Ambassador Conference. 2015.
- Shelstad, N. 4-H 101 Fair Time!, for New 4-H Family Orientation. 2013, revised 2015.
- Shelstad, N. 4-H 101 Getting Started, for New 4-H Family Orientation. 2013, revised 2015.
- Shelstad, N. Jeopardy Trivia, for New Volunteer Training. Revised 2008, 2012, 2015.
- Shelstad, N. Ambassador Program, for Ada County Ambassador Development. 2006.
- Shelstad, N. Scrapbook Tool Kit, for District II Volunteer Development Training. 2006.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development**

- 2023 Clarich, C., **N. Shelstad**, New Volunteer Orientation, Caldwell, Idaho, October 18.
- Wittman, G., **N. Shelstad**, 4-H Thriving Model, Post Falls, Idaho, October 5.
- Shelstad, N., G. Wittman, 4-H Thriving Model, Idaho Falls, Idaho, October 3.
- Shelstad, N., G. Wittman, 4-H Thriving Model, Caldwell, Idaho, September 25.
- Wittman, G., **N. Shelstad**, 4-H Thriving Model, Jerome, Idaho, September 19.
- Shelstad, N., Fair Conflict Management, Caldwell, Idaho, June 29.
- Shelstad, N., C. Clarich, New Volunteer Orientation (District), Caldwell, Idaho, May 20.
- Shelstad, N., K. Jenkins, New Volunteer Orientation (District), Emmett, Idaho, April 1.
- Shelstad, N., K. Boehm, Quality Club Programming, District Volunteer Training, Nampa, Idaho, February 11.
- Shelstad, N., Power and Magic of 4-H – Developmental Relationships, District Volunteer Training, Nampa, Idaho, February 11.
- 2022 Shelstad, N., C. Clarich, New Volunteer Orientation, Caldwell, Idaho, October 27.
- Shelstad, N., New 4-H Staff Orientation, Boise, Idaho, October 24.
- Shelstad, N., C. Clarich, New Volunteer Orientation, Boise, Idaho, October 20.
- Shelstad, N., Your Ticket to Success in 4-H, Southern District Extension Faculty, Caldwell, Idaho, October 4.
- Shelstad, N., C. Clarich, New 4-H Volunteer Orientation, Coeur d'Alene, Idaho, April 11.
- Shelstad, N., C. Nelson, New 4-H Volunteer Orientation, Emmett, Idaho, March 5.
- 2021 Shelstad, N., Risk Management in 4-H, New Camp Staff, Boise, Idaho, December 13.
- Shelstad, N., M. Toomey, N. Tienhaara, C. Sponseller, D. Schwarting, ARPA New Hire Employee Orientation, online webinars, November 29 – December 3.
- Shelstad, N., Positive Youth Development, State Volunteer Development Conference, Boise, Idaho, October 16.
- Shelstad, N., M. Knutz, D. Schwarting, Developmental Relationships, State 4-H In-service, Boise, Idaho, October 15.
- Shelstad, N., Positive Youth Development, State 4-H New Employee Orientation, Boise, Idaho, October 12.
- Shelstad, N., M. Lincoln, New Volunteer Orientation, Cambridge, Idaho, October 5.
- Toomey, M., **N. Shelstad**, N. Tienhaara, J. Stephens, ARPA Supervisor Training, online webinar, September 30.
- Shelstad, N., M. Lincoln, New Volunteer Orientation, Weiser, Idaho, September 27.
- Shelstad, N., M. Toomey, N. Tienhaara, ARPA New Employee Introduction to 4-H, online webinar, September 14.
- Shelstad, N., C. Sponseller, T. Ewers, 4-H Outside the Box Introduction, 4-H Staff Development, online webinar, February 25.
- Shelstad, N., C. Clarich, S. Martinez, New Volunteer Orientation Took Kit Introduction, 4-H Staff Development, online webinar, February 18, February 25.
- Shelstad, N., C. Clarich, New Volunteer Orientation, Caldwell, Idaho, February 16.
- 2020 Shelstad, N., D. Schwarting, C. Kinder, Refreshing Extension: Purposeful Essential Elements, 4-H Staff Development, online webinar, December 10.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development (cont.)**

- Sponseller, C., N. Shelstad, D. Schwarting, Refreshing Extension: Defining and Designing Blended Learning Experiences, 4-H Staff Development, online webinar, December 2.
- Sponseller, C. and N. Shelstad, Bridging to a Virtual 4-H, webinar via zoom, September 30.
- Johnson, C. and N. Shelstad, New Volunteer Orientation, Caldwell, Idaho, June 17.
- Shelstad, N., New Volunteer Orientation, webinar via zoom, June 11.
- Shelstad, N., 4-H Delivery Methods, 4-H Staff Development, webinar via zoom, May 27.
- Shelstad, N., On-line Meetings and Etiquette, Ada County 4-H Volunteer Association, webinar via zoom, May 7.
- Shelstad, N., Community Partners, 4-H Staff Development, webinar via zoom, April 22.
- Shelstad, N., 4-H and FFA Partnership, 4-H Staff Development, webinar via zoom, March 11.
- Shelstad, N., You Can Make a Difference – Belonging, Southern District Volunteer Training, Middleton, Idaho, February 29.
- Shelstad, N., Care and Feeding of the 4-H Clover, Southern District Volunteer Training, Middleton, Idaho, February 29.
- Shelstad, N., Culture of 4-H, 4-H Staff Development, webinar via zoom, February 26.
- Shelstad, N., Introduction to 4-H Youth Development, 4-H Staff Development, webinar via zoom, January 8.
- 2019 Shelstad, N. and E. Jeffries, 4-H Online and Enrollment Management, 4-H Staff Development, webinar via zoom, November 20.
- Shelstad, N., State Officer Workshop, National Association of Extension 4-H Agents, White Sulphur Springs, West Virginia, November 5.
- Shelstad, N., 4-H Recognition, 4-H Staff Development, webinar via zoom, October 2.
- Shelstad, N., Extension Reporting and Documentation, 4-H Staff Development, webinar via zoom, September 18.
- Shelstad, N., Essential Elements of Youth Development, AmeriCorps & Central District 4-H Professionals, Twin Falls, Idaho, September 12.
- Shelstad, N., 4-H FFA Partnership, 4-H Staff Orientation, Southern District Youth Development Team, Emmett, Idaho, April 25.
- Shelstad, N., NAE4-HA Overview and Colorado's Association "Why", Colorado Association of Extension 4-H Agents, Grand Junction, Colorado, April 11.
- Shelstad, N., Impact Collaborative Level 1 Inception, Extension Annual Conference, Idaho Falls, Idaho, March 26.
- Shelstad, N., Community Partners, 4-H Staff Orientation zoom, Boise, Idaho, March 6.
- Shelstad, N., NAE4-HA Overview and Utah's Association Purpose, Utah Association of Extension 4-H Agents, Logan, Utah, February 27.
- Shelstad, N., Youth Development and Risk Management for Shooting Sports, Southern District Shooting Sports Training, Caldwell, Idaho, February 22.
- Shelstad, N., 4-H Delivery Modes, 4-H Staff Orientation zoom, Boise, Idaho, January 9.
- 2018 Shelstad, N., Recognition in 4-H, 4-H Staff Orientation zoom, Boise, Idaho, November 14.
- Shelstad, N., Essential Elements Overview, State 4-H Training, Boise, Idaho, October 23.
- Shelstad, N., State Officer Workshop, National Association of 4-H Extension Agents, Columbus, Ohio, October 8.
- Shelstad, N., Extension Reporting and Documentation, 4-H Staff Orientation zoom, Boise, Idaho, September 26.
- Shelstad, N., S. Dolecheck and C. Johnson, Build Your Future Program, Idaho 4-H Professionals, zoom, Marsing, Idaho, Fairfield, Idaho, September 12, September 14, September 17, September 18.
- Shelstad, N., Essential Elements of Positive Youth Development – Independence, Idaho Out-of-School Network Summit, Boise, Idaho, September 11.
- Shelstad, N., Evaluating 4-H Exhibits, FCS Exhibit Judges, Boise, Idaho, August 15.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Boise, Idaho, August 13, August 14.
- Shelstad, N., Structure of 4-H, New 4-H Staff zoom, Boise, Idaho, June 21.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development (cont.)**

- Shelstad, N., Setting the Stage for Success, Canyon County Master Gardeners, Caldwell, Idaho, April 21.
- Shelstad, N., Setting the Stage for Success, Colorado Association of Extension 4-H Agents, Breckenridge, Colorado, April 12.
- Shelstad, N., 4-H Online and Enrollment Management, Idaho 4-H Staff zoom, Boise, Idaho, March 28.
- Shelstad, N., Culture of 4-H, Idaho 4-H Staff zoom, Boise, Idaho, March 14.
- Shelstad, N., Youth Development and Risk Management for Shooting Sports, Southern District Shooting Sports Training, Caldwell, Idaho, March 2.
- Shelstad, N., Introduction to 4-H Youth Development, Idaho 4-H Staff zoom, Boise, Idaho, February 28.
- 2017 Shelstad, N., Set the Stage for a Positive Future, State Volunteer Forum, Pocatello, Idaho, November 4.
- Shelstad, N. and T. Ewers, Build Your Pathway to Success: Tying together the 4-H Retention Study and Positive Youth Development, Idaho 4-H In-Service, Boise, Idaho, October 23.
- Shelstad, N., Infusing Elements of Positive Youth Development in the Learning Environment, Idaho Afterschool Network Conference, Boise, Idaho, September 13.
- Shelstad, N., Evaluating 4-H Exhibits, FCS Exhibit Judges, Boise, Idaho, August 16.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Boise, Idaho, August 14, August 15.
- Shelstad, N., Risk Management, Southern District Youth Development Staff, Weiser, Idaho, April 19.
- Shelstad, N., Introduction to 4-H Youth Development, New 4-H Staff Development, Boise, Idaho, March 23.
- Shelstad, N., Culture of 4-H, New 4-H Staff Development, Boise, Idaho, March 23.
- Shelstad, N., 4-H Financial Management, New 4-H Staff Development, Boise, Idaho, March 23.
- Shelstad, N., Youth Development and Shooting Sports Risk Management, Shooting Sports Certification Training, Caldwell, Idaho, February 24.
- 2016 Shelstad, N., Setting the 4-H Stage for Success, State Volunteer Forum, Twin Falls, Idaho, November 5.
- Shelstad, N., Recognition, Statewide 4-H Training, Boise, Idaho, October 24.
- Shelstad, N., Positive Youth Development, Statewide 4-H Training, Boise, Idaho, October 24.
- Shelstad, N., 4-H Financial Management, New 4-H Professionals, Boise, Idaho, July 27.
- Shelstad, N., Recognition, New 4-H Professionals, Boise, Idaho, July 11, July 27.
- Shelstad, N., Structure of 4-H, New 4-H Professionals, Boise, Idaho, July 11.
- Shelstad, N., Introduction to 4-H Youth Development, New 4-H Professionals, Boise, Idaho, July 11.
- Shelstad, N., Culture of 4-H, New 4-H Professionals, Boise, Idaho, July 11.
- Shelstad, N., Delivery Methods, New 4-H Professionals, Boise, Idaho, July 11.
- Shelstad, N. and M. Cummins, Northwest Youth Financial Education, Tri-State Conference, Spokane, Washington, April 21.
- Hansen, L., **N. Shelstad** and L. Vega, Northwest Youth Financial Education, Ag Student Teachers, Meridian, Idaho, March 11.
- Hansen, L. and **N. Shelstad**, Northwest Youth Financial Education, Virtual Professional Development, Boise, Idaho, January 27.
- Hansen, L., **N. Shelstad** and L. Vega, Northwest Youth Financial Education, Super Saturday Volunteer Training, Meridian, Idaho, January 23.
- Shelstad, N., Getting Your Message Across with Posters, Canyon County Master Gardeners, Caldwell, Idaho, January 20.
- 2015 Luckey, B. and **N. Shelstad**, Are You Up for the Challenge, State 4-H Volunteer Forum, Boise, Idaho, November 7.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development (cont.)**

- Shelstad, N., J. Anderson and V. Kostenko, Unlock the Possibilities with Exceptional Children, State 4-H Volunteer Forum, Boise, Idaho, November 7.
- Shelstad, N., Evaluating 4-H Exhibits, FCS Exhibit Judges, Caldwell, Idaho, July 21.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 9, July 13, July 14, July 18, July 20.
- Shelstad, N., Risk Management – Have a Plan!, Canyon County Horse Council, Caldwell, Idaho, May 18.
- Shelstad, N. and N. Melville, State 4-H Volunteer Workshop Proposal Webinar, Adobe Connect Webinar, April 22.
- Shelstad, N. and T. Holmquist, 4-H 101, New 4-H Family Orientation, Caldwell, Idaho, March 3, April 13.
- Shelstad, N., Leading a 4-H Project, Canyon County 4-H Leaders Council, Caldwell, Idaho, February 12.
- Shelstad, N., Getting Your Message Across with Posters, Canyon County Master Gardeners, Caldwell, Idaho, January 28.
- Shelstad, N., Getting A Grip on Oral Presentations, Super Saturday Volunteer Training, Meridian, Idaho, January 24.
- Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Volunteers, Caldwell, Idaho, January 22, February 24, April 6, June 1.
- 2014 Shelstad, N., Building a Better Program, Southern District II 4-H Youth Development faculty and staff, Weiser, Idaho, December 16.
- Shelstad, N., Growing Life Skills in Youth, State 4-H Leaders Forum, Lewiston, Idaho, November 8.
- Shelstad, N., Evaluating 4-H Exhibits, FCS Exhibit Judges, Caldwell, Idaho, July 22.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 14, July 17, July 19, July 21.
- Shelstad, N., Extension in the Community, Brigham Young University Family and Consumer Science Students, Caldwell, Idaho, July 11.
- Shelstad, N., Together We Accomplish More, Canyon Horse Leaders Council, Caldwell, Idaho, April 21.
- Shelstad, N., Help is on the Way, Join the Brand 4-H Youth Development Professionals Conference, Boise, Idaho, April 17.
- Shelstad, N., 4-H Recognition Model, Canyon Horse Leaders Council, Caldwell, Idaho, March 17.
- Shelstad, N. and T., Holmquist, 4-H 101, New 4-H Family Orientation, Caldwell, Idaho, March 3, April 1, May 3.
- Shelstad, N., Learning Activities, Canyon County Leaders Council, Caldwell, Idaho, February 13.
- Shelstad, N., 4-H 101, Virtual Professional Development Conference, Idaho, January 29.
- Shelstad, N., Roll Out the Welcome Wagon, Super Saturday Volunteer Development, Meridian, Idaho, January 25.
- Shelstad, N., Risk Management in Program Planning, Canyon Horse Leaders Council, Caldwell, Idaho, January 20.
- Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Volunteers, Caldwell, Idaho, January 16, March 4, April 29, October 18, November 18.
- Shelstad, N., N., Melville and T., Holmquist, Facilitation Coaching, Facilitation Coaches, Caldwell, Idaho, January 8.
- 2013 Shelstad, N., Can We Do That?, Canyon Horse Leaders Council, Caldwell, Idaho, November 18.
- Shelstad, N., Can We Do That?, Canyon County Leaders Council, Caldwell, Idaho, November 14.
- Shelstad, N., Speak Up with Confidence, State 4-H Leaders Forum, Fort Hall, Idaho, November 9.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development (cont.)**

- Shelstad, N. and T. Holmquist, Roll Out the Welcome Wagon, State 4-H Leaders Forum, Fort Hall, Idaho, November 9.
- Shelstad, N., Evaluating 4-H Exhibits, FCS Exhibit Judges, Caldwell, Idaho, July 23.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 15, July 18, July 20, July 22.
- Shelstad, N., 4-H Youth Development in School Garden Projects, Master Gardener Webinar, Idaho, June 6.
- Shelstad, N., Fair Exhibiting and Expectations, Canyon County Leaders Council, Caldwell, Idaho, May 9.
- Shelstad, N., Working with Club Officers, Canyon County Leaders Council, Caldwell, Idaho, March 14.
- Shelstad, N. and T. Holmquist, 4-H 101, New 4-H Family Orientation, Caldwell, Idaho, February 21, April 2, May 4.
- Shelstad, N., 4-H Curriculum and Project Meetings, Canyon County Leaders Council, Caldwell, Idaho, February 14.
- Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Volunteers, Caldwell, Idaho, February 2, March 5, October 19, November 19, December 20.
- Shelstad, N., Speak Up with Confidence, 4-H Virtual Professional Development Conference, Idaho, January 29.
- Shelstad, N., Exploring Family and Consumer Science Projects, Super Saturday Volunteer Development, Meridian, Idaho, January 12.
- 2012 Shelstad, N., 4-H Online, Canyon County 4-H, Caldwell, Idaho, October 3, October 13, November 8.
- Shelstad, N., Mini Albums for the Scrapbook Project, State 4-H Leaders Forum, Burley, Idaho, November 3.
- Shelstad, N., Evaluating 4-H Exhibits, Exhibit Judges, Caldwell, Idaho, July 24.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 16, July 19, July 21.
- Shelstad, N., Teen Involvement, Canyon County Leaders Council, Caldwell, Idaho, June 14.
- Shelstad, N. and C. Stark, Essential Elements of 4-H Youth Development, 4-H Volunteers and Staff, Weiser, Idaho, March 10.
- Shelstad, N., Oral Presentations, Canyon County Leaders Council, Caldwell, Idaho, March 8.
- Shelstad, N. and T. Holmquist, 4-H 101, New 4-H Family Orientation, Caldwell, Idaho, February 23, April 24, May 12.
- Shelstad, N., Effective Posters, Super Saturday Volunteer Development, Meridian, Idaho, January 28.
- Shelstad, N., Planning Teen Events (Teen Mania), Virtual Professional Development, Idaho, January 25.
- Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Leaders, Caldwell, Idaho, January 7, January 19, March 6, October 13, November 29, December 18.
- 2011 Shelstad, N., Evaluating 4-H Exhibits, Exhibit Judges, Caldwell, Idaho, July 26.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 18, July 21, July 23.
- Shelstad, N., Record Books, Canyon County Leaders Council, Caldwell, Idaho, June 9.
- Shelstad, N., Learning Activities, ENP Advisors, Caldwell, Idaho, May 18.
- Shelstad, N., Building Life Skills in the Junior Master Gardener Program, Junior Master Gardener Facilitator Training, Payette, Idaho, April 15.
- Shelstad, N., Learning Activities for Your 4-H Club, Canyon County Leaders Council, Caldwell, Idaho, April 14.
- Shelstad, N., Learning Activities for Your 4-H Club, Southern District II Mini Forum, Caldwell, Idaho, March 19.
- Shelstad, N., Quilling, Payette County Leaders, Payette, Idaho, March 15.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development (cont.)**

- Shelstad, N., Developing New Leader Training Agendas, State 4-H Virtual Development Series, Caldwell, Idaho, January 26.
- Shelstad, N., Special Event Planning Strategies, Super Saturday Volunteer Development, Meridian, Idaho, January 22.
- Shelstad, N., Volunteer Management, Southwest Idaho Directors of Volunteer Services, Boise, Idaho, January 20.
- Shelstad, N., Oral Presentations, Canyon County Leaders Council, Caldwell, Idaho, January 13.
- Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Leaders, Caldwell, Idaho, January 8, February 15, March 23, March 24, November 29.
- 2010 Shelstad, N., New Volunteers, Getting Them Off on the Right Foot, State 4-H In-Service, Boise, Idaho, November 18.
- Shelstad, N., Getting a Grip on Oral Presentations, Bi-State 4-H Leaders Forum, Spokane, Washington, October 16.
- Shelstad, N., Evaluating 4-H Exhibits, Exhibit Judges, Caldwell, Idaho, July 27.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 19, July 24.
- Shelstad, N., Service Learning vs. Community Service, Canyon County Leaders Council, Caldwell, Idaho, June 10.
- Shelstad, N., Building Life Skills in the Junior Master Gardener Program, Junior Master Gardener Facilitator Training, Caldwell, Idaho, May 7, October 8.
- Shelstad, N., Building Life Skills in Youth, Canyon County Leaders Council, Caldwell, Idaho, April 8.
- Shelstad, N., Getting Organized, ENP Advisors, Caldwell, Idaho, March 25.
- Shelstad, N., Oral Presentations, Canyon County Leaders Council, Caldwell, Idaho, March 11.
- Shelstad, N., Scholarships and Awards, Canyon County Leaders Council, Caldwell, Idaho, February 11.
- Shelstad, N., Getting a Grip on Oral Presentations, Super Saturday Volunteer Development, Meridian, Idaho, January 23.
- Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Leaders, Caldwell, Idaho, January 21, January 29, March 9, April 29, October 9, November 30.
- Shelstad, N., Goal Setting, Canyon County Leaders Council, Caldwell, Idaho, January 14.
- 2009 Shelstad, N., The Adult Learner, ENP Advisors, Caldwell, Idaho, August 13.
- Shelstad, N., Evaluating 4-H Exhibits, Exhibit Judges, Caldwell, Idaho, July 21.
- Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 18, July 16, July 13.
- Shelstad, N., Exhibit Preparation, Canyon County Leaders Council, Caldwell, Idaho, June 11.
- Toomey, M. and **N. Shelstad**, Making Sense of Reporting, District II Staff Development, Caldwell, Idaho, May 5.
- Shelstad, N., Impacts of 4-H on Youth Today, Soroptimist International of Caldwell, Caldwell, Idaho, April 30.
- Shelstad, N., Record Book Portfolios, Canyon County Leaders Council, Caldwell, Idaho, April 9.
- Toomey, M. and **N. Shelstad**, Making Sense of Reporting, District II 4-H Youth Development Committee, Mountain Home, Idaho, April 9.
- Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Leaders, Caldwell, Idaho, December 11, December 5, October 21, March 18, January 10.
- Shelstad, N., Volunteer Resources, Canyon County Leaders Council, Caldwell, Idaho, February 12.
- Shelstad, N., Photography in a Flash, Super Saturday Volunteer Development, Meridian, Idaho, January 24.
- Shelstad, N., Goal Setting, Canyon County Leaders Council, Caldwell, Idaho, January 8.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development (cont.)**

- 2008 Shelstad, N., Bringing Your Team Together, Lowell Scott Teacher In-Service, Meridian, Idaho, October 31.
 Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Leaders, Caldwell, Idaho, October 16, May 29, March 18, January 26.
 Shelstad, N., Evaluating 4-H Exhibits, Exhibit Judges, Caldwell, Idaho, July 22.
 Shelstad, N., Interview Evaluating 4-H Projects, Interview Evaluation Judges, Caldwell, Idaho, July 14, July 8.
 Shelstad, N., Record Book Portfolios, Canyon County Leaders Council, Caldwell, Idaho, June 12.
 Shelstad, N., Building Life Skills with Oral Presentations, Canyon County Leaders Council, Caldwell, Idaho, May 8.
 Shelstad, N., Fun Activities to Use with Your 4-H Club, Canyon County Leaders Council, Caldwell, Idaho, April 10.
 Shelstad, N., Scrapbook Tool Kit, District II Youth Development Committee, Payette, Idaho, April 10.
 Shelstad, N., Scrapbook Tool Kit, Ada County FCS Leaders Council, Boise, Idaho, April 3.
 Shelstad, N. and B. Abo, Super Planning for Super Saturday 4-H Trainings, Annual Extension Conference, Boise, Idaho, April 3.
 Shelstad, N., 4-H Mini Scrapbook Workshop, Boise, Idaho, March 7.
 Shelstad, N., Working with Club Officers, Canyon County Leaders Council, Caldwell, Idaho, February 14.
 Shelstad, N., Creating Attractive & Purposeful Posters & Displays, Super Saturday Volunteer Development, Boise, Idaho, January 12.
 Shelstad, N., Working with 4-H Ambassadors, Canyon County Leaders Council, Caldwell, Idaho, January 10.
- 2007 Shelstad, N., So You Want to be a Volunteer, Now What?, New 4-H Leaders, Caldwell, Idaho, November 12, October 13.
 Shelstad, N., Creating Attractive & Purposeful Posters & Displays, Ada County Volunteers, Boise, Idaho, November 3.
 Abo, B., **N. Shelstad** and B. Luckey, Put Yourself in Kid's Shoes, Horse Interview Judges, Boise, Idaho, August 16, August 15, August 14.
 Shelstad, N., Getting Started in 4-H, New 4-H Leaders, Boise, Idaho, July 2, June 8, June 5.
 Shelstad, N. and B. Abo, Getting Started in 4-H, New 4-H Leaders, Boise, Idaho, April 17, February 15.
 Shelstad, N., VALIDATE, District II Camp Counselors, Boise, Idaho, March 3.
- 2006 Shelstad, N., Leading the 4-H Scrapbook Project, State 4-H Leaders' Forum, November 10.
 Shelstad, N., 4-H Scrapbook Tool Kit, Ada County Leader Development, Boise, Idaho, October 10.
 Shelstad, N., and B. Abo, Put Yourself in Kid's Shoes, Horse Interview Judges, Boise, Idaho, August 17.
 Abo, B., and **N. Shelstad**, Put Yourself in Kid's Shoes, Interview Judges, Boise, Idaho, August 15-16.
 Shelstad, N., Fun with the Scrapbook Tool Kit, Ada County Volunteers, Boise, Idaho, April 11.
 Shelstad, N., B. Abo, and D. Kolstad, Getting Started in 4-H, New 4-H Leaders, Boise, Idaho, May 24, March 16, January 24.
 Shelstad, N., Leading the Scrapbook 4-H Project, Super Saturday Leader Training, Boise, Idaho, January 21.
- 2005 Shelstad, N., 4-H and 4-H Art Project Promotion, ENP Advisors, Caldwell, Idaho, December 20.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**4-H Volunteer and Staff Development (cont.)**

- Shelstad, N., B. Abo, and D. Kolstad, Getting Started in 4-H, New 4-H Leaders, Boise, Idaho, November 17, May 24, March 10, January 27.
- Abo, B., N. Shelstad, K. Laughlin, and D. Kolstad, Put Yourself in Kid's Shoes, Interview Judges, Boise, Idaho, August 16-17.
- Shelstad, N., and K. Laughlin, Put Yourself in Kid's Shoes, Horse Interview Judges, Boise, Idaho, August 18.
- Shelstad, N., Code of Conduct for Fair, 4-H Fair Supervisors, Boise, Idaho, August 15.
- Shelstad, N., B. Abo, and T. Kuyman, Promoting 4-H, Western Idaho Fair 4-H Family and Consumer Science Staff Training, Boise, Idaho, August 8.
- Shelstad, N., Junior Master Gardener Participant Reporting, Junior Master Gardener Volunteers, Boise, Idaho, April 27.
- 2004 Shelstad, N., and K. Laughlin, Put Yourself in Kid's Shoes, Horse Interview Judges, Boise, Idaho, August 19.
- Abo, B., N. Shelstad, K. Laughlin, and D. Kolstad, Put Yourself in Kid's Shoes, Interview Judges, Boise, Idaho, August 17-18.
- Shelstad, N., and D. Kolstad, Getting Started in 4-H, New 4-H Leaders, Boise, Idaho, May 25, March 9, January 15.
- 2003 Shelstad, N., and D. Kolstad, Getting Started in 4-H, New 4-H Leaders, Boise, Idaho, November 18.

Youth Development

- 2022 Shelstad, N., Risk Management at Camp, Camp Counselors, Donnelly, Idaho, June 6.
Shelstad, N., Boundaries, Camp Counselors, Boise, Idaho, March 19.
- 2021 Shelstad, N., Sparks, State 4-H Ambassador Summit, Cascade, Idaho, October 23.
Shelstad, N., Welcome to the Real World, Canyon Springs, Caldwell, Idaho, October 7.
Shelstad, N., Teambuilding through Communication, Southern District 4-H Camp Counselors Retreat, Donnelly, Idaho, June 17.
Shelstad, N., Boundaries, Southern District 4-H Camp Counselors, Emmett, Idaho, April 10.
- 2020 Shelstad, N. and T. Holmquist, Archery Day Camp, Caldwell, Idaho, June 30.
Johnson, C. and N. Shelstad, Presenting Online, Southern District 4-H, webinar via zoom, April 8, April 13.
Shelstad, N., Effective Posters, Birds of a Feather 4-H Club, Boise, Idaho, February 8.
Shelstad, N., Welcome to the Real World, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, January 29, January 30.
- 2019 Shelstad, N. and T. Holmquist, Archery, Southern District 4-H Camp, Donnelly, Idaho, June 21, June 22.
Shelstad, N., Teen Credit Card, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, March 20, July 25, November 20.
Shelstad, N., Welcome to the Real World, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, January 23, January 24, May 14, May 15, September 18.
- 2018 Shelstad, N., Archery, 4-H Adventure Camp, Donnelly, Idaho, August 4, August 5.
Shelstad, N., Quilling, Summer Day Camp, Caldwell, Idaho, June 18.
Shelstad, N., Welcome to the Real World, Caldwell High School, Caldwell, Idaho, April 19, April 20.
Shelstad, N., Teen Credit Card, Caldwell High School, Caldwell, Idaho, April 19.
Shelstad, N., Teen Credit Card, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, March 15, July 17, November 15.
Shelstad, N., Welcome to the Real World, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, January 25, January 26, April 16, April 17, October 3, October 4.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:
Youth Development (cont.)

- 2017 Shelstad, N., Teen Credit Card, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, November 7.
 Johnson, C. and **N. Shelstad**, Welcome to the Real World, Caldwell High School, Caldwell, Idaho, two classes each October 19-20.
 Shelstad, N., Teen Credit Card, Caldwell High School, Caldwell, Idaho, three classes September 25.
 Shelstad, N., Quilling Day Camp, Canyon County Summer Day Camp, Caldwell, Idaho, June 21.
 Shelstad, N., Night of the Living Debt, Buhl High School, Buhl, Idaho, March 14.
 Shelstad, N., Teen Credit Card, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, March 9, July 21, November 7.
 Hansen, L., **N. Shelstad** and L. Vega, Night of the Living Debt, Camp Counselor Training, Boise, Idaho, February 11.
 Shelstad, N., Welcome to the Real World, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, January 17, May 22, September 19, September 20.
- 2016 Shelstad, N., So, You're Speaking in Public, Ambassador Conference, McCall, Idaho, November 19.
 Shelstad, N., You Said What?, Ambassador Conference, McCall, Idaho, November 19.
 Shelstad, N., Welcome to the Real World, Idaho Youth Ranch Youthworks, Boise, Idaho, June 30.
 Shelstad, N., Quilling Day Camp, Canyon County Summer Day Camp, Caldwell, Idaho, June 17.
 Shelstad, N., Archery, Southern District II Adventure Camp, Donnelly, Idaho, June 11, June 12.
 Shelstad, N., Welcome to the Real World, Vallivue High School, Caldwell, Idaho, April 13, April 14.
 Shelstad, N., Positive Youth Development at Camp, District Camp Counselors, Boise, Idaho, April 9.
 Shelstad, N., Credit Score Millionaire, Kuna Middle School, Afterschool, Kuna, Idaho, March 30.
 Shelstad, N., Teen Credit Card, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, March 17, July 13, November 9.
 Hansen, L., **N. Shelstad** and L. Vega, Teen Credit Card, Kuna Middle School, Afterschool, Kuna, Idaho, February 17.
 Shelstad, N., Welcome to the Real World, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, January 25, May 26, September 14.
 Shelstad, N., Welcome to the Real World, Hays Shelter, Boise, Idaho, January 20.
- 2015 Shelstad, N., Action Plan and Working with Your County Extension Office, Ambassador Conference, McCall, Idaho, November 21.
 Shelstad, N., Just the Facts Please!, Ambassador Conference, McCall, Idaho, November 21.
 Shelstad, N., Quilling, Summer Day Camp, Boise, Idaho, July 7.
 Shelstad, N., Archery, 4-H Adventure Camp, Donnelly, Idaho, June 27, June 28.
 Shelstad, N., Record Book Portfolio Clinic, Canyon County 4-H Club Program, Caldwell, Idaho, June 25, July 7.
 Shelstad, N., Quilling, Summer Day Camp, Caldwell, Idaho, June 23.
 Shelstad, N., Archery, Summer Day Camp, Caldwell, Idaho, June 18, June 30.
 Shelstad, N., Getting the Most Out of Teen Conference, Teen Conference Delegates, Caldwell, Idaho, June 3.
 Shelstad, N., Child Protection, Southern District II Camp Counselors, Caldwell, Idaho, April 25.
 Shelstad, N., Archery, Spring Day Camp, Caldwell, Idaho, March 27.
 Shelstad, N., Your Professional Image, Teen Mania, Caldwell, Idaho, January 31.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**Youth Development (cont.)**

- Shelstad, N., Getting the Most Out of KYG, Know Your Government Delegates, Caldwell, Idaho, January 16.
- Shelstad, N., Welcome to the Real World, Vision Charter School, Caldwell, Idaho, January 21.
- Shelstad, N., Welcome to the Real World, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, January 15, April 23, July 15, October 21.
- 2014 Shelstad, N., Welcome to the Real World, Middleton Afterschool, Middleton, Idaho, November 19.
- Shelstad, N., Welcome to the Real World, Southwest Idaho Juvenile Detention Center, Caldwell, Idaho, October 21.
- Shelstad, N., Archery, 4-H Adventure Camp, Donnelly, Idaho, June 28, June 29.
- Shelstad, N., Oral Presentation Clinic, Canyon County 4-H Club Program, Caldwell, Idaho June 24.
- Shelstad, N., Record Book Portfolio Clinic, Canyon County 4-H Club Program, Caldwell, Idaho, June 19, July 7.
- Shelstad, N. and R. Smith, Rifle, Summer Day Camp, Caldwell, Idaho, June 19.
- Shelstad, N., Quilling, Summer Day Camp, Boise, Idaho, June 9.
- Shelstad, N., Archery, Summer Day Camp, Caldwell, Idaho June 6, June 26.
- Shelstad, N., Getting the Most Out of Teen Conference, Teen Conference Delegates, Caldwell, Idaho, June 5.
- Shelstad, N., Setting Boundaries, Southern District II Camp Counselors, Boise, Idaho, May 17.
- Shelstad, N., Ages and Stages of Youth Development, Southern District II Camp Counselors, Caldwell, Idaho, March 8.
- Shelstad, N., Oral Presentation Basics, PawsAbilities 4-H Club, Caldwell, Idaho, February 24.
- Shelstad, N., Getting the Most Out of KYG, Know Your Government Delegates, Caldwell, Idaho, January 27.
- Shelstad, N., Oral Presentation Basics, Clover Quest 4-H Club, Nampa, Idaho, January 7.
- 2013 Shelstad, N., Telling the 4-H Story, Ambassador Training, McCall, Idaho, November 23.
- Shelstad, N., Archery, 4-H Adventure Camp, Donnelly, Idaho, June 29, June 30.
- Shelstad, N., Quilling, Summer Day Camp, Caldwell, Idaho, June 19.
- Shelstad, N., Record Book Portfolio Clinic, Canyon County 4-H Club Program, Caldwell, Idaho, June 17, July 8.
- Shelstad, N., Archery, Summer Day Camp, Caldwell, Idaho, June 14, July 2.
- Shelstad, N., Rifle Shooting and Safety, Middleton Library Youth Program, Middleton, Idaho, June 11.
- Shelstad, N., Speak Up With Confidence, Sirius Fun 4-H Club, Meridian, Idaho, June 10.
- Shelstad, N., Setting Boundaries with Your Campers, Southern District II Camp Counselors, Emmett, Idaho, June 1.
- Shelstad, N., Getting the Most Out of Teen Conference, Teen Conference Delegates, Caldwell, Idaho, May 29.
- Shelstad, N., Mini Scrapbooks, Spring Break Day Camp, Caldwell, Idaho, March 28.
- Shelstad, N., Mini Scrapbooks, Spring Break Day Camp, Boise, Idaho, March 25.
- Shelstad, N., Design & Decisions and Ages & Stages of Youth Development, Southern District II Camp Counselors, Boise, Idaho, March 9.
- Shelstad, N., Junior Master Gardener, Sacajawea Elementary Afterschool, Caldwell, Idaho, February 25, March 4, March 11, April 1.
- Shelstad, N., Junior Master Gardener, Washington Elementary Afterschool, Caldwell, Idaho, February 19.
- Shelstad, N., Getting the Most Out of KYG, Know Your Government Delegates, Caldwell, Idaho, January 28.
- Shelstad, N., Impressive Applications, Teen Mania, Caldwell, Idaho, January 19.
- 2012 Shelstad, N., Recycle, Reduce, Reuse, VanBuren Elementary Afterschool, Caldwell, Idaho, December 12.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**Youth Development (cont.)**

- Shelstad, N., Creating Effective Posters, Ambassador Training, McCall, Idaho, November 17.
- Shelstad, N., Recycle, Reduce, Reuse, Sacajawea Elementary Afterschool, Caldwell, Idaho, November 5, November 12, November 26.
- Shelstad, N., Recycle, Reduce, Reuse, Wilson/Lewis & Clark Elementary Afterschool, Caldwell, Idaho, November 1.
- Shelstad, N., Archery, 4-H Adventure Camp, Donnelly, Idaho, June 25.
- Shelstad, N., Archery, Summer Day Camp, Caldwell, Idaho, May 31.
- Shelstad, N., Getting the Most Out of Teen Conference, Teen Conference Delegates, Caldwell, Idaho, May 30.
- Shelstad, N., Design and Decisions, Southern District II Camp Counselors, Boise, Idaho, April 21.
- Shelstad, N., Mini Scrapbooks, Spring Break Day Camp, Caldwell, Idaho, March 28.
- Shelstad, N., Junior Master Gardener, Lincoln Elementary Afterschool, Caldwell, Idaho, February 15, February 29, March 7, March 14, April 11, April 18.
- Shelstad, N., Junior Master Gardener, Van Buren Elementary Afterschool, Caldwell, Idaho, February 13, February 27, March 12, April 16.
- Shelstad, N., Getting the Most Out of KYG, Know Your Government Delegates, Caldwell, Idaho, January 23.
- Shelstad, N., Impressive Applications, Teen Mania, Caldwell, Idaho, January 21.
- 2011 Shelstad, N., Powerful Posters, State 4-H Ambassador Training, McCall, Idaho, November 19.
- Shelstad, N., Palette of Fun, Washington Elementary Afterschool, Caldwell, Idaho, November 9, November 18.
- Shelstad, N., B. Healy and B. Abo, Welcome to the Real World, Syringa Afterschool, Caldwell, Idaho, November 9, November 16, November 30.
- Shelstad, N., Palette of Fun, Van Buren Elementary Afterschool, Caldwell, Idaho, November 7, November 14, November 28, December 5, December 12.
- Shelstad, N., Palette of Fun, Wilson/Lewis & Clark Elementary Afterschool, Caldwell, Idaho, November 3, November 10, November 17.
- Shelstad, N., Palette of Fun, Lincoln Elementary Afterschool, Caldwell, Idaho, November 2, November 11, November 16, December 14.
- Shelstad, N., Palette of Fun, Sacajawea Elementary Afterschool, Caldwell, Idaho, November 1, November 8, November 15.
- Shelstad, N. and T. Holmquist, Archery, Summer Day Camp, Caldwell, Idaho, July 7.
- Shelstad, N., My Democracy, Sacajawea, Van Buren, Lewis & Clark Elementary Schools Summer Reading Program, Caldwell, Idaho, July 5, July 6, July 7.
- Shelstad, N., The Art of Card Making, Summer Day Camp, Boise, Idaho, June 24.
- Shelstad, N., Teamwork at Camp, Southern District II Camp Counselors, Donnelly, Idaho, June 22.
- Shelstad, N., Getting the Most Out of Teen Conference, Teen Conference Delegates, Caldwell, Idaho, June 8.
- Healy, B. and **N. Shelstad**, Welcome to The Real World, Capital High School, Boise, Idaho, May 27.
- Shelstad, N., Design and Decisions, Southern District II Camp Counselors, Boise, Idaho, April 30.
- Shelstad, N., Effective Posters, Oodles of Animals 4-H Club, Boise, Idaho, February 21.
- Shelstad, N., Junior Master Gardener, Farmway Village Afterschool, Caldwell, Idaho, February 15, February 22, March 1, March 8, April 12.
- Abo, B., B. Healy and **N. Shelstad**, Welcome to The Real World, Caldwell High School, Caldwell, Idaho, February 7, February 8.
- Shelstad, N., Quilling, Teen Mania Workshop, Caldwell, Idaho, January 29.
- 2010 Shelstad, N., Effective Displays, Idaho 4-H Ambassador Conference, McCall, Idaho, November 20.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**Youth Development (cont.)**

- Shelstad, N., Service Learning, Sacajawea, Lincoln and Van Buren Elementary Afterschool, Caldwell, Idaho, October 12, October 18, November 1, November 5, November 8.
- Shelstad, N., Quilling Day Camp, Summer Day Camp, Caldwell, Idaho, June 29.
- Shelstad, N., Working as a Team, District II Camp Counselors, Donnelly, Idaho, June 23.
- Shelstad, N., Getting the Most Out of Teen Conference, Teen Conference Delegates, Caldwell, Idaho, June 2.
- Luckey, B. and **N. Shelstad**, Camp Counselor Training Part III, District II Camp Counselors, Caldwell, Idaho, April 24.
- Shelstad, N. and B. Luckey, Camp Counselor Training Part II, District II Camp Counselors, Boise, Idaho, April 3.
- Shelstad, N. and B. Luckey, Camp Counselor Training Part I, District II Camp Counselors, Caldwell, Idaho, March 20.
- Shelstad, N., Exploring Card Making, Know Your Government Delegates, Boise, Idaho, February 14.
- Shelstad, N., Quilling, Teen Mania Workshop, Caldwell, Idaho, January 30.
- Shelstad, N., Getting the Most of KYG, Know Your Government Delegates, Caldwell, Idaho, January 25.
- Shelstad, N., Leading with Teamwork, Sacajawea Elementary Afterschool, Caldwell, Idaho, January 11, January 25, February 22, March 8.
- 2009 Shelstad, N., Holiday Cards, McMillian Elementary 1st grade, Meridian, Idaho, December 17.
- Shelstad, N., Creating Promotional Displays for Fair, Canyon County 4-H Ambassadors, Caldwell, Idaho, June 25.
- Shelstad, N., Closing Ceremonies at Camp, District II Camp Counselors, Donnelly, Idaho, June 15.
- Shelstad, N., Keys to Leadership and Communication, District II Camp Counselors, Donnelly, Idaho, June 14.
- Shelstad, N., Getting the Most Out of Teen Conference, Teen Conference Delegates, Caldwell, Idaho, June 2.
- Shelstad, N., Art Cards, Ms. Hassakis First Grade Class, Meridian, Idaho, May 6.
- Shelstad, N., Cards, Cards, and More Cards, Spring Break Day Camp, Boise, Idaho, March 25.
- Shelstad, N., VALIDATE, District II Camp Counselors, Caldwell, Idaho, March 7.
- Shelstad, N., Getting a Grip on Oral Presentations, Teen Mania Workshop, Caldwell, Idaho, February 7.
- Shelstad, N., Cards, Cards, and More Cards, Teen Mania Workshop, Caldwell, Idaho, February 7.
- Shelstad, N., The Gift of Giving, Canyon County 4-H Ambassadors, Caldwell, Idaho, January 28.
- Shelstad, N., Getting the Most of KYG, Know Your Government Delegates, Caldwell, Idaho, January 26.
- 2008 Toomey, M. and **N. Shelstad**, Palette of Fun, Caldwell School District Afterschool, Caldwell, Idaho, December 2, December 5, December 12.
- Shelstad, N. and J. Peutz, Representing 4-H, State Ambassador Training, McCall, Idaho November 22.
- Shelstad, N., Basics of Oral Presentations, Critters of Gold 4-H Club, Caldwell, Idaho, May 13.
- Shelstad, N., Teamwork and Leadership in a Camp Counselor, District II Camp Counselors, Boise, Idaho, March 29.
- Shelstad, N. and C. Grassl, Photo Finish, Spring Break Day Camp, Caldwell, Idaho, March 27.
- Shelstad, N., Posters for Oral Presentations, Crafty Critters 4-H Club, Meridian, Idaho, February 11.
- 2007 Peutz, J. and **N. Shelstad**, Representing 4-H, State Ambassador Training, Cascade, Idaho, November 17.

Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**Youth Development (cont.)**

- Shelstad, N. and S. Hassakis, Teamwork to Success, District II Camp Counselors, Donnelly, Idaho, June 18-20.
- Shelstad, N. and J. Cluff, 4-H in a Day, First Aid in Action, Summer Day Camp, Boise, Idaho, June 13.
- Shelstad, N., Code of Conduct, Teen Conference Delegates, Boise, Idaho, May 29.
- 2006 Shelstad, N., Holiday Scrapbook Project, Ada County Youth and Adults, Boise, Idaho, December 9.
- Shelstad, N. and D. Kolstad, Card Creations, Summer Day Camp, Boise, Idaho, July 10.
- Shelstad, N. and S. Hassakis, Teamwork at Camp, District II Camp Counselors, Donnelly, Idaho, June 9-10.
- Shelstad, N., Code of Conduct, Teen Conference Delegates, Boise, Idaho, May 30.
- Shelstad, N., Applying for National 4-H Congress, National 4-H Congress Applicants, Boise, Idaho, May 23.
- Shelstad, N. and K. Jensen, Art Day, Boise Area Home School Groups, Boise, Idaho, April 21.
- Shelstad, N., Stepping Up as an Ambassador, Ada County Ambassadors, Boise, Idaho, March 14.
- Shelstad, N., Child Protection, District II Camp Counselors, Boise, Idaho, March 4.
- Shelstad, N., Taking on Leadership, Ada County Ambassadors, Boise, Idaho, February 7.
- 2005 Shelstad, N. and T. Kuylman, Holiday Scrapbook Project, Boise, Ada County Youth and Adults, Boise, Idaho, December 10.
- Shelstad, N., Ambassador Expectations, Ada County Ambassadors, Boise, Idaho, December 6.
- Shelstad, N. and T. Kuylman, Going to Camp, Summer Day Camp, Boise, Idaho July 12.
- Hassakis, S. and **N. Shelstad**, Communication and Teamwork Development, District II Camp Counselors, Donnelly, Idaho, June 3-5.
- 2004 Shelstad, N. and S. Hassakis, TEAM, State 4-H Leaders Forum Youth, Pocatello, Idaho, October 22.
- Hassakis, S. and **N. Shelstad**, Communication and Teamwork Development, District II Camp Counselors, Donnelly, Idaho, June 7-9.

SCHOLARSHIP ACCOMPLISHMENTS:**Publications, Exhibitions, Performances, Recitals:****Journals:**

- Lewis, K.M., S. Hensley, M. Bird, J. Rea-Keywood, J. Miller, C.M. Kok, and **N. Shelstad**. 2022. Why youth leave 4-H after the first year: A multistate study. *Journal of Human Sciences and Extension*. <https://scholarsjunction.msstate.edu/jhse/vol10/iss3/5/> (3, 4, 6)
- Shelstad, N.*, C. Johnson and S.H. Dolecheck. 2020. Build Your Future: Connecting Career Exploration and Postsecondary Education. *Journal of Youth Development* 15(5). <http://jyd.pitt.edu/ojs/jyd/article/view/20-15-5-PA-05> (1, 3, 4, 5, 6)
- Shelstad, N. 2018. Fulfilling Needs in County 4-H Programs with Volunteer Facilitation Coaches. *Journal of Extension*, 56(6), Article 6IAW7. <https://tigerprints.clemson.edu/joe/vol56/iss6/14/>
- Shelstad, N.*, L. Hansen, and L. Vega. 2018 Youths Learn Responsible Use of Credit Cards. *Journal of Extension*, 56(6), Article 6IAW8. <https://tigerprints.clemson.edu/joe/vol56/iss6/15/> (2, 3, 4, 5, 6)
- Lewis, K., T. Ewers, J. Miller, M. Bird, J. Borba, R. Hill, J. Rea-Keywood, **N. Shelstad**, and K. Trzesniewski. 2018. Addressing Retention in Youth Programs: A survey for Understanding Families' Experiences. *Journal of Extension*, 56(3), Article 3TOT3. <https://tigerprints.clemson.edu/joe/vol56/iss3/5/> (3, 4, 5, 6)

Extension Publications:**Bulletins/Pacific Northwest (PNW) Publications:**

- Shelstad, N.*, J. Peutz, and B. Brody, 2012. Diga lo que piensa con Confianza Consejos para Presentar en Nueve Áreas Claves. University of Idaho CALS Educational Communication Bulletin, BUL 880-S. (1, 2, 3, 5, 6) (Interpreter maria Gonzalez, Cardenas – Power of Translation)
- Shelstad, N., 2022. La Planificación Esencial de Reuniones de Clubs 4-H: La Rueda de Reuniones 4-H. University of Idaho CALS Educational Communication Bulletin, BUL 999-S. (Interpreter Maria Gonzalez, Cardenas – Power of Translation)
- Shelstad, N., 2021. Essential 4-H Club Meeting Planning: The 4-H Meeting Wheel. University of Idaho CALS Educational Communication Bulletin, BUL 999.
- Shelstad, N.*, C. Johnson, 2020. Presenting Online. University of Idaho CALS Educational Communication Bulletin, BUL 968. (1, 2, 5, 6)
- Shelstad, N.*, J. Peutz, and B. Brody, 2012. Speak up with Confidence; Tips on Presenting in Nine Key Areas. University of Idaho CALS Educational Communication Bulletin, BUL 880. (1, 2, 3, 5, 6)

Curricula:

- Shelstad, N.*, (Editor and co-author), T. Ewers, D. Gillespie, J. Lindstrom, N. Melville, S. Nash and J. Wilson. 2019. New 4-H Staff Orientation Guide, University of Idaho. ECS 012.
<https://www.uidaho.edu/extension/4h/people/securefolder/staff> (1, 2, 3, 5, 6)
- Buck, J., N. Shelstad, and A. Robertson. 2019. Dutch Oven Cooking Helpers' Guide, 2nd Edition, University of Idaho. BUL 940. (1, 2, 5, 6)
- Robertson, A., J. Buck, and N. Shelstad. 2019. Dutch Oven Cooking Unit 2, 2nd Edition, University of Idaho. BUL 939. (1, 2, 5, 6)
- Shelstad, N., A. Robertson and J. Buck. 2019. Dutch Oven Cooking Unit 1, 2nd Edition, University of Idaho. BUL 938. (1, 2, 5, 6)
- Shelstad, N.*, J. Peutz, and C. Brush. 2011. Dutch Oven Cooking Helpers' Guide, University of Idaho. State 4-H on-line curriculum, PNW # pending. (1, 2, 5, 6)
- Peutz, J., N. Shelstad*, and C. Brush. 2010. Dutch Oven Cooking, Unit 1, University of Idaho. State 4-H on-line curriculum #53144, PNW # pending. (1, 2, 5, 6)
- Shelstad, N.*, J. Peutz, and C. Brush. 2010. Dutch Oven Cooking Recipes, University of Idaho. State 4-H on-line curriculum #53150. (1, 2, 5, 6)

Peer Reviewed/Evaluated:**Abstracts and Proceedings:**

- Shelstad, N., C. Clarich. 2022. New 4-H Volunteer Orientation Materials Provide Consistency for Statewide Delivery, National Association of Extension 4-H Youth Development Professionals Conference, Abstract, Madison, Wisconsin. (1, 3, 4, 5, 6)
- Shelstad, N.*, C. Johnson, and S. Dolecheck. 2020. Building a Future for Idaho Youth, National Association of Extension 4-H Youth Development Professionals Conference, Poster Abstract, Boise, Idaho (1, 3, 4, 5, 6)
- Dolecheck, S., N. Shelstad, and C. Johnson. 2019. Building a Future for Idaho Youth, Pacific Northwest Conference, Abstract, Bend, Oregon. (1, 3, 4, 5, 6)
- Shelstad, N. 2018. Essential Elements of Positive Youth Development – Independence, Idaho Out-of-School Network Summit, Abstract, Boise, Idaho.
- Johnson, C., S. Dolecheck, and N. Shelstad. 2018. Building a Future for Idaho Youth, National Association of Extension 4-H Agents Conference, Abstract, Columbus, Ohio. (1, 3, 4, 5, 6)
- Shelstad, N. 2017. 4-H Professionals Orientation Modules, National Association of Extension 4-H Agents Conference, Abstract, Indianapolis, Indiana.
- Shelstad, N. 2017. Infusing Elements of Positive Youth Development in the Learning Environment, Idaho Afterschool Network Conference, Abstract, Boise, Idaho.
- Shelstad, N. 2015. Facilitation Coach Volunteers, Epsilon Sigma Phi National Conference, Abstract, Coeur d'Alene, Idaho.
- Shelstad, N. 2015. Facilitation Coach Volunteers, National Association of Extension 4-H Agents Conference, Abstract, Portland, Oregon.

Peer Reviewed/Evaluated:**Abstracts and Proceedings (cont.)**

- Shelstad, N.*, B. Brody, and J. Peutz. 2013. Speak up with confidence, Galaxy IV Conference, Abstract, Pittsburgh, Pennsylvania. (1, 2, 3, 5, 6)
- Shelstad, N.*, B. Brody, and J. Peutz. 2013. Speak up with confidence, Western Regional Leaders Forum, Abstract, Billings, Montana. (1, 2, 3, 5, 6)
- Shelstad, N.* and J. Peutz. 2012. Oral presentations made easy, Western Regional Leaders Forum, Abstract, Cheyenne, Wyoming. (1, 2, 3, 5, 6)
- Holmquist, T., and N. Shelstad. 2012. Bringing the magic of camp to your club, Western Regional Leaders Forum, Abstract, Cheyenne, Wyoming. (1, 2, 5, 6)
- Shelstad, N. 2009. Getting a grip on oral presentations, Western Regional Leaders Forum, Abstract, Denver, Colorado.
- Shelstad, N.* and B. Abo. 2008. Super planning makes for super Saturday 4-H trainings. Annual Extension Conference, Abstract, Boise, Idaho. (1, 3, 4, 5, 6)

Other:**University of Idaho Extension Impact Statements:**

- Shelstad, N. 2023. 4-H Outside the Box learning labs expand opportunities for youth. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2023/64-23-nshelstad-learning-labs.pdf?la=en&hash=6C53E1B21D318739222AA6C2B9DB78D58BA31AC9>
- Shelstad, N., C. Clarich, S. Martinez, K. Jenkins. 2021. New 4-H volunteer orientation materials provide consistency for statewide delivery. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2021/15-21-nshelstad-volunteer-orientation.pdf?la=en&hash=FE8D85580EC089ED8080A182C97ABAECE4949536>
- Johnson, C., R. Mills, S. Martinez and N. Shelstad. 2020. Southern district 4-H volunteer training provides practical skill development. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/15-20-cjohnson-4-h-volunteer-training.pdf?la=en&hash=B34A8F637CDBE5A3CB9BCCB279656F6C880F260D>
- Shelstad, N., J. Wilson, S. Nash, D. Gillespie, T. Ewers, J. Lindstrom and D. Schwarting. 2020. New 4-H Staff Orientation Guide provides foundation for quality programming. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/10-20-nshelstad-4-h-orientation.pdf?la=en&hash=F10B1C69B9A87887B5BC095C19F0F79D7240C6A3>
- Gillespie, D., S. Dolecheck, N. Dalton, N. Shelstad, C. Johnson, E. Jeffries, S. Codr, and D. Scott. 2019. Idaho 4-H State Teen Association Convention: STAC's new name and vision. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2019/9-19-dgillespie-stac-vision.pdf?la=en&hash=A61DB947DDDA1605F1EAAF71A939C74D4B496112>
- Shelstad, N. 2018. Youth gain valuable life skills through district oral presentation contest. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2018/54-18-nshelstad-oral-presentation.pdf?la=en&hash=F257B3FF1FA64E80044C7771D3BEF069DC2A65AD>
- Johnson, C., and N. Shelstad. 2017. Build Your Future: connecting underserved youth to career planning. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2017/18-17cjohnson-career-planning.pdf?la=en&hash=48C6A941401104C87567FF2D601C3C232263B474>
- Shelstad, N., L. Hansen, and L. Vega. 2017. Youth learn responsible use of credit cards. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2017/6-17nshelstad-credit-cards.pdf?la=en&hash=961C653B7086CC3F7E0AD056B16225D034ACAAAE>
- Shelstad, N., J. Wilson, D.R. Gillespie, S. Nash, and J. Lindstrom. 2016. Regional educators – Forging the future for Idaho 4-H programming. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2016/32-16nshelstad-regional.pdf?la=en&hash=670E300FA3C387594C2F281E239A31AFEFC951B3>
- Shelstad, N. 2016. Youth gain valuable life skills through Welcome to the Real World program. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2016/28-16nshelstad-life-skills.pdf?la=en&hash=2CC16A94DB9AC4112F9FA37EAD4818F009CBF2ED>

Other:**University of Idaho Extension Impact Statements (cont.)**

- Shelstad, N. 2015. Facilitation coach volunteers fulfill a need in the county 4-H program. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2015/24-15-nshelstad-volunteers.pdf?la=en&hash=DC99E23552E3BF757E292C733D63FFB8FA0D5066>
- Shelstad, N., B. Luckey, and L. Vega. 2013. Summer urban 4-H programs. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2013/25-13-bluckey-urban.pdf?la=en&hash=346B0F43706AA32F42A4FB3A6D781F21CA68206E>
- Shelstad, N. 2011. New 4-H volunteers benefit from orientation. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2011/23-11nshelstad-volunteers.pdf?la=en&hash=0D61FB7D61971E9D9F28F655B6FC2AC5ABBC9F6C>
- Shelstad, N. 2010. 4-H Teen Mania hits it's mark in Southwest Idaho.
- Shelstad, N. and B. Luckey. 2009. Camp Counselors Gain Leadership Skills Through Training Program.
- Shelstad, N. and J. Peutz. 2009. 4-H Ambassador Training: Meeting the Needs of Youth.
- Shelstad, N. 2008. 4-H Summer Day Camps.

University of Idaho Extension, State 4-H Youth Development:

- Shelstad, N., C. Otto, D. Whitley. 2023 4-H Outside the Box Disaster Masters Learning Lab (4 lessons) with Adult Packet.
- Shelstad, N., D. Whitley. 2023 4-H Outside the Box Skillet Creations Learning Lab (5 lessons) with Adult Packet.
- Whitley, D., N. Shelstad. 2022. 4-H Outside the Box Aerospace Learning Lab (5 lessons) with Adult Packet.
- Shelstad, N., C. Clarich, S. Martinez, T. Ewers. 2021. 4-H Outside the Box Gardening Learning Lab (4 lessons) with Adult Packet.

University of Idaho Extension, Southern District 4-H Youth Development:

- Shelstad, N., C. Clarich, J. Peutz, K. Jenkins, M. Saffran-Larson, C. Nelson. 2022. Family and Consumer Science 4-H Exhibit Scoresheets (districtwide use), (General Exhibit, Cake Decorating, Leathercraft)
- Shelstad, N., C. Clarich, J. Peutz, K. Jenkins, M. Saffran-Larson, R. Mills. 2021. Family and Consumer Science 4-H Exhibit Scoresheets (districtwide use), (Photography, Educational Poster – edit, Food Preservation - edit)

Scholarly Presentations and Other Creative Activities:**Displays and Posters:**

- Keyword, J., S. Hensley, M. Bird, C. Kok, C. Wells, J. Miller, N. Shelstad. 2021. Qualitative Findings from Multi-State Study: Reasons for Joining and Best Part of 4-H. Epsilon Sigma Phi Conference, Savannah, Georgia.

Professional Meeting Papers, Workshops:

- Shelstad, N., C. Clarich, October 11, 2022. New 4-H Volunteer Orientation Material Provide Consistency for Statewide Delivery, NAE4-HYPD Conference, Madison, Wisconsin.
- Dolecheck, S., N. Shelstad and C. Johnson. April 17, 2019. Building a Future for Idaho Youth, Pacific Northwest Conference, Bend, Oregon.
- Johnson, C., S. Dolecheck, and N. Shelstad. October 9, 2018. Building a Future for Idaho Youth, National Association of Extension 4-H Agents Conference, Columbus, Ohio.
- Rea-Keyword, J., N. Shelstad, and D. Espinoza. October 9, 2018. Youth Retention Study, National Association of Extension 4-H Agents Conference, Columbus, Ohio.
- Shelstad, N. and D. Gillespie. November 13, 2017. 4-H Professionals Orientation Modules, National Association of Extension 4-H Agents Conference, Indianapolis, Indiana.
- Miller, J., J. Rae-Keyword, T. Ewers, K. Lewis, M. Bird, J. Borba, R. Hill, N. Shelstad, and K. Trzesniewski. November 2017. Understanding First Year Expectations in 4-H. National Association of Extension 4-H Agents Conference, Indianapolis, Indiana.

Scholarly Presentations and Other Creative Activities:**Professional Meeting Papers, Workshops (cont.)**

- Miller, J., K. Lewis, M. Bird, J. Borba, T. Ewers, R. Hill, **N. Shelstad**, and K. Trzesniewski. October 11, 2016. The All Important First Impression: Parent & Guardian Perceptions of their First Year in 4-H. National Association of Extension 4-H Agents Conference, New Orleans, Louisiana.
- Shelstad, N. October 26, 2015. Facilitation Coach Volunteers, National Association of Extension 4-H Agents Conference, Portland, Oregon.
- Shelstad, N. and B. Brody. September 18, 2013. Speak Up with Confidence, Galaxy IV Conference, Pittsburgh, Pennsylvania.
- Shelstad, N. and T. Holmquist. January 14, 2012. Bringing the Magic of Camp to Your Club, Western Regional Leaders Forum, Cheyenne, Wyoming.
- Shelstad, N. and J. Peutz. January 14, 2012. Oral Presentations Made Easy, Western Regional Leaders Forum, Cheyenne, Wyoming.
- Shelstad, N. February 26, 2009. Getting a Grip on Oral Presentations, Western Regional Leaders Forum, Denver, Colorado.

Grants and Contracts Awarded:

- Lindstrom, J., T. Ewers, **N. Shelstad**, C. Sponseller, M. Toomey, R. Baumgartner. Engaging and Supporting Youth: Outside of the Box. Idaho Health and welfare, 2022-2023, \$1,449,999 (\$335,000 spending authority).
- Lindstrom, J., T. Ewers, **N. Shelstad**, C. Sponseller, M. Toomey, R. Baumgartner. Engaging and Supporting Youth: Outside of the Box. Idaho Health and welfare, 2021-2022, \$2,000,000 (\$250,000 spending authority).
- Ewers, T., L. Gerber, B. Luckey, **N. Shelstad**, L. Vega and R. Baumgartner, Tech Wizards Mentoring, National 4-H Council/OJJDP, 2016, \$173,880.
- Toomey, M. and **N. Shelstad**, University of Idaho Foundation, 4-H Healthy Living: Farmway Village Afterschool Program, Walmart Community Foundation, 2015, \$26,250.
- Toomey, M., D. Gillespie, G. Wittman, **N. Shelstad**, L. Vega and J. Peutz, 4-H Healthy Living Youth Voice: Youth Choice, National 4-H Council/Walmart Foundation, 2014, \$65,000.
- Shelstad, N. and T. Holmquist, Canyon County Shooting Sports Program Development, Friends of the NRA, 2014-15, \$5,557. (shared spending authority)
- Shelstad, N. and T. Holmquist, Horse Riding Helmets, State Participation Fee Award, 2012, \$1,000. (shared spending authority)
- Stark, C., **N. Shelstad** and J. Kemp, Essential Elements Statewide Volunteer Development, Idaho Friends of 4-H Endowment, 2011, \$5,650 (\$3,000 funded). (shared spending authority)
- Luckey, B. and **N. Shelstad**, Health Rocks, Mississippi State Extension, 2008, \$2,000.

Internal Funding Awarded:

- Shelstad, N., G. Wittman, 4-H Thriving Model training, Extension District Directors, University of Idaho Extension, 2023, \$4,000 (\$4,000 shared spending authority)
- Johnson, C., S. Dolecheck and **N. Shelstad**, Build Your Future, Vandal Ideas Program, University of Idaho, 2017, \$26,015. (all shared spending authority)
- Shelstad, N., Archery Equipment, State Participation Fee Award, 2011, \$475. (\$475 spending authority)
- Shelstad, N., Scrapbook Tool Kit, Idaho 4-H Endowment, 2006, \$733. (\$733 spending authority)
- Shelstad, N. and S. Hassakis, Bringing 4-H Projects to Camp, Idaho 4-H Endowment, 2005, \$800. (\$800 spending authority)

In-kind and Industry Support:

- Shelstad, N., Indian Creek Festival youth activities, City of Caldwell, 2015, \$500.
- Shelstad, N., Indian Creek Festival youth activities, City of Caldwell, 2014, \$500.
- Shelstad, N., Soroptimist International of Caldwell, 2014, \$100.
- Shelstad, N., Indian Creek Festival youth activities, City of Caldwell, 2013, \$450.
- Shelstad, N., Soroptimist International of Caldwell, 2013, \$300.
- Shelstad, N., Indian Creek Festival youth activities, City of Caldwell, 2012, \$450.
- Shelstad, N., Soroptimist International of Caldwell, 2012, \$100.
- Shelstad, N., Indian Creek Festival Youth Activities, City of Caldwell, 2011, \$450.
- Shelstad, N., Soroptimist International of Caldwell, 2011, \$200.

In-kind and Industry Support (cont.)

- Shelstad, N., Indian Creek Festival Youth Activities, City of Caldwell, 2010, \$450.
 Shelstad, N., Soroptimist International of Caldwell, 2010, \$200.
 Shelstad, N., Indian Creek Festival Youth Activities, City of Caldwell, 2009, \$300.
 Shelstad, N., 4-H Family and Consumer Science Fair Awards, Pomona Grange, 2009, \$200.
 Shelstad, N., Soroptimist International of Caldwell (donation), 2008-09, \$1,100.
 Shelstad, N., Indian Creek Festival Youth Activities, City of Caldwell, 2008, \$750.
 Shelstad, N., 4-H Summer Intern, University of Idaho Extension, 2009, \$4,000.
 Shelstad, N. and B. Abo, Youth travel scholarships, Kiwanis, 2007, \$2,250.
 Abo, B. and **N. Shelstad**, Support Volunteer & Youth Fund Raising Efforts & Youth Community Service Projects, Wal Mart Good Works Program, 2006, \$500.
 Shelstad, N. and B. Abo, Youth travel scholarships, Kiwanis, 2006, \$2,230.

Scholarship Honors and Awards:

- Sponseller, C., **N. Shelstad**. Promotional Piece Team Award. National Association of Extension 4-H Youth Development Professionals, State, Western Region and National Winner, 2023.
 Shelstad, N., C. Clarich, S. Martinez, T. Holmquist, K. Jenkins, A. Taggart. Excellence in Volunteerism Team Award for New Volunteer Orientation package. National Association of Extension 4-H Youth Development Professionals, State, Western Region and National Winner, 2022.
 Dolecheck, S., C. Johnson and **N. Shelstad**. Excellence in Teamwork Award for Build Your Future. National Association of Extension 4-H Youth Development Professionals, State and Western Region Winner, 2020.
 Shelstad, N., J. Wilson, S. Nash, D. Gillespie, J. Lindstrom, T. Ewers, D. Schwarting and N. Melville. Educational Package Team Award for the 4-H Staff Orientation Guide. National Association of Extension 4-H Youth Development Professionals, State Winner 2020.
 Gillespie, D., S. Dolecheck, N. Dalton, **N. Shelstad**, C. Johnson, E. Jeffries, S. Codr and D. Scott. Excellence in Workforce Development Programming Team Award for Idaho 4-H State Teen Association Convention. National Association of Extension 4-H Agents, State and Western Region Winner, 2019.
 Shelstad, N. National Association of Extension 4-H Agents, Meritorious Service Award, 2019.
 Dolecheck, S., C. Johnson and **N. Shelstad**. Denise Miller Innovator Team Award for Build Your Future program. National Association of Extension 4-H Agents, State and Western Region Winner, 2018.
 Lewis, K., J. Borba, J. Miller, M. Bird, K. Trzesniewski, R. Hill, M. Phillippi, T. Ewers, **N. Shelstad** and J. Rae-Keywood. Excellence in Teamwork Team Award for Youth Retention Study. National Association of Extension 4-H Agents, State, Western Region and National Winner, 2017.
 Shelstad, N., T. Holmquist and N. Melville. Excellence in Volunteerism Team Award for Facilitation Coach. National Association of Extension 4-H Agents, State, Western Region and National Winner, 2016.
 Melville, N., S. Codr, S. Dolecheck, D. Gillespie, B. Kay, B. Luckey, **N. Shelstad**, G. Silkwood, E. Thiel, S. Wilson, G. Wittman and L. Vega. Denise Miller Innovator Team Award for Teen Task Force. National Association of Extension 4-H Agents, State Winner, 2016.
 Holmquist, T., **N. Shelstad**, D. Hoffman and D. Lowber. Promotional Piece Team Award for Summer Day Camp brochure. National Association of Extension 4-H Agents, State Winner, 2016.
 Shelstad, N., T. Holmquist, N. Melville. Denise Miller Innovator Team Award for STEP Programming. National Association of Extension 4-H Agents, State Winner, 2015.
 Shelstad, N. and A. Agenbroad. Diversity Award University of Idaho Cooperative Extension System, 2014.
 Shelstad, N. Search for Excellence in Teen Programming for Teen Mania program. National Association of Extension 4-H Agents, State and Western Regional Award Winner, 2013.
 Shelstad, N., J. Peutz and B. Brody. Educational Piece Award for Speak Up with Confidence. National Association of Extension 4-H Agents, Idaho and Oregon State Winners and Western Regional Award Winner, 2013.
 Shelstad, N. National Association of Extension 4-H Agents, Distinguished Service Award, 2013.
 Shelstad, N. and team. Distinguished Team Award. Epsilon Sigma Phi, Theta Chapter, 2013.
 Shelstad, N. and T. Holmquist. Periodical Publication for Lines for Leaders. National Association of Extension 4-H Agents, State Winner 2010.
 Shelstad, N. Honor of Contribution. Operation: Military Kids, 2010.
 Shelstad, N. National Association of Extension 4-H Agents, Achievement Service Award, 2009.
 Shelstad, N. and team. Promotional Package Award. National Association of Extension 4-H Agents, State Winner 2009.
 Shelstad, N. People's Choice Best Display, Learning Activities for Your 4-H Club. State 4-H Leaders Forum, 2008.

Scholarship Honors and Awards (cont.)

Shelstad, N., B. Abo, K. Laughlin, M. Draper, W. Harvey. Promotional Package Team for billboard campaign. National Association of Extension 4-H Agents, State Winner 2005.

SERVICE:**Major Committee Assignments:****National:**

Positive Youth Development Champion Network, 2021- present
 4-H Thriving Model Professional Development Training Materials, 2020 - 2021
 Youth Retention Study, 2016 – 2021

State:

CALS P & T Committee, 2023
 Idaho Afterschool Network, 2016 – 2018

Extension:

Extension Listening Session Facilitator, Eastern and Central Districts, 2022
 State 4-H Director Search and Screen Committee, 2022
 4-H Review and Recommendations Committee Chair, 2021-2022
 Mentoring Review Committee S. Wilson, 2021
 Extension By-Law (P & T section) Committee, 2020-2021
 Fast Track Reviewer, 2019 – present
 Extension Advisory Committee, 2009
 Annual Extension Conference Planning Committee, 2008 - 2015
 4-H Topic Team/ Community Youth Development Priority Extension Theme (PET), 2008 - present

Department:

Area 4-H Youth Development Educator Search and Screen Committee, Chair, (two searches) 2023
 Idaho 4-H In-service Planning Committee Chair, 2021
 State 4-H Program Manager (ARPA) Hiring Committee, 2021
 State 4-H Administrative Assistant (ARPA) Hiring Committee, 2021
 Idaho 4-H Parli-Pro Program Development/Advisory Committee, 2021
 Idaho 4-H Area Educator (Central District) Search Committee, 2021
 Statewide ARPA Personnel Training Committee Chair, 2021
 Idaho 4-H Enrollment Program Advisory Committee, 2021
 Idaho 4-H Area Educator Event Coordinator, Office Manager Search Committee, 2020
 Mentor Committee, Claire Sponseller, 2020 - present
 State 4-H Shooting Sports Tournament Committee co-chair, 2020
 Idaho 4-H Regional STEAM Educator Search Committee, 2019
 Mentor Committee, Donna Schwarting, 2018 - present
 Idaho 4-H/FFA Committee, 2018 - present
 Idaho 4-H Regional Volunteer Development Educator Search Committee Chair, 2018
 Idaho 4-H Statewide Training Planning Committee, 2018
 Idaho 4-H Statewide Training Planning Committee Chair, 2017
 Idaho 4-H State Shooting Sports Advisory Committee, 2017, 2020
 Idaho 4-H Regional Volunteer Development Educator Search Committee, 2016
 Idaho 4-H Regional Healthy Living Educator Search Committee, 2016
 Idaho 4-H Science Program Coordinator Search Committee, 2015
 Idaho 4-H Natural Resource AmeriCorps Search Committee, 2015
 Idaho 4-H Ambassador Conference Planning Committee chair, 2015
 State 4-H Archery Competition Committee co-chair, 2015 - 2016
 State 4-H Teen Programming Task Force, 2015
 4-H Club Organizational Development Materials Committee, 2015
 4-H Restructure Committee, 2012
 State 4-H Leaders Forum Committee Mentor, 2010 – 2011, 2014 – 2015

Major Committee Assignments:**Department: (cont.)**

4-H Volunteer Development Committee, 2010 – 2016
 4-H Policies and Procedures Committee, 2009
 State 4-H Advisory Committee, 2009, 2011- 2013, 2020-present
 4-H Reporting Committee, 2009 – 2010
 4-H Core Team, 2008 -2016
 4-H Marketing Committee, 2007- 2010
 4-H Curriculum Advisory Team, 2005, 2006, 2012 – 2014

District:

Ada County 4-H Educator Search Committee, 2023
 Canyon County 4-H Program Coordinator Search Committee, 2023
 Washington County 4-H Program Coordinator Search Committee, 2023
 Payette County 4-H Program Coordinator Search Committee, (two searches) 2023
 Ada County 4-H Educator Search Committee, 2022
 Canyon County 4-H Program Coordinator Search Committee, 2022
 District Promotion and Tenure Committee, 2022
 Southern District Camp Director Search Committee, 2021
 Washington County 4-H Program Coordinator Search Committee, 2021
 Southern District Third Year Review Committee, 2020
 Southern District Shooting Sports Committee Extension liaison, 2020
 Ada County 4-H Program Coordinator Search Committee, 2019
 Canyon/Ada 4-H/FFA Committee, 2019 - present
 Mentor Committee, Allen Taggart, 2018 - 2021
 Elmore County 4-H Program Coordinator Search Committee, 2017
 Ada County 4-H Educator Search Committee, 2017
 Southern District 4-H Adventure Camp Extension Advisor, 2017 - present
 Mentor Committee, Bridget Morrisroe-Aman, 2017 - 2022
 Mentor Committee, Carrie Johnson Clarich, 2017 - 2022
 Ada County 4-H Program Coordinator Search Committee, 2017
 Gem County 4-H Program Coordinator Search Committee, 2017
 Ada County 4-H Program Coordinator Search Committee, Spring 2016, Fall 2016
 Ada County 4-H Program Assistant Search Committee, 2016
 Canyon County (Farmway) 4-H Program Coordinator Search Committee, 2016
 Owyhee County 4-H Program Coordinator Search Committee, 2015
 Mentor Committee member, Suzanne Dolecheck, 2014 – 2018
 Mentor Committee member, Lilianna Vega, 2011 – 2017
 District II Shooting Sports, 2010 - 2018
 District II Strategic Plan Sub-Committee, 2008
 District II Style Revue, 2008 - 2015
 District II Oral Presentations, 2005 – 2015
 District II Youth Development Committee, 2005 - present
 Chair, 2005 - 2007

County/Local:

Caldwell High School Family and Consumer Science Advisory Committee, 2017 - 2018
 Idaho Youth Ranch Advisory Board, 2015 - 2019
 Parma Learning Center Advisory Board, 2014 – 2015
 Caldwell Youth Master Plan Committee, 2013 – 2015
 Youth Forum Planning sub-committee, 2014 – 2015

Professional and Scholarly Organizations:**National:**

National Association of Extension 4-H Youth Development Professionals, 2004 – present
 National Board of Trustees, Vice President of Member Services, 2021- 2023
 National Board Organizational Re-Structure Committee, 2019-2020

Professional and Scholarly Organizations:**National (cont.)**

2020 Conference Operations Committee Chair, 2017 - 2020
 Member Recognition Committee, 2015 – 2016, 2018 - present
 National Board of Trustees, Western Region Director, 2017 – 2019
 Chair of State Relations, 2018 - 2019
 Programs Committee, Workforce Development task force, 2012 – 2014
 Programs Committee, Communication and Expressive Arts task force, 2010 – 2011
 National Association of Extension Program & Staff Development Professionals, 2017 - 2019
 Epsilon Sigma Phi, 2008 - 2016

State:

Idaho Association of Extension 4-H Professionals, 2004 – present
 Member Recognition Chair, 2015 - 2022
 Past President, 2010
 President, 2009
 President Elect, 2008
 Vice President, 2007
 Secretary, 2005- 2006, 2014 – 2015
 Epsilon Sigma Phi, Theta Chapter, 2008 – 2016

Outreach Service:**Classes, Workshops, Seminars, Share Fairs and Tours Organized:**

Shelstad, N., G. Wittman, 4-H Thriving Model trainings, Jerome, Caldwell, Idaho Falls, Post Falls, September – October 2023.
 Shelstad, N. Camp Risk Management, 4-H Adventure Camp Staff, Boise, Idaho, May 15, 2023.
 Shelstad, N., C. Clarich, K. Pierce, K. Jenkins, Southern District 4-H Volunteer Training Day, Nampa, Idaho, February 11, 2023
 Shelstad, N., J. Wilson, S. Nash, M. Knutz, D. Schwarting, State 4-H New Employee Orientation, Boise, Idaho, October 2022.
 Shelstad, N., D. Whitley, C. Otto, 4-H Outside the Box program, statewide, August 2022 – September 2023.
 Shelstad, N., M. Toomey, N. Tienhaara, C. Sponseller, D. Schwarting, ARPA New Hire Employee Orientation, online webinars, November 29 – December 3, 2021.
 Shelstad, N., R. Davids, T. Tverdy, A. Robertson, T. Smith, R. Mills, N. Cook., State 4-H In-service, Boise, Idaho, October 2021.
 Shelstad, N., J. Wilson, C. Sponseller, T. Ewers, S. Nash, State 4-H New Employee Orientation, Boise, Idaho, October 2021.
 Shelstad, N., M. Toomey, N. Tienhaara, D. Schwarting, C. Sponseller, Ignite Your Spark New Employee and Supervisor Orientation Program, virtual statewide, September – December 2021.
 Shelstad, N., M. Toomey, 4-H Outside the Box program, statewide, August 2021 – August 2022.
 Torbert, S., **N. Shelstad**, PYD and the 4-H Thriving Model webinar series, April 2021.
 Shelstad, N., C. Clarich, S. Martinez, T. Ewers, 4-H Outside the Box Pilot program, statewide, March – April 2021.
 Shelstad, N., T. Holmquist, M. O’Leary, State 4-H Shooting Sports Mail-In Tournament Southern District, Caldwell and Nampa Idaho, September 12, 19, October 3, 2020.
 Johnson, C., R. Mills, S. Martinez, **N. Shelstad**, T. Holmquist, M. Tate, K. Jenkins, C. Nelson, A. Taggart, N. Cook, M. O’Leary, J. Thompson, J. Peutz, S. Butterfield, and A. Statz, Southern District Volunteer Training, Middleton, ID February 29, 2020.
 Gillespie, D., **N. Shelstad**, Volunteer Shooting Sports Certification Training, Caldwell, Idaho, February 22, 23, 2020.
 Shelstad, N. C. Johnson, S. Martinez, T. Holmquist, K. Jenkins, A. Taggart, Bi-County New Volunteer Orientation development, Ada and Canyon Counties, January 2020 – October 2020.
 Johnson, C., **N. Shelstad**, S. Dolecheck, Build Your Future Program, Statewide, November 2019- October 2020.

Outreach Service:**Classes, Workshops, Seminars, Share Fairs and Tours Organized: (cont.)**

- Shelstad, N., D. Gillespie, A. Taggart, Southern District Camp Work Group, November 2019 – October 2020.
- Shelstad, N., 4-H Staff Development webinar series (20 modules) via zoom, statewide, September 2019-May 2020.
- Cook, N., N. **Shelstad**, District Oral Presentation Contest, Boise, Idaho, August 2019.
- Johnson, C., N. **Shelstad**, S. Dolecheck, Build Your Future Program, Statewide, November 2018-October 2019.
- Shelstad, N., K. Mire, Interview Evaluation and Family and Consumer Science exhibit judging, Boise, Idaho, August 2018.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2018.
- Shelstad, N., Volunteer Shooting Sports Certification Training (shotgun, archery, rifle, handgun), Caldwell, Idaho, March 2018.
- Shelstad, N., C. Johnson, S. Dolecheck, Build Your Future Program, Statewide, November 2017-October 2018.
- Shelstad, N., S. Dolecheck, M. Barlow, D. Miller, J. Gill, A. Wilfong, L. Craig, State 4-H In-Service, Boise, Idaho, October 2017.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Boise, Idaho, August 2017.
- Shelstad, N., Volunteer Shooting Sports Certification Training (shotgun, archery, rifle), Caldwell, Idaho, February 2017.
- Lindstrom, J., D. Gillespie, S. Nash, N. **Shelstad**, J. Wilson, State 4-H In-Service, Boise, Idaho, October 2016.
- Shelstad, N., J. Wilson, Volunteer Shooting Sports Certification Training (shotgun), Caldwell, Idaho, October 2016.
- Kay, B., N. **Shelstad**, Volunteer Shooting Sports Certification Training (archery), Caldwell, Idaho, June 2016.
- Shelstad, N., J. Wilson, L. Vega, State 4-H Archery Shoot, Caldwell, Idaho, June 2016.
- Shelstad, N., D. Gillespie, S. Codr, T. Roland, Ambassador Conference, McCall, Idaho November 2015.
- Shelstad, N., Volunteer Shooting Sports Certification Trainings (shotgun, rifle, archery), Caldwell, Idaho, November 2015.
- Shelstad, N., Indian Creek Festival Youth 4-H Activities, Youth Development and Recruitment, Caldwell, Idaho, September 2015.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2015.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2015.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2015.
- Shelstad, N., Youth Media Interviews, Caldwell, Idaho, July 2015.
- Holmquist, T., N. **Shelstad**, Summer 4-H Day Camps (29 camps) Caldwell and Nampa, Idaho, June 2015.
- Shelstad, N., L. Vega, State 4-H Archery Shoot, Emmett, Idaho, June 2015.
- Shelstad, N., Volunteer Shooting Sports Certification Trainings (archery and shotgun), Caldwell, Idaho, April 2015.
- Shelstad, N., Spring 4-H Day Camp Program (6 camps), Caldwell, Idaho, March 2015.
- Shelstad, N., Volunteer Development (3 mini trainings, 4 new volunteer orientations) Caldwell, Idaho, 2015.
- Shelstad, N., 4-H Afterschool Program, Caldwell School District, Caldwell, Idaho, Spring 2015.
- Shelstad, N., 4-H Teen Mania, Youth Development and Retention, Caldwell, Idaho, January 2015.
- Shelstad, N., Volunteer Shooting Sports Certification Training (rifle), Emmett, Idaho, January 2015.
- Shelstad, N., T. Holmquist, STEP Program (4 facilitation coaches, 5 projects) Caldwell, Idaho, January 2015 – April 2015.
- Shelstad, N., Volunteer Shooting Sports Certification Training (archery), Emmett, Idaho, November 2014.
- Shelstad, N., 4-H Afterschool Program, Parma Learning Center, Parma, Idaho, Fall 2014 – Spring 2015.

Outreach Service:**Classes, Workshops, Seminars, Share Fairs and Tours Organized: (cont.)**

- Shelstad, N., 4-H Afterschool Program, Vallivue School District (6 elementary schools), Nampa/Caldwell, Idaho, Fall 2014.
- Shelstad, N., Indian Creek Festival Youth 4-H Activities, Youth Development and Recruitment, Caldwell, Idaho, September 2014.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2014.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2014.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2014.
- Shelstad, N., Youth Media Interviews, Caldwell, Idaho, July 2014.
- Holmquist, T., N. **Shelstad**, Summer 4-H Day Camps (18 camps) Caldwell and Nampa, Idaho, June and July 2014.
- Shelstad, N., Spring 4-H Day Camp Program (5 camps), Caldwell, Idaho March 2014.
- Shelstad, N., Volunteer Development (6 mini trainings, 6 new volunteer orientations) Caldwell, Idaho, 2014.
- Shelstad, N., 4-H Afterschool Program, Caldwell School District, Caldwell, Idaho, Spring 2014 (three sessions), Fall 2014 (six weeks).
- Shelstad, N., 4-H Teen Mania, Youth Development and Retention, Caldwell, Idaho, January 2014.
- Shelstad, N., T. Holmquist, STEP Program (4 facilitation coaches, 7 projects) Caldwell, Idaho, January 2014 - November 2014.
- Shelstad, N., Indian Creek Festival Youth 4-H Activities, Youth Development and Recruitment, Caldwell, Idaho, September 2013.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2013.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2013.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2013.
- Shelstad, N., Youth Media Interviews, Caldwell, Idaho, July 2013.
- Holmquist, T., N. **Shelstad**, Summer 4-H Day Camps (18 camps) Caldwell and Nampa, Idaho, June and July 2013.
- Shelstad, N., B. Luckey, L. Vega, Summer Urban Programming (7 sites, 8 weeks) Caldwell, Idaho, June and July 2013.
- Shelstad, N., Spring 4-H Day Camp Program (5 camps), Caldwell, Idaho March 2013.
- Shelstad, N., Volunteer Shooting Sports Certification Trainings (1 rifle, 1 archery), Weiser and Emmett, Idaho, March 2013.
- Shelstad, N., 4-H Afterschool Program, Caldwell School District (2 eight-week programs), Caldwell, Idaho, Spring 2013, Fall 2013.
- Shelstad, N., Volunteer Development (3 mini trainings, 5 new volunteer orientations) Caldwell, Idaho, 2013.
- Shelstad, N., 4-H Teen Mania, Youth Development and Retention, Caldwell, Idaho, January 2013.
- Shelstad, N., Indian Creek Festival Youth 4-H Activities, Youth Development and Recruitment, Caldwell, Idaho, September 2012.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2012.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2012.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2012.
- Shelstad, N., Youth Media Interviews, Caldwell, Idaho, July 2013.
- Holmquist, T., N. **Shelstad**, Summer 4-H Day Camp Program (16 camps), Caldwell and Nampa, Idaho, June and July 2012.
- Shelstad, N., Spring 4-H Day Camp Program (5 camps), Caldwell, Idaho, March 2012.
- Shelstad, N., Volunteer Development (2 mini trainings, 5 new volunteer orientations) Caldwell, Idaho, 2012.
- Shelstad, N., 4-H Afterschool Program, Caldwell School District (eight-week program), Caldwell, Idaho, 2012.
- Shelstad, N., 4-H Teen Mania, Youth Development and Retention, Caldwell, Idaho, January 2012.
- Shelstad, N., C. Stark, Shooting Sports Certification (rifle), Volunteer and Staff Development, Emmett, November 2011.

Outreach Service:**Classes, Workshops, Seminars, Share Fairs and Tours Organized: (cont.)**

- Holmquist, T., **N. Shelstad**, National 4-H Week, 4-H promotion and club member recruitment, Caldwell, Idaho, October 2011.
- Shelstad, N., Indian Creek Festival Kid's Activities, Youth Development and Recruitment, Caldwell, Idaho, September 2011.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2011.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2011.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2011.
- Holmquist, T., **N. Shelstad**, Summer 4-H Day Camp Program (17 camps), Caldwell and Nampa, Idaho, June and July 2011.
- Shelstad, N., C. Stark, Shooting Sports Certification, Volunteer and Staff Development, Parma and Marsing Idaho, April 2011
- Shelstad, N., Spring 4-H Day Camp Program (5 camps), Caldwell, Idaho, March 2011.
- Shelstad, N., 4-H Teen Mania, Youth Development and Retention, Caldwell, Idaho, January 2011.
- Shelstad, N., Volunteer Development (3 mini trainings, 5 new leader orientations) Caldwell, Idaho, 2011.
- Shelstad, N., State 4-H Leaders Forum (committee advisor), Boise, Idaho, 2011.
- Shelstad, N., 4-H Afterschool Program, Caldwell School District (2, six-week programs) Caldwell, Idaho 2011.
- Holmquist, T., **N. Shelstad**, National 4-H Week, 4-H promotion and club member recruitment, Caldwell, Idaho, October 2010.
- Shelstad, N., Indian Creek Festival Kid's Activities, Youth Development and Recruitment, Caldwell, Idaho, September 18, 2010.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2010.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2010.
- Shelstad, N., J. Peutz, August 4-H Kids' Camp, Donnelly, Idaho, August 2010.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2010.
- Holmquist, T., **N. Shelstad**, Summer 4-H Day Camp Program (16 camps), Caldwell and Nampa, Idaho, June 2010.
- Shelstad, N., 4-H Plus Training for District II 4-H staff, Caldwell, Idaho, May 2010.
- Shelstad, N., Spring 4-H Day Camp Program (5 camps), Caldwell, Idaho, March 2010.
- Shelstad, N., B. Luckey, Camp Counselor Training/Planning program, Caldwell and Boise, Idaho, March – May 2010.
- Shelstad, N., 4-H Teen Mania, Youth Development and Retention, Caldwell, Idaho, January 2010.
- Shelstad, N., Volunteer Development (5 mini trainings, 7 new leader orientations) Caldwell, Idaho, 2010.
- Shelstad, N., 4-H Afterschool Program, Caldwell School District (2, four- and five-week programs) Caldwell, Idaho 2010.
- Shelstad, N., C. Stark, Shooting Sports Certification, Volunteer and Staff Development, Caldwell, Nampa and Weiser, Idaho, November 2009.
- Shelstad, N., T. Holmquist, National 4-H Week, 4-H promotion and club member recruitment, Caldwell, Idaho, October 2009.
- Shelstad, N., Indian Creek Festival Kid's Activities, Youth Development and Recruitment, Caldwell, Idaho, September 19, 2009.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2009.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2009.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2009.
- Shelstad, N., City of Caldwell 4th of July Celebration Youth Kid's Activities, Youth Development and Recruitment, Caldwell, Idaho, July 4, 2009.
- Shelstad, N., Summer 4-H Day Camp Program (15 camps), Caldwell and Nampa, Idaho, June and July 2009.
- Shelstad, N., Family Day on the Creek Youth Activities, Youth Development and Recruitment, Caldwell, Idaho, April 25, 2009.

Outreach Service:**Classes, Workshops, Seminars, Share Fairs and Tours Organized: (cont.)**

- Shelstad, N., Spring 4-H Day Camp Program (5 camps), Caldwell, Idaho, March 2009.
- Shelstad, N., 4-H Teen Mania, Youth Development and Retention, Caldwell, Idaho, February 2009.
- Shelstad, N., Volunteer Development (6 mini trainings, 3 new leader orientations) Caldwell, Idaho, 2009.
- Shelstad, N., T. Holmquist, 4-H Kids Fair (Open House), 4-H promotion and club member recruitment, Caldwell, Idaho, October 10, 2008.
- Shelstad, N., Indian Creek Festival Kid's Activities, Youth Development and Recruitment, Caldwell, Idaho, September 13, 2008.
- Shelstad, N., District Oral Presentation Contest, Boise, Idaho, August 2008.
- Shelstad, N., District Style Revue Contest, Boise, Idaho, August 2008.
- Shelstad, N., Interview Evaluation and Family and Consumer Science exhibit judging, Caldwell, Idaho, July 2008.
- Shelstad, N., T. Holmquist, Summer 4-H Day Camp Program (10 camps), Caldwell, Idaho, July 2008.
- Shelstad, N., Spring 4-H Day Camp Program (4 camps), Caldwell, Idaho, March 2008.
- Shelstad, N., Volunteer Development (6 mini trainings, 4 new leader orientations), Caldwell, Idaho, 2008.
- Shelstad, N., B. Luckey, Fall into 4-H Volunteer Development, Boise, Idaho, November 3, 2007.
- Shelstad, N. Super Saturday Part II Volunteer Development, Boise, Idaho, March 24, 2007.
- Shelstad, N. Pet Friendly Magazine Cover Search, 4-H promotion and club member recruitment, Eagle, Idaho, March 10, 2007.
- Shelstad, N. Super Saturday Volunteer Development, Boise, Idaho, January 20, 2007.
- Shelstad, N. Exploring 4-H, 4-H promotion and club member recruitment open house, Boise, Idaho, December 2, 2006.
- Shelstad, N. Open House, 4-H promotion and club member recruitment, Boise, Idaho, October 3-4, 2006.
- Shelstad, N. Super Saturday Volunteer Development, Boise, Idaho, January 21, 2006.
- Shelstad, N. Open House, 4-H promotion and club member recruitment, Boise, Idaho, October 4, 2005.
- Shelstad, N. Super Saturday Volunteer Development, Boise, Idaho, January 22, 2005.
- Shelstad, N. Open House, 4-H promotion and club member recruitment, Boise, Idaho, October 6, 2004.
- Shelstad, N. Super Saturday Volunteer Development, Boise, Idaho, January 24, 2004.

Miscellaneous Extension Publications:

- 4-H MATTERS articles, online statewide 4-H newsletter, published quarterly.
- 2022
- 4-H Learning Labs Enhance and Support Youth Learning. January
- 2021
- Idaho 4-H Professionals learn from 4-H Thriving Model Webinar Series. May
- 4-H Outside the Box. April
- 2020
- Building Positive Relationships with Youth in 4-H Programming. August
- Virtual 4-H Project Oral Presentations. May
- Overnight 4-H Camps Offer Experiences to Last a Lifetime. February
- 2019
- Build Your Future: Connecting Career Exploration and Postsecondary Education. August
- 4-H FOCUS articles, Idaho 4-H professionals' newsletter, published weekly, statewide circulation approx. 165 circulation.
- 2017
- Generosity. June 20
- Mastery. June 6
- Independence. May 30
- Belonging. May 23
- Essential Elements. May 16

Outreach Service:**Miscellaneous Extension Publications: (cont.)**

LEADER'S CORNER, Idaho 4-H volunteer newsletter, published quarterly, statewide circulation.

2012

Essential Elements of Youth Development. July

2009

4-H Teen Mania Provides Essential Elements. December

4-H Teen Mania Sweeps Southwest Idaho. April

LINES FOR LEADERS, Canyon County 4-H newsletter, published ten times per year, average 800 circulation.

2015

Competing at Fair July

Risk Management – Have a Plan! June

Teamwork through Communication. May

Record Book Portfolios. April

4-H Project Completion Requirements. March

The Value of Family Involvement in Out-of-School Programs. February

Why a 4-H Club? January

2014

Focusing on Positive Youth Development. November

Volunteer Enrollment for October 1, 2014, 4-H Year. October

4-H in the Libraries This Summer. September

Good Sportsmanship + Ethical Decisions = 4-H Success. July

It's Almost Fair Time Again . . . June

4-H Project Meetings. May

Record Book Time is NOW! April

Use of the 4-H Name and Emblem. March

Facilitation Coach Volunteers. February

Roll Out the Welcome Wagon!. January

2013

What Matters and What Counts. November (reprinted Nov 2016)

4-H is. . . October

4-H Project Completion. September

Competing at Fair. July

It's a Matter of Record. June

Life Skills Gained Through Oral Presentations (pt. 3). May

Life Skills Gained Through Oral Presentations (pt. 2). April

Life Skills Gained Through Oral Presentations. March

Scholarships and Applications. February

It's Starting Already!. January

2012

Expanding Your 4-H Horizons. November

4-H Online Enrollment. October

4-H in the Community. September

Do Your Best and Be Proud. July

Exhibiting at Fair. June

Club Finance Responsibilities. May

April is National Volunteer Month. April

Essential Elements of 4-H Youth Development. March

Because it's Good for You. February

The Only Thing that is Constant is Change. January

2011

4-H Comes in More Than One Flavor. November

The New 4-H Year. October

Idaho 4-H, Something to Celebrate! September

4-H Member Recognition at Fair. July

Outreach Service:**Miscellaneous Extension Publications: (cont.)**

Record Book Portfolios, Learning to Love Them. June
 4-H – The Past and Present. May
 Learning Activities for Club Meetings. April
 Developing Youth as Leaders. March
 Parliamentary Procedure, A Life Skill You Can Use Beyond 4-H. February
 Oral Presentations – More Than Demonstrations. January

2010

Purposeful Planning. November
 Value and Appreciation of Others. October
 4-H in the Community. September
 Blue Ribbon Youth, Red Ribbon Project. July
 Recognizing Accomplishment. June
 Essential Elements of Youth Development – Mastery. May
 Essential Elements of Youth Development – Generosity. April
 Essential Elements of Youth Development – Independence. March
 Essential Elements of Youth Development – Belonging. February
 Happy New Year. January

2009

4-H is More Than Just Projects. November
 Flag Etiquette. October
 National 4-H Week, October 4-10. September
 Competing at Fair. July
 Exhibiting at Fair. June
 Doing the Right Thing. May
 Record Book Portfolios – Yes, It's That Time of Year! April
 Incorporating Games and Activities. March
 Help is Near!. February
 Good Goals, Bad Goals . . . January

2008

What's Your Style?. November
 Welcome to the New 4-H Year. October
 Pay it Forward. September
 Let's Make it a Great Fair. July
 A Year of Change. June
 Community Service – Service Learning. May
 April is National Volunteer Month. April
 It's More Than Just Another Project Requirement. March

2007

Basics for New 4-H Families. May

MALHEUR COUNTY 4-H NEWS, Malheur County, Oregon 4-H newsletter, 428 circulation.

2012

Learning Activities for Club Meetings. April

Popular Press:

Shelstad, N., "Idaho 4-H Celebrates 100 years" Idaho Press Tribune, submitted July 12, 2012.
 Shelstad, N., "Celebrating National 4-H Week in Canyon County" Idaho Press Tribune, submitted October 1, 2009.
 Shelstad, N., "4-H Teens Learn, Give to Others" Idaho Press Tribune, Friday, February 13, 2009.
 Shelstad, N., "Celebrating National 4-H Week in Canyon County" Idaho Press Tribune, excerpts appeared Sunday, October 5, Friday, October 10, and Tuesday, October 14, 2008.

Interview Articles:

- Shelstad, N., Science and Citizenship in 4-H, Idaho Press Tribune, July 25, 2013.
- Shelstad, N., Idaho 4-H Turns 100, Idaho Press Tribune, July 29, 2012.
- Shelstad, N., 4-H Kids Fair, Idaho Press Tribune on-line multimedia audio slideshow, October 2008.

Media Presentations:

- Involvement and Benefits of 4-H, RFD-TV, Kevin Kersey, (for national syndication) October 12, 2022.
- 4-H Today - Building Life Skills, KTVB, Channel 7, Larry Gebert, Justin Corr, July 25 and July 26, 2013.
- 4-H Today - Building Life Skills, KBOI, Channel 2, Adam Behrman, July 25, 2013.
- 4-H Builds Life Skills, KBOI, Channel 2, Adam Behrman, July 27, 2012.
- National 4-H Week, KQFC, 97.9 FM, Corey Michaels, October 6, 2010.

Judging:

- Ada County FCS Exhibit Judging, Boise, Idaho, August 17, 2022.
- Ada County FCS Exhibit Judging, Boise, Idaho, August 18, 2021.
- Canyon County FCS 4-H Exhibit Judging, Caldwell, Idaho, July 27, 2021.
- Canyon County 4-H Interview Evaluation, Caldwell, Idaho, July 14-15, 2021.
- NAE4-HYDP Feature Story award applications for National award (online judging) 2021.
- NAE4-HYDP Peer Professional Development, Urban 4-H Programming, Greg Yost Memorial Youth in Leadership award applications for Regional awards (online judging) 2021.
- Ada County FCS 4-H Exhibit Judging, Western Idaho Fair, Boise, Idaho, August 12, 2020.
- Canyon County FCS 4-H Exhibit Judging, Caldwell, Idaho, July 17, 2020.
- NAE4-HA select Specialty and Communicator team and individual award applications for Regional Awards (online judging) 2020.
- Ada County FCS 4-H Exhibit Judging, Western Idaho Fair, Boise, Idaho, 2019.
- Ada County 4-H Interview Evaluations, Western Idaho Fair, Boise, Idaho, 2019.
- Canyon County FCS 4-H Exhibit Judging, Caldwell, Idaho, 2019.
- Canyon County 4-H Interview Evaluation, Caldwell, Idaho, 2019.
- NAE4-HA Published Photo, Educational Piece Team and Individual, Promotional Piece Team and Individual award applications for Regional awards, (online judging) 2019.
- NAE4-HA First Timer Scholarship, Regional awards, (online judging) 2019.
- Washington County 4-H Interview Evaluations, Cambridge, Idaho, 2018.
- Washington County 4-H Interview Evaluations, Cambridge, Idaho, 2017.
- NAE4-HA Promotional Package Individual and Team final National Award applications, (online judging) 2017.
- NAE4-HA Excellence in Communication and Expressive Arts Award, Excellence in Geospatial Programs Award, and Excellence in Global Citizenship Award Regional award applications, (online judging) 2017.
- Ada County 4-H FCS exhibits and Best of Show, Western Idaho Fair, Boise, Idaho, 2016.
- Ada County 4-H Interview Evaluation, Western Idaho Fair, Boise, Idaho, 2016.
- NAE4-HA Healthy Living and Natural Resources final National Award applications, (online judging) 2016.
- Teen Conference District Scholarship Applications, Fruitland, Idaho, 2015.
- District Distinguished Service Award Applications, Caldwell, Idaho, 2014.
- Teen Conference District Scholarship Applications, Fruitland, Idaho, 2014.
- Know Your Government Applications, Caldwell, Idaho, 2014.
- Ada County 4-H FCS Best of Show exhibits, Western Idaho Fair, Boise, Idaho, 2013.
- Ada County 4-H Interview Evaluation, Western Idaho Fair, Boise, Idaho, 2013.
- District Distinguished Service Award Applications, Caldwell, Idaho, 2013.
- Teen Conference District Scholarship Applications, Fruitland, Idaho, 2013.
- Know Your Government Applications, Caldwell, Idaho, 2013.
- Teen Conference District Scholarship Applications, Fruitland, Idaho, 2012.
- Know Your Government Applications, Caldwell, Idaho, 2012.
- Ada County 4-H FCS Best of Show exhibit judging, Western Idaho Fair, Boise, Idaho, 2011.
- Washington County 4-H Interview Evaluation, Cambridge, Idaho, 2011.

Outreach Service:**Judging: (cont.)**

Teen Conference District Scholarship Applications, Fruitland, Idaho, 2011.
 Know Your Government Applications, Caldwell, Idaho, 2011.
 Ada County 4-H County Medal Awards, Western Idaho Fair, Boise, Idaho, 2010.
 Teen Conference District Scholarship Applications, Fruitland, Idaho, 2010.
 Know Your Government Applications, Caldwell, Idaho, 2010.
 Ada County 4-H FCS Best of Show exhibit judging, Western Idaho Fair, Boise, Idaho, 2009.
 Teen Conference District Scholarship Applications, Fruitland, Idaho, 2009.
 Know Your Government Applications, Caldwell, Idaho, 2009.
 Ada County 4-H County Medal Awards, Western Idaho Fair, Boise, Idaho, 2008.
 Ada County 4-H Interview Evaluation, Western Idaho Fair, Boise, Idaho, 2008.
 Teen Conference District Scholarship Applications, Payette, Idaho, 2008.
 Know Your Government Applications, Caldwell, Idaho, 2008.
 Canyon County 4-H Miscellaneous Projects Interview Evaluation, Caldwell, Idaho, 2007.
 Teen Conference District Scholarship Applications, Payette, Idaho, 2007.
 State 4-H Speech Contest, Boise, Idaho, 2006.
 Teen Conference District Scholarship Applications, Payette, Idaho, 2006.
 Ada County 4-H Interview Evaluation, Western Idaho Fair, Boise, Idaho, 2005.
 Owyhee County 4-H Demonstration Contest, Marsing, Idaho, 2004.
 Lake Hazel 4-H Afterschool Fair, Meridian, Idaho, 2004.

Review Activities:

Promotion reviews, 14 packets of CALS faculty, University of Idaho, October 2023.
 Promotion review V. Mitchell-Hawkins, University of Maryland, August 2022.
 Promotion review M Kunicki, Rutgers Cooperative Extension New Jersey, August 2022.
 New 4-H Curriculum review (UI Fast-track review), University of Idaho, reviewed May 2022.
 New 4-H Process manuscript review (UI Fast-track review), University of Idaho, reviewed December 2021
 Promotion review M Hauser, University of Arizona, August 2021.
 Promotion and Tenure review A. Johnson, West Virginia University, November 2020.
 Making the 4-H Pledge Meaningful (2020-0490), University of Idaho, reviewed April 2020.
 Idaho 4-H Volunteer Handbook (2020-0477), University of Idaho, reviewed March 2020.
 Promotion and Tenure review N. Ooki, University of Hawaii, October 2019.
 Speaking With Confidence: A teaching guide to improve public speaking skills in youth, University of Nevada Cooperative Extension, reviewed October 2016.

Community Service:

Our Lady of the Valley, Lenten Luncheon volunteer, March – April 2023.
 Agriculture Pavilion at Western Idaho Fair volunteer, August 2016.
 Caldwell Youth Forum Planning Committee, 2015.
 Youth Master Plan Committee, City of Caldwell, 2015.
 Violet Richardson Award (for youth volunteerism) committee chair & judging, December 2014.
 Youth Master Plan Committee, City of Caldwell, 2014.
 Fund Raising Committee member for Soroptimist of Caldwell, November 2014.
 Caldwell Youth Forum Planning Committee, September 2014.
 Agriculture Pavilion at Western Idaho Fair volunteer, August 2014.
 Violet Richardson Award (for youth volunteerism) committee chair & judging, December 2013.
 Youth Master Plan Committee, City of Caldwell, 2013.
 Fund Raising Committee member for Soroptimist of Caldwell, November 2013.
 Agriculture Pavilion at Western Idaho Fair volunteer, August 2013.
 FCCLA Regional Competition judge, February 2013.
 Violet Richardson Award Committee Chair and judging committee, December 2012.
 Agriculture Pavilion at Western Idaho Fair volunteer, August 2012.
 Violet Richardson Award (youth volunteerism award) application judging, December 2011.
 Caldwell Buckaroo Breakfast ticket sales, Soroptimist, August 2011.
 Agriculture Pavilion at Western Idaho Fair volunteer, August 2011.

Community Service: (cont.)

Violet Richardson Award (youth volunteerism award) application judging, December 2010.
 Fund Raising Committee member for Soroptimist Spaghetti Dinner, November 2010.
 Caldwell Buckaroo Breakfast ticket sales, Soroptimist, August 2010.
 Violet Richardson Award (youth volunteerism award) application judging, December 2009.
 Fund Raising Committee member for Soroptimist Spaghetti Dinner, November 2009.
 Caldwell Buckaroo Breakfast ticket sales, Soroptimist, August 2009.
 Serving at Our Lady of the Valley clam chowder lunch, April 2009.
 Re-decorate room at Hope's Door, Soroptimist, March 2009.
 Violet Richardson Award (youth volunteerism award) application judging, December 2008.
 Fund Raising Committee member for Soroptimist Spaghetti Dinner, November 2008.
 Soroptimist International of Caldwell, member 2008 – 2015.
 Secretary 2010.
 Elected Board Member 2011, 2012.

PROFESSIONAL DEVELOPMENT:**Outreach:**

National Association of Extension 4-H Youth Development Professionals Conference, Pittsburgh, Pennsylvania, October 10 – 12, 2023.
 National Association of Extension 4-H Youth Development Professionals, Positive Youth Development Priority Day, Pittsburgh, Pennsylvania, October 9, 2023.
 University of Idaho, Annual Extension Conference, Sun Valley, Idaho, April 10-13, 2023.
 Pacific Northwest 4-H Conference, Boise, Idaho, April 3-5, 2023.
 Helping Youth Thrive, Positive Youth Development and the Science of Learning and Development, Dr. Mary Arnold, online webinar March 29, 2023.
 Helping Youth Thrive, An Introduction to the 4-H Thriving Model, Dr. Mary Arnold, online webinar, March 29, 2023.
 Helping Youth Thrive, Informed by Science – Grounded in Practice, Dr. Mary Arnold, online webinar, March 29, 2023.
 University of Idaho, State 4-H in-service, Boise, Idaho, October 25-26, 2022.
 National Association of Extension 4-H Youth Development Professionals Conference, Madison, Wisconsin, October 11-13, 2022.
 National Association of Extension 4-H Youth Development Professionals National Priority Day, Madison, Wisconsin, October 10, 2022.
 Idaho Out-of-school Network Summit, Fort Hall, Idaho, September 29-30, 2022.
 Positive Youth Development Academy on Youth Mental Health, National 4-H Council, online webinars, May 10-12, 2022.
 University of Idaho, Annual Extension Conference, Moscow, Idaho, April 11-15, 2022.
 Shaping Policy to Reduce Inequalities Among LGBTQ Youth, National Academies, online webinar, January 13, 2022.
 National Association of Extension 4-H Youth Development Professionals Conference, Memphis, Tennessee, November 16-18, 2021.
 National Association of Extension 4-H Youth Development Professionals National Priority Day, Memphis, Tennessee, November 15, 2021.
 PYD Champions Network, Memphis, Tennessee, November 14, 2021.
 University of Idaho, State 4-H in-service, Boise, Idaho, October 13-15, 2021.
 Western Region Program Leaders, Big Sky, MT, September 20-23, 2021.
 Idaho Out-of-school Network Summit, online conference, September 9-10, 2021.
 National 4-H Council 4-H PYD Academy, online webinars, May 11-13, 2021.
 You Got Funded: Now What? University of Idaho, online webinar, May 3, 2021.
 University of Idaho, Annual Extension Conference, online conference, April 13-15, 2021.
 Leadership Matters, University of Minnesota, online webinars, April 8, 15, 22, 2021.
 Introductory Webinar Series: Positive Youth Development and the 4-H Thriving Model, online webinars, April 1, 6, 15, 2021.

PROFESSIONAL DEVELOPMENT:**Outreach: (cont.)**

American Camping Association, Camp Preparedness 2021: Discussing Essentials for COVID-19, Response Operations, and Emergency Preparedness, online webinar, March 31, 2021

Volunteer Pro, Keep Remote Volunteers Engaged, online webinar, February 2, 2021.

University of Idaho Refreshing Extension: Videography, online webinar, January 6, 2021.

University of Idaho Refreshing Extension: Filling Your Toolbelt pt.1, online webinar, December 16, 2020.

National 4-H Council, Helping Youth Thrive, online webinar, October 27, 28, 29, 2020.

National Association of Extension 4-H Youth Development Professionals Virtual Conference, Boise, Idaho, October 20-22, 2020.

University of Idaho, Statewide 4-H In-Service, Boise, Idaho, October 19, 2020.

PEAR Institute, Supporting Quality Learning Experiences in Virtual OST, online webinar, August 13, 2020.

United States Department of Agriculture, Building Community Capacity: Fostering Your Future Workforce, online webinar, August 3, August 6, 2020.

University of Idaho, Dialogue Circles on Race and Ethnicity, online webinar, July 15, August 19, September 23, October 29, December 13, 2020, January 7, 2021.

University of Idaho, 4-HYD In-Service, Beyond Crucial Conversations, online webinar, April 16, 2020.

American Camping Association, COVID Cascadia Camp Directors Forum, online webinar, April 2, 2020.

National Association of Extension 4-H Agents Conference, White Sulphur Springs, West Virginia, November 2-7, 2019.

University of Idaho, State 4-H In-Service, Boise, Idaho, October 21-23, 2019.

Pacific Northwest 4-H Conference, Bend, Oregon, April 16-18, 2019.

University of Idaho, Annual Extension Conference, Idaho Falls, Idaho, March 26-28, 2019.

Joint Council of Extension Professionals Conference, San Antonio, Texas, February 5-8, 2019.

eXtension, Impact Collaborative Facilitator Training, Atlanta, Georgia, January 14-17, 2019.

University of Idaho, State 4-H In-Service, Boise, Idaho, October 22-24, 2018.

eXtension, Impact Collaborative Summit, Indianapolis, Indiana, October 16-18, 2018.

National Association of Extension 4-H Agents Conference, Columbus, Ohio, October 7-11, 2018.

Idaho Out-of-School Network Summit, Boise, Idaho, September 10-11, 2018.

Minnesota Urban Programming Tour, Minneapolis, Minnesota, May 21-23, 2018.

University of Idaho Annual Extension Conference, Moscow, Idaho, April 3-6, 2018.

Joint Council of Extension Professionals Conference, Orlando, Florida, February 14-15, 2018.

National Association of Extension 4-H Agents Conference, Indianapolis, Indiana, November 12-16, 2017.

State 4-H Volunteer Forum, Pocatello, Idaho, November 3-4, 2017.

University of Idaho State 4-H In-Service, Boise, Idaho, October 23-25, 2017.

Idaho Afterschool Network Summit, Boise, Idaho, September 13-14, 2017.

University of Idaho Annual Extension Conference, Burley, Idaho, April 3-6, 2017.

Serve Idaho Conference, February 15, 2017.

State 4-H Volunteer Forum, Twin Falls, Idaho, November 4-5, 2016.

University of Idaho State 4-H In Service, Boise, Idaho, October 24-26, 2016.

National Association of Extension 4-H Agents Conference, New Orleans, Louisiana, October 9-13, 2016.

University of Idaho State 4-H Writing Retreat, McCall, Idaho, September 26-28, 2016.

Idaho Afterschool Network Summit, Boise, Idaho, August 25-26, 2016.

Educate Idaho Network Conference, Boise, Idaho, June 7, 2016.

University of Missouri Extension Youth Development Academy, Columbia, Missouri, May 16-20, 2016.

Pacific Northwest 4-H Conference, Spokane, Washington, April 20-22, 2016.

University of Idaho Annual Extension Conference, Moscow, Idaho, April 4-7, 2016.

State 4-H Volunteer Forum, Boise, Idaho, November 6-8, 2015.

National Association of Extension 4-H Agents Conference, Portland, Oregon, October 25-29, 2015.

University of Idaho State 4-H In Service, Boise, Idaho, October 13-15, 2015.

Epsilon Sigma Phi National Conference, Coeur d'Alene, Idaho, October 4-7, 2015.

Northwest Youth Financial Education, Spokane, Washington, April 28 – 30, 2015.

University of Idaho Annual Extension Conference, Boise, Idaho, March 30 – April 2, 2015.

University of Idaho State 4-H District 4-H In Service, Boise, Idaho, November 18, 2014.

State 4-H Leaders' Forum, Lewiston, Idaho, November 7-9, 2014.

National Association of Extension 4-H Agents Conference, Minneapolis, Minnesota, October 26-30, 2014.

PROFESSIONAL DEVELOPMENT:**Outreach: (cont.)**

Pacific Northwest 4-H Conference Boise, Idaho, April 15-17, 2014.
 State 4-H Leaders' Forum, Fort Hall, Idaho, November 8-10, 2013.
 University of Idaho State 4-H In Service, Boise, Idaho, October 28-30, 2013.
 Galaxy IV Conference, Pittsburgh, Pennsylvania, September 16-19, 2013.
 National Extension Conference on Volunteerism, Frankenmuth, Michigan, May 20-23, 2013.
 University of Idaho Annual Conference, Moscow, Idaho, April 8-11, 2013.
 University of Idaho State 4-H In Service, Boise, Idaho, November 13-15, 2012.
 State 4-H Leaders' Forum, Burley, Idaho, November 2-4, 2012.
 National Association of Extension 4-H Agents Conference, Orlando, Florida, October 21-25, 2012.
 University of Idaho Annual Extension Conference, Boise, Idaho, April 2-5, 2012.
 State 4-H Leaders' Forum, Boise, Idaho, November 4-6, 2011.
 National Association of Extension 4-H Agents Conference, Omaha, Nebraska, October 24-28, 2011.
 University of Idaho State 4-H In Service, Boise, Idaho, October 11-13, 2011.
 National Conference on Volunteerism, Coeur d'Alene, Idaho, April 18-21, 2011.
 University of Idaho Annual Extension Conference, Moscow, Idaho, April 4-7, 2011.
 University of Idaho State 4-H In Service, Boise, Idaho, November 16-18, 2010.
 National Association of Extension 4-H Agents Conference, Phoenix, Arizona, October 24-28, 2010.
 State 4-H Leaders' Forum, Spokane, Washington, October 15-17, 2010.
 University of Idaho 4-H Plus Training, Caldwell, Idaho, May 26, 2010.
 Second Life, Caldwell, Idaho, May 25, 2010.
 Teamwork Teamplay, Boise, Idaho, May 5, 2010.
 University of Idaho Annual Extension Conference, Moscow, Idaho, April 12-15, 2010.
 University of Idaho Shooting Sports Instructor Training, Archery, Weiser, Idaho, November 21, 2009.
 University of Idaho State 4-H In Service, Boise, Idaho, November 10-12, 2009.
 University of Idaho Shooting Sports Instructor Training, Rifle, Nampa, Idaho, November 7, 2009.
 National Association of Extension 4-H Agents Conference, Rochester, New York, October 25-29, 2009.
 State 4-H Leaders' Forum, Idaho Falls, Idaho, October 15-17, 2009.
 University of Idaho Annual Extension Conference, Moscow, Idaho, March 9-13, 2009.
 Western Regional Leaders' Forum, Denver, Colorado, February 25- March 1, 2009.
 Joint Council of Extension Professionals, San Diego, California, February 18-20, 2009.
 Train the Trainer OMK Babysitting Curriculum, Boise, Idaho, January 31, 2009.
 University of Idaho State 4-H In Service, Boise, Idaho, November 4-6, 2008.
 State 4-H Leaders' Forum, Salmon, Idaho, October 24-26, 2008.
 Galaxy III Conference, Indianapolis, Indiana, September 15-19, 2008.
 University of Idaho New Faculty Orientation, Moscow, Idaho, September 9-11, 2008.
 Public Issues Leadership Development, Arlington, Virginia, April 28-30, 2008.
 University of Idaho Annual Extension Conference, Boise, Idaho, April 1-3, 2008.
 Western Regional Leaders' Forum, Boise, Idaho, March 6-9, 2008.
 National Association of Extension 4-H Agents Conference, Atlanta, Georgia, October 21-25, 2007.
 University of Idaho State 4-H In Service, Caldwell, Idaho, Oct 1-3, 2007.
 University of Idaho Annual Extension Conference, Moscow, Idaho, April 10-13, 2007.
 Western Regional Leaders Forum, Phoenix, Arizona, January 11-15, 2007.
 State 4-H Leaders' Forum, Boise, Idaho, November 10-12, 2006.
 National Association of Extension 4-H Agents Conference, Milwaukee, Wisconsin, Oct 22-26, 2006.
 University of Idaho 4-H Plus Training, Caldwell, Idaho, May 23, 2006.
 Pacific Northwest 4-H Conference, Boise, Idaho, May 1-3, 2006.
 University of Idaho Annual Extension Conference, Idaho Falls, Idaho, April 3-6, 2006.
 Front Page Training, Boise, Idaho, Jan 25, 2006.
 National Association of Extension 4-H Agents Conference, Seattle, Washington, Oct 31 – Nov 3, 2005.
 State 4-H Leaders Forum, Post Falls, Idaho, October 21-23, 2005.
 University of Idaho State 4-H In Service, Post Falls, October 19-21, 2005.
 University of Idaho 4-H Fair Plus Training, Caldwell, Idaho, June 6-7, 2005.
 University of Idaho Annual Extension Conference, Moscow, Idaho, April 4-7, 2005.
 Youth Development Institute, Boise, Idaho, March 15-17, 2005.
 University of Idaho 4-H Plus Training, Caldwell, Idaho, January 18-19, 2005.

PROFESSIONAL DEVELOPMENT:**Outreach: (cont.)**

- State 4-H Leaders' Forum, Pocatello, Idaho, October 21-23, 2004.
- University of Idaho State 4-H In Service, Pocatello, Idaho, October 18-20, 2004.
- National Association of Extension 4-H Agents Conference, Oklahoma City, Oklahoma, October 31 – November 4, 2004.
- University of Idaho Annual Extension Conference, Boise, Idaho, April 19-22, 2004.
- State 4-H Leaders' Forum, Twin Falls, Idaho, November 7-9, 2003.
- University of Idaho State 4-H In Service, Twin Falls, Idaho, November 5-7, 2003.

Administration/Management:

- University of Idaho 2024 Required Training, online courses, October 18, 2023.
 - Conflicts of Interest or Commitment: Identify and Report
 - Employee Policies and Expectations Review
 - Family Educational Rights and Privacy Act (FERPA): A Student's Right to Privacy
 - Fire Safety in the Workplace
 - IT Security Awareness
 - Recognizing and Reporting Sex-Based Misconduct
 - Targeted Violence Responses: Run Hide Fight
- University of Idaho WPE 132062 Sustaining a Respectful Work Environment for Employees, online webinar, September 13, 2023.
- University of Idaho PDN (Ohio State) Now and Later: Living in the Moment and Creating a Hopeful Future, online webinar, March 30, 2023.
- Academic Impressions, The Art and Practice of Giving and Receiving Feedback, Mary McGuinness, online webinar, March 22, 2023.
- Academic Impressions, Conflict Management: A Practical Workshop for Leaders, Jeanne Hey, online webinar, March 22, 2023.
- Academic Impressions, Supervising Intergenerational Teams: A Training for Higher Education Leaders, Sean Lyons, online webinar, March 22, 2023.
- University of Idaho, Jaggaer Training, March 21, 2023.
- University of Idaho 2023 Required Training H, Certificate # 277256, online courses, October 22, 2022.
 - Conflicts of Interest or Commitment: Identify and Report
 - Diversity, Equity and Inclusion for the Workplace
 - Learning Confirmation: DEI & Groundswell
 - Harassment and Discrimination Prevention & Title IX
 - Fire Safety in the Workplace
 - IT Security Awareness
- University of Idaho, Protecting Minors course, online courses March 23, 2022.
 - Protecting Children: Hiring Staff Who Work with Minors
 - Protecting Children: Identifying and Reporting Sexual Misconduct
 - Protecting Children: Shine A Light
- University of Idaho, HR Issues for Supervisors, online course, March 23, 2022.
- University of Idaho Environmental Health and Safety, Defensive Driving Course, May 17, 2022.
- National Institutes of Health, Tutorial on FCOI Federal Requirements, online tutorial, October 29, 2021.
- University of Idaho, Civil Rights and Diversity: Know Your Civil Rights, online webinar, October 25, 2021.
- University of Idaho PDN (Utah State) Becoming Better After Experiencing the Bitter, online webinar, June 16, 2021.
- University of Idaho PDN (Penn State) Approaching the Future with a Fresh Perspective, online webinar, March 18, 2021.
- Registration Max 4-H Online 2.0, online webinar, February 23, 2021.
- University of Idaho Microsoft OneDrive training, February 11, 2021.
- University of Idaho PDN (University of Washington Medical School) The Art of Giving and Receiving Constructive Feedback, online webinar, November 18, 2020.
- University of Idaho 2021 Required Training H, Certificate #254087, online courses, February 5, 2021.
 - Creating a Respectful Community
 - Diversity and Inclusion

PROFESSIONAL DEVELOPMENT:**Administration/Management: (cont.)**

Fire Safety in the Workplace

IT Security Awareness

University of Idaho Extension CV Training, online webinar, October 8, 2020.

University of Idaho How to Run Effective Advisory Committees, online webinar, October 5, 2020.

University of Idaho Digital Measures, online webinar, October 2, 9, 16, 2020.

Registration Max 4-H Online 2.0, online webinar, September 15, 2020.

University of Idaho Unit Level P & T, online webinar, September 3, 2020.

University of Idaho Minimizing Unconscious Bias in Recruitment and Hiring, online webinar, August 18, 2020.

University of Idaho Search Committee Training, online webinar, August 11, 2020.

University of Idaho Share Point, online webinar, July 15, 2020.

University of Idaho Dealing with Difficult Volunteers and Customers in Extension, online webinar, June 4, 2020.

University of Idaho Maintaining Your County Extension Office Civil Rights Files, online webinar, May 28, 2020.

eXtension How to Host Engaging Webinars: Advanced Topics, online webinar, May 18, 2020.

eXtension How to Host Engaging Webinars: The Basics, online webinar, May 13, 2020.

QPR Suicide Prevention Training, online webinar, April 22, 2020.

University of Idaho Microsoft Teams Training, online webinar April 10, 2020.

University of Idaho Zoom for Effective Meetings, online webinars, March 24, 2020.

University of Idaho PDL Creating Better Leaders – How to React to Different Situations, March 10, 2020.

Collaborative Institutional Training Initiative Human Subjects Research Refresher Course, online course, March 4, 2020.

University of Idaho Protecting Minors, online webinar, March 4, 2020.

University of Idaho PDL How to Effectively Communicate and Collaborate with Other Departments, online webinar, February 13, 2020.

University of Idaho 2020 Required Training J, online courses, January 15, 2020.

Creating a Respectful Community

Diversity and Inclusion

Fire Safety in the Workplace

IT Security Awareness

University of Idaho PDL The Long Distance Leader: Strategies for Leaders Separated From Their Teams, online webinar, December 2, 2019.

University of Idaho Search Committee Training, online webinar, September 27, 2019.

4-H Thriving Model online webinar, March 18, 2019.

University of Idaho Defensive Driving Course, online course, February 20, 2019.

National Association of Extension 4-H Agents Member Recognition, online webinar, January 7, 2019.

University of Idaho Grateful Living, Boise, Idaho, November 12, 2018.

University of Idaho Fast Track online webinar, October 31, 2018.

University of Idaho IT Security Awareness, online webinar, October 26, 2018.

University of Idaho Creating a Respectful Community, online webinar, October 26, 2018.

Thinking and Working Strategically, online webinar, October 12, 2018.

National Association of Extension 4-H Agents LGBTQ and Camp, online webinar, June 20, 2018.

Defeating Negativity in the Workplace, March 28, 2018.

Building Better Team Communications, March 26, 2018.

How to Effectively Supervise Off-Site Employees, February 7, 2018.

Developing Your Emotional Intelligence, January 12, 2018.

Workplace Conflict Resolution for Managers and Supervisors, January 9, 2018.

Power point narration and upload to YouTube, October 26, 2017.

Editing Captions for Accessibility and Managing your Channel, October 26, 2017.

Increasing Inclusivity for Youth who Identify as Members of LGBTQ+ Communities, October 16, 2017.

Widening the Circle: A Promise to Grow 4-H through Racial and Ethnic Diversity, October 16, 2017.

From Neurons to 4-H Positive Youth Development: Getting Beyond Inclusion Towards Belonging, October 2, 2017.

PYD Learning Circle (Mary Arnold), June 13, 2017.

PROFESSIONAL DEVELOPMENT:**Administration/Management: (cont.)**

- Collaborative Institutional Training Initiative Investigator/Student Researcher training 10 modules, online course, March 14-17, 2017.
- National Association of Extension 4-H Agents Awards, online webinar, February 21, 2017.
- University of Idaho P-card and Travel training, online webinar, November 18, 2016.
- University of Idaho Diversity and Inclusion training, online webinar, November 15, 2016.
- University of Idaho Safety and Security Awareness training, online webinar, November 15, 2016.
- University of Idaho IT Security training, online webinar, November 15, 2016.
- Mental Health First Aid, Mitzi Burrus, October 26-27, 2016.
- National 4-H Headquarters E-academy The Role of Learning in Positive Youth Development: Implementation and Conclusion, online webinar, April 27, 2016.
- National 4-H Headquarters E-academy Quality Matters! Situating Learning in Positive Youth Development Setting, online webinar, April 27, 2016.
- National 4-H Headquarters E-academy Reaching New Audiences with Relevant Learning Experiences, online webinar, April 25, 2016.
- National 4-H Headquarters E-academy Preparing and Training Learning Facilitators, online webinar, April 25, 2016.
- National 4-H Headquarters E-academy Meeting Learners Where They Are, online webinar, April 5, 2016.
- National 4-H Headquarters E-academy Creating a Learning Environment, online webinar, April 5, 2016.
- National 4-H Headquarters E-academy Planning and Assessing the Learning Experience, online webinar, March 30, 2016.
- National 4-H Headquarters E-academy The Role of Learning in Positive Youth Development: An Introduction, online webinar, March 30, 2016.
- Common Measures Report Generator Webinar, Jessie Bauman, February 25, 2016.
- University of Idaho Respectful Communication, online webinar, January 6, 2016.
- University of Idaho Navigating the Employment Legal Landscape pt. 2, online webinar, December 18, 2015.
- University of Idaho Strategies for Selection and Hiring Success, online webinar, December 15, 2015.
- University of Idaho Navigating the Employment Legal Landscape pt. 1, online webinar, December 15, 2015.
- University of Idaho Performance Evaluation, online webinar, December 15, 2015.
- University of Idaho Performance Management, online webinar, December 15, 2015.
- University of Idaho Mission and Goals, online webinar, December 14, 2015.
- University of Idaho Stewardship of Resources and Ethical Conduct, online webinar, December 14, 2015.
- University of Idaho Our Inclusive Workplace, online webinar, December 14, 2015.
- Basic Conflict Management Techniques, Dr. Bayard Gregory, April 28, 2015.
- 10 Free Online Tools to Create 4-H Learning Activities, Virtual Professional Development, January 29, 2015.
- Using New 4-H Career Exploration Curriculum: Build Your Future, Virtual Professional Development, January 27, 2015.
- University of Idaho 4-H Professional Book and Journal Club, Family Involvement in Out of School Time Activities, January 21, 2015.
- University of Idaho Our Inclusive Workplace Discrimination and Sexual Harassment, online webinar, November 28, 2014.
- University of Idaho 4-H Online Training, Caldwell, Idaho, September 9, 2014.
- National Institute of Food and Agriculture Diversity training, online webinar, April 22, 2014.
- University of Idaho 4-H Professional Book and Journal Club, Competitive Personality vs Emotional Intelligence, November 12, 2013.
- University of Idaho 4-H Professional Book and Journal Club, Positive Youth Development, March – October 2013.
- University of Idaho Promotional Materials Development, Caldwell, Idaho, September 26, 2013.
- University of Idaho 4-H Online Training, Caldwell, Idaho, September 5, 2013.
- University of Idaho 4-H Online Training, Caldwell, Idaho, September 17, 2012.
- Idaho Commerce and Labor Succeeding Through Change, Meridian, Idaho, May 8, 2012.
- Financial Management of 4-H Funds Webinar, Caldwell, Idaho, April 30, 2012.
- University of Idaho County Operations Handbook Finances Webinar, Caldwell, Idaho March 21, 2012.

University of Idaho Video Production Workshop, Idaho Falls, Idaho, March 11, 2011.
Idaho Commerce and Labor Achieving Leadership Excellence Part II Management Tools, Meridian, Idaho, March 8, 2011.
First Aid & CPR Class, Caldwell, Idaho, February 1, 2011.
Idaho Commerce and Labor Social Media Marketing, Meridian, Idaho, March 9, 2010.
University of Idaho Gold Standard in Customer Service, Boise, Idaho, April 27, 2007.
Stewards of Children, Boise, Idaho, February 28, 2007.
Idaho Commerce and Labor Motivational Environment, Boise, Idaho, May 4, 2006.
Idaho Commerce and Labor Workplace Conflict, Boise, Idaho, Jan 5, 2006.
Idaho Commerce and Labor A Fresh Look at Recruitment and Retention, Boise, Idaho, May 5, 2005.
Managing Multiple Priorities, Boise, Idaho, March 11, 2005.