CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

NAME: Siew Guan Lee DATE: October 31, 2024

RANK OR TITLE: Associate Extension Professor

Extension Educator

DEPARTMENT: University of Idaho Extension, Central District

OFFICE LOCATION: University of Idaho Extension, Twin Falls County **OFFICE PHONE:** 208-734-9590

630 Addison Ave W, Suite 1600 FAX: 208-734-9591

Twin Falls, Idaho 83301 EMAIL: siewguanl@uidaho.edu

WEB: https://www.uidaho.edu/twinfalls

DATE OF FIRST EMPLOYMENT AT UI: September 25, 2017

DATE OF TENURE: July 1, 2023

DATE OF PRESENT RANK OR TITLE: July 1, 2023

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

M.S., 2017, Family and Consumer Sciences, University of Idaho, Moscow, Idaho. B.S., 2013, Food and Nutrition, Dietetics Option, University of Idaho, Moscow, Idaho.

Certificates and Licenses:

Commission on Dietetic Registration, Registered Dietitian (RD)/Registered Dietitian Nutritionist (RDN), 2013-present.

National Restaurant Association, ServSafe Food Handler, 2020-2023.

Collaborative Institutional Training Initiative (CITI), Faculty/Staff - SBE Researcher Certificate, 2018-2021.

The Chartered Institute of Marketing, Professional Certificate in Marketing, 2005.

EXPERIENCE:

Teaching, Extension and Research Appointments:

Associate Extension Professor and County Extension Educator, University of Idaho Extension, Twin Falls County, Twin Falls, Idaho, 2023-present.

Assistant Extension Professor and County Extension Educator, University of Idaho Extension, Twin Falls County, Twin Falls, Idaho, 2017-2023.

Teaching Assistant, Family and Consumer Sciences, University of Idaho, Moscow, Idaho, 2015-2017.

Research Assistant, International Mealtimes, University of Idaho, Moscow, Idaho, 2016. Preceptor, Coordinated Programs in Dietetics, University of Idaho, Coeur d'Alene, Idaho, 2013-2014.

Student Peer Tutor, University of Idaho, Moscow, Idaho, 2011-2012.

Academic Administrative Appointments:

Eat Smart Idaho Administrator, University of Idaho Extension Central District, Twin Falls, Idaho, 2017-present.

Non-Academic Employment including Armed Forces:

Registered Dietitian, Providence Sacred Heart Medical Center, Spokane, WA, 2013-2015. Accountant, Alantac Engineering (M) Sdn Bhd, Selangor, Malaysia, 2009.

Inside Sales Representative, Hewlett-Packard (M) Sdn Bhd, Kuala Lumpur, Malaysia, 2006-2008.

Business Development Executive, Alantac Engineering (M) Sdn Bhd, Selangor, Malaysia, 2002-2006.

TEACHING ACCOMPLISHMENTS:

Areas of Specialization:

Health and Nutrition 4-H Youth Development

Courses Taught:

Intro to Clinical Dietetics, FCS 362, Spring 2017. Advanced Nutrition Laboratory, FCS 365, Fall 2016. Concepts in Human Nutrition, FCS 205, Fall 2015, Spring 2016, Fall 2016. Clinical Dietetics I, FCS 364, Fall 2013, Fall 2014.

Interns/Students Advised:

Emilio Giovanni Banuelos Hernandez, College of Southern Idaho, Engineering, 2024.

Cody Ruiz, College of Southern Idaho, Health Science, 2021.

Carah Quigley, University of Idaho, Coordinated Program in Dietetics, 2020.

Abigail Mallory, Idaho State University, Dietetic Program Internship, 2020.

Michel Cardona Lopez, Idaho State University, Dietetic Program Internship, 2019.

Madison Crawford, College of Southern Idaho Agribusiness, 2018-2019.

Tania Espinoza, College of Southern Idaho, Criminal Justice, 2018-2019.

Mallory Daml, Idaho State University, Dietetic Program Internship, 2018.

Emily Bogaudo, Idaho State University, Dietetic Program Internship, 2018.

Sarah Madison, Idaho State University, Dietetic Program Internship, 2018.

Materials Developed:

Video Productions:

Lee, S. G., A. West, and G. Loomis. Thinning radishes. YouTube video. https://www.youtube.com/watch?v=Q6_dZ8a1JIE

Lee, S. G., A. West, and G. Loomis. UI Extension community garden Twin Falls County. YouTube video. https://youtu.be/oGGDI8Sw_fE

Lee, S. G., C. Jayo., S. Ettesvold, and C. Ruiz. Long Live Idaho!: Rainbow water quencher. YouTube video. https://youtu.be/MMyL3lUwwuQ

Displays and Posters:

- Lee, S. G and M. Villicana. Eat Smart Idaho program, Jerome Community Ready for School event, Jerome, Idaho, August 2, 2024.
- Lee, S. G., C. Biggers, and M. Villicana. Kids in the garden: Growing radishes, Jerome Picnic and Play event, Jerome, Idaho, June 18, 2024.
- Lee, S. G and C. Biggers. Eat Smart Idaho program, Recovery in Motion Getting wet for a cause, Twin Falls, Idaho, June 8, 2024.
- Lee, S. G and M. Villicana. University of Idaho Extension and Eat Smart Idaho program, Civic and Community Engagement Fair, Twin Falls, Idaho, April 19, 2024.

Materials Developed (continued):

Displays and Posters:

Lee, S. G., C. Biggers, and M. Villicana. Kids in the garden: Growing radishes, Family wellness night, Valley School, Jerome, Idaho, April 27, 2023.

- Lee, S. G., C. Biggers, and M. Villicana. MyPlate eating on a budget, Lincoln Elementary School Spring Family Night, Twin Falls, Idaho, April 5, 2023.
- Lee, S. G., C. Jayo, and S. Ettesvold. Long Live Idaho! Let's get healthy together 3.0, Read and Treat at City Park, Twin Falls, Idaho, October 29, 2022.
- Lee, S. G., and C. Jayo. Eat Smart Idaho: Rethink your drink, Family wellness night, Valley School, Jerome, Idaho, March 31, 2022.
- Lee, S. G., C. Jayo, and S. Ettesvold. Eat Smart Idaho: Kids in the garden, Communities activities in the park, Jerome, Idaho, June 22, 2021.
- Lee, S. G., C. Jayo, and S. Wayment. Eat Smart Idaho program, Burley farmer's market, Burley, Idaho, June 3, July 21, and August 26, 2021.
- Lee, S. G., C. Jayo, and S. Wayment. Eat Smart Idaho program, Burley farmer's market, Burley, Idaho, August 6, 2020.
- Lee, S. G., C. Jayo, and S. Ettesvold. Eat Smart Idaho: Rethink your drink, Buhl summer fun day, Buhl, Idaho, July 16, 2019.
- Lee, S. G., and C. Jayo. Choose MyPlate: Let's eat for the health of it, Magic Valley Refugee Day Celebration, Twin Falls, Idaho, June 21, 2019.
- Lee, S. G., and C. Jayo. Eat Smart Idaho program, South Central Community Action Partnership at the park, Twin Falls, Idaho, September 15, 2018.
- Lee, S. G., and C. Jayo. Eat Smart Idaho: Eating on a budget, University of Idaho Kimberly Research & Extension Center Twilight Tour, Kimberly, Idaho, July 18, 2018.
- Lee, S. G., and C. Jayo. Eat Smart Idaho: Rethink your drink, Buhl summer fun day, Buhl, Idaho, July 17, 2018.
- Lee, S. G., and C. Jayo. Eat Smart Idaho: Rethink your drink, USDA Summer Food Service program, Gooding, Idaho, June 12, 2018.
- Lee, S. G., and C. Jayo. Eat Smart Idaho program, Jerome field day at the park, Jerome, Idaho, May 18, 2018.
- Lee, S. G., C. Jayo, and S. Ettesvold. Eat Smart Idaho: Rethink your drink, STEM+A night, Robert Stuart Middle School, Twin Falls, Idaho, April 18, 2018.
- Lee, S. G., C. Jayo, and G. Manker. Eat Smart Idaho program, Family wellness night, Valley School, Jerome, Idaho, March 8, 2018.
- Lee, S. G., and C. Jayo. Eat Smart Idaho program, Buhl community health and information fair, Buhl, Idaho, February 20, 2018.

PowerPoint/Slide Presentations:

Lee, S. G., G. Manker, and S. Ettesvold. School food pantry: Mystery box cook-off. 2019.

Non-credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:

Health and Nutrition

- Lee, S. G. Home food preservation and Ball Blue Book updates, Twin Falls, Idaho, October 23, 2024
- Lee, S. G. Indoor container gardens (SEED), Twin Falls, Idaho, September 23, 2024.
- Lee, S. G. All about quinoa, Twin Falls County Fair, Idaho, August 30, 2024.
- Lee, S. G. Nutrition for older adults, August 16, 2024.
- Lee, S. G., G. Wittman, and G. Manker. Healthy Meals for Busy Families older adults edition presented in each of the following locations:

Albion, Idaho, August 21, 2024.

Eden, Idaho, July 17, 2024.

Kimberly, Idaho, June 25, 2024.

Jerome, Idaho, June 20, 2024.

Health and Nutrition (continued):

Wittman, G., S. G. Lee, and G. Manker. Home food preservation, Twin Falls, Idaho, 5 sessions, June 4-15, 2024.

- Lee, S. G. Healthy cooking with air fryers, Twin Falls, Idaho, May 14, 2024.
- Lee, S. G. Best practices for conducting a virtual cooking club, Moscow, Idaho, April 9, 2024.
- Lee, S. G. Understanding global agricultural and life sciences system Taiwan, Twin Falls, Idaho, March 27, 2024.
- Haggerty, B. and **S. G. Lee**. University of Idaho College of Agricultural and Life Sciences, Chiayi, Taiwan, March 15, 2024.
- Lee, S. G. Healthy cooking with air fryers, Twin Falls, Idaho, February 29, 2024.
- Lee, S. G. Eat Smart Idaho, Northside Interagency meeting, Jerome, Idaho, February 6, 2024.
- Lee, S. G. Healthy cooking with air fryers, Twin Falls, Idaho, February 1, 2024.
- Lee, S. G. Everybody Eats: Healthy Chinese dishes, Twin Falls, Idaho, January 28, 2024.
- Lee, S. G. Smart-size your portion, Twin Falls, Idaho, January 23, 2024.
- Lee, S. G. and T. Miller. University of Idaho Extension Twin Falls County 4-H and Family and Consumer Sciences, Twin Falls, Idaho, December 13, 2023.
- Lee, S. G. Eat Smart Idaho, College of Southern Idaho Head Start/Early Head Start Health Advisory Committee meeting, Twin Falls, Idaho, November 6, 2023.
- Lee, S. G. Table talk: University of Idaho Extension, Twin Falls, Idaho, October 8, 2023.
- Lee, S. G. Classroom container gardens (SEED), Twin Falls, Idaho, September 26, 2023.
- Lee, S. G. Healthy cooking with air fryers, Twin Falls County Fair, Twin Falls, Idaho, September 1, 2023.
- Lee, S. G. Adult cooking class: Air fryer empanadas, Twin Falls, Idaho, July 8, 2023.
- Lee, S. G. Kiss the Cook: Cancer prevention, Zoom presentation, June 8, 2023.
- Lee, S. G. Freezing and drying food, Twin Falls, Idaho, June 1, 2023.
- Lee, S. G. Dining with Diabetes, Twin Falls, Idaho, 4 sessions, May 24-June 14, 2023.
- Lee, S. G., G. Wittman, and G. Manker. Healthy Meals for Busy Families presented in each of the following locations:

Burley, Idaho, September 20, 2023.

Twin Falls, Idaho, August 30, 2023.

Kimberly, Idaho, August 22, 2023.

Jerome, Idaho, July 19, 2023.

Twin Falls, Idaho, May 18, 2023.

- Lee, S. G. MyPlate mini pizza, U and I Together, Zoom presentation, March 21, 2023.
- Lee, S. G. Five for five: Five minutes to better health, February 21, 2023.
- Lee, S. G. Small spaces gardening, Zoom presentation, February 15, 2023.
- Lee, S. G. International ties: UI CALS and Idaho Governor's Trade Mission, January 5, 2023.
- Lee, S. G. Holiday food safety and Dairy World Tour Brazil, Twin Falls, Idaho, November 23, 2022.
- Lee, S. G. University of Idaho Extension Twin Falls County Family and Consumer Sciences, Twin Falls, Idaho, November 16, 2022.
- Lee, S. G. University of Idaho Extension, Twin Falls, Idaho, October 18, 2022.
- Lee, S. G. Dairy World Tour Brazil, Twin Falls, Idaho, September 8, 2022.
- Lee, S. G. Cultural considerations for food demonstrations, Twin Falls, Idaho, September 6, 2022.
- Lee, S. G. Drying fruits and vegetables, Twin Falls County Fair, Twin Falls, Idaho, September 2, 2022.
- Lee, S. G. Healthy eating on a budget, virtual via Zoom, August 23, 2022.
- Lee, S. G., and C. Ruiz. Eat Smart Idaho, Hansen, Idaho, August 18, 2022.
- Lee, S. G. Ramen tips and tricks, U and I Together, virtual via Zoom, August 2, 2022.
- Lee, S. G. School food pantry, Twin Falls, Idaho, July 16, 2022.
- Lee, S. G. Dairy World Tour Brazil, Twin Falls, Idaho, July 11, 2022.
- Lee, S. G. Freezing and drying foods, Twin Falls, Idaho, July 6, 2022.
- Lee, S. G. College of Southern Idaho Head Start: Growing pumpkins from seeds, Twin Falls, Idaho, May 5, 2022.
- West, A. and S. G. Lee. Classroom container gardens, Caldwell, Idaho, April 29, 2022.
- Lee, S. G. Sustainable eating, Twin Falls, Idaho, April 2, 2022.

Health and Nutrition (continued):

Lee, S. G. 12 mistakes people are making with their slow cooker, Twin Falls, Idaho, March 15, 2022.

Lee, S. G. Classroom container gardens, Twin Falls, Idaho, February 22, 2022.

Espinoza, T. and S. G. Lee. Vaccinate with confidence, Twin Falls, Idaho, January 6, 2022.

West, A. and S. G. Lee. Classroom container gardens, Twin Falls, Idaho, December 6, 2021.

Lindsey, M., M. Chahine, M. de Haro Martí, and S. G. Lee. Vaccinate with confidence, Twin Falls, Idaho, December 3 & 4, 2021.

Lee, S. G. The power of your pantry, Twin Falls, Idaho, November 19, 2021.

Jayo, C. and S. G. Lee. Eat Smart Idaho, Twin Falls, Idaho, November 16, 2021.

West, A. and S. G. Lee. Classroom container gardens, Twin Falls, Idaho, November 15, 2021.

Lee, S. G. Gardening to improve children's health, Twin Falls, Idaho, October 22, 2021.

Lee, S. G., and C. Jayo. Growing your food at the community garden, Twin Falls, Idaho, September 29, 2021.

Lee, S. G. Air fryer demonstration, Twin Falls County Fair, Twin Falls, Idaho, September 3, 2021.

Lee, S. G. Plan: Know what's for dinner, Twin Falls, Idaho, August 26, 2021.

Lee, S. G. Growing your food at the community garden, Twin Falls, Idaho, August 24, 2021.

Lee, S. G. Choosing more fruits and vegetables, Twin Falls, Idaho, August 12, 2021.

Lee, S. G. MyPlate, Twin Falls, Idaho, August 5, 2021.

Lee, S. G. Shop for value, check the facts, Twin Falls, Idaho, July 20, 2021.

Lee, S. G. Choosing more fruits and vegetables, Twin Falls, Idaho, July 17, 2021.

Lee, S. G. Home food preservation, Twin Falls, Idaho, July 13, 2021.

Lee, S. G. Choosing more fruits and vegetables, Twin Falls, Idaho, July 6, 2021.

Upreti, C. and S. G. Lee. How to make healthy and tasty Indian food, Twin Falls, Idaho, June 27, 2021.

Espinoza, T. and S. G. Lee. Vaccinate with confidence, Jerome, Idaho, June 22, 2021.

Lee, S. G. Rethink your drink, Twin Falls, Idaho, June 10, 2021.

Lee, S. G. Home food preservation, Twin Falls, Idaho, May 27, 2021.

Lee, S. G. Making healthy macaroni and baked chicken nuggets, Twin Falls, Idaho, May 23, 2021.

Lee, S. G., and T. Espinoza. Vaccinate with confidence, Twin Falls, Idaho, 2 sessions, May 22, 2021.

Espinoza, T. and S. G. Lee. Vaccinate with confidence, Jerome, Idaho, May 6, 2021.

Lee, S. G., and A. West. Community garden introduction, Twin Falls, Idaho, May 1, 2021.

Lee, S. G. Home food preservation, Twin Falls, Idaho, April 6, 2021.

Lee, S. G. University of Idaho Extension and Family & Consumer Sciences/ Nutrition & Health programs, Twin Falls, Idaho, March 3, 2021.

Lee, S. G. Home food preservation, Twin Falls, Idaho, November 12, 2020.

Lee, S. G. Eating Smart Moving More curriculum, Twin Falls, Idaho, 11 sessions, June 23-September 15, 2020.

Lee, S. G. National Nutrition Month: Eat right, bite by bite, Twin Falls Senior Center, Twin Falls, Idaho, March 9, 2020.

Lee, S. G. Different types of fats, Twin Falls Senior Center, Twin Falls, Idaho, February 10, 2020.

Lee, S. G. Make better beverage choices, Twin Falls Senior Center, Twin Falls, Idaho, January 13, 2020.

Lee, S. G. Tips to makeover your favorite holiday desserts, Twin Falls Senior Center, Twin Falls, Idaho, December 9, 2019.

Lee, S. G. Eating better on a budget, Twin Falls Senior Center, Twin Falls, Idaho, November 11, 2019

Lee, S. G. Check the price, shop for the best value, College of Southern Idaho Refugee Programs, Twin Falls, Idaho, November 1, 2019.

Ferguson, K., J. Martinez, and S. G. Lee. Produce prescriptions: A smart solution for health inequality, online webinar, October 21, 2019.

Lee, S. G. Making smart breakfast choices, Twin Falls Senior Center, Twin Falls, Idaho, October 14, 2019

Lee, S. G. Malnutrition, Twin Falls Senior Center, Twin Falls, Idaho, September 9, 2019.

Lee, S. G. Making smart choices when eating fast food, Twin Falls, Idaho, September 3, 2019.

Health and Nutrition (continued):

Baird, C. and S. G. Lee. Anaerobic fermentation, Twin Falls County Fair, Twin Falls, Idaho, August 30, 2019.

Lee, S. G. Let's eat summer squash, Twin Falls Senior Center, Twin Falls, Idaho, August 12, 2019.

Villicana, M. and S. G. Lee. Portion size matters, Community Council of Idaho Migrant and Seasonal Head Start Parent Meeting, Twin Falls, Idaho, July 24, 2019.

Lee, S. G. How to use an air fryer, Twin Falls, Idaho, July 15, 2019.

Lee, S. G. The season for berries, Twin Falls Senior Center, Twin Falls, Idaho, July 8, 2019.

Lee, S. G. Choose MyPlate: Let's eat for the health of it, Twin Falls, Idaho, June 21, 2019.

Lee, S. G. High fructose corn syrup, Twin Falls, Idaho, June 21, 2019.

Lee, S. G. A2 milk, Twin Falls, Idaho, June 21, 2019.

Lee, S. G. All about the dairy group, Twin Falls Senior Center, Twin Falls, Idaho, June 10, 2019.

Lee, S. G. Fiber, Twin Falls Senior Center, Twin Falls, Idaho, May 13, 2019.

Villicana, M. and S. G. Lee. Eat Smart Idaho program, Jerome High School Juntos Parent Night, Jerome, Idaho, May 3, 2019.

Lee, S. G. Tips for a "choosy" eater, Twin Falls, Idaho, April 12, 2019.

Lee, S. G. Special nutrient needs for older adults, Twin Falls Senior Center, Twin Falls, Idaho, April 8, 2019.

Lee, S. G., and G. Manker. School food pantry: Mystery box cook-off, Master Food Safety Advisor Meeting, Twin Falls, Idaho, March 19, 2019.

Lee, S. G., and C. Jayo. Automated self-administered 24-hour dietary recall, Twin Falls, Idaho, March 15, 2019.

Lee, S. G. The role of fiber, Twin Falls, Idaho, 3 sessions, March 13-15, 2019.

Lee, S. G. Fiber and sugar sweetened beverages, Twin Falls, Idaho, March 12, 2019.

Lee, S. G. MyPlate for older adults, Twin Falls Senior Center, Twin Falls, Idaho, March 11, 2019.

Lee, S. G. All about fiber: 100% whole wheat bread vs. white bread, Twin Falls, Idaho, 6 sessions, March 7-22, 2019.

Lee, S. G. Dietary Approach to Stop Hypertension (DASH) diet, Twin Falls Senior Center, Twin Falls, Idaho, February 11, 2019.

Lee, S. G. Check the price, shop for the best value, Twin Falls, Idaho, 3 sessions, February 8-12, 2019.

Lee, S. G. Tips for cooking safely with low vision, Commission for the Blind, Twin Falls, Idaho, January 31, 2019.

Lee, S. G. How to overcome barriers to eat healthy, Twin Falls Senior Center, Twin Falls, Idaho, January 14, 2019.

Lee, S. G. Healthy pot stickers cooking demonstration, Twin Falls, Idaho, December 14, 2019.

Lee, S. G. Cooking safely with your slow cooker, Twin Falls Senior Center, Twin Falls, Idaho, December 10, 2018.

Lee, S. G., and C. Jayo. Fixing funky food, Twin Falls, Idaho, November 19, 2018.

Lee, S. G. Make healthier holiday choices, Twin Falls Senior Center, Twin Falls, Idaho, November 12, 2018.

Ferguson, K. and S. G. Lee. Fruit and vegetable prescription program, Healthy Eating Active Living Idaho Regional Meeting, Twin Falls, Idaho, October 29, 2018.

Lee, S. G. Plan: Know what's for dinner, Twin Falls, Idaho, October 23, 2018.

Lee, S. G. Cut down sodium, Twin Falls Senior Center, Twin Falls, Idaho, October 8, 2018.

Lee, S. G. Portion size matters, Twin Falls Senior Center, Twin Falls, Idaho, September 10, 2018.

Lee, S. G., M. Ellsworth, S. Beem and A. Masoner. Cooking Matters for Child Care Professionals, Twin Falls, Idaho, September 8, 2018.

Lee, S. G. Rethink your drink, Twin Falls Senior Center, Twin Falls, Idaho, August 6, 2018.

Lee, S. G., and C. Jayo. Go Glow Grow curriculum, College of Southern Idaho Head Start center staff trainings, Twin Falls, Idaho, 2 sessions, August 2-3, 2018.

Lee, S. G. Keep food safe, Twin Falls Senior Center, Twin Falls, Idaho, July 9, 2018.

Lee, S. G. Got your dairy today? Twin Falls Senior Center, Twin Falls, Idaho, June 11, 2018.

Lee, S. G., and C. Jayo. Eat Smart Idaho, Central District faculty professional development meeting, Albion, Idaho, May 22, 2018.

Lee, S. G. Vary your protein, Twin Falls Senior Center, Twin Falls, Idaho, May 14, 2018.

Health and Nutrition (continued):

- Lee, S. G. Choosing whole grain foods, Twin Falls Senior Center, Twin Falls, Idaho, April 9, 2018.
- Lee, S. G. Sugar substitutes, Twin Falls, Idaho, March 28, 2018.
- Lee, S. G. Go further with food, Twin Falls Senior Center, Twin Falls, Idaho, March 12, 2018.
- Lee, S. G., C. Jayo and G. Manker. Eat Smart Idaho program, Valley School, Jerome, Idaho, March 8, 2018.
- Lee, S. G. Tips for a healthy heart, Twin Falls Senior Center, Twin Falls, Idaho, February 12, 2018.
- Lee, S. G., and C. Jayo. Safe transport of food (part 2), Twin Falls, Idaho, January 24, 2018.
- Lee, S. G., and C. Jayo. Eat Smart Idaho, Maximus, Twin Falls, Idaho, January 9, 2018.
- Lee, S. G. New year's resolutions, Twin Falls Senior Center, Twin Falls, Idaho, January 8, 2018.
- Lee, S. G., and C. Jayo. Safe transport of food (part 1), Twin Falls, Idaho, December 12, 2017.
- Lee, S. G. Healthy snacking tips, Twin Falls Senior Center, Twin Falls, Idaho, December 4, 2017.
- Lee, S. G. Veggies: Creative & tasty ways to add more vegetables daily, Let's Move Child Care Providers Workshop, Twin Falls, Idaho, November 18, 2017.
- Lee, S. G. Omega 3 vs. omega 6 fatty acids, Twin Falls, Idaho, November 14, 2017.
- Lee, S. G. Shop and cook to prevent T2, Idaho Diabetes Prevention Program, Rupert, Idaho, October 25, 2017.

4-H Youth Development

- Lee, S. G. Teen cooking class: Blueberry muffins with different types of flour, Twin Falls, Idaho, October 10, 2024.
- Lee, S. G. and C. Jayo. Classroom container garden SEED setup/planting (salad gardens), Lincoln Elementary School, Twin Falls, Idaho, October 9, 2024.
- Lee, S. G., T. Miller, and C. Jayo. Classroom container garden SEED setup/planting (salad gardens), Morningside Elementary School, Twin Falls, Idaho, 4 sessions, September 24, 2024.
- Lee, S. G., T. Miller, and C. Jayo. Classroom container garden SEED setup/planting (green beans), I.B. Perrine Elementary School, Twin Falls, Idaho, 6 sessions, September 10, 2024.
- Lee, S. G. Guess the herb, Twin Falls County Fair, Twin Falls, Idaho, August 29, 2024.
- Smith, C. and S. G. Lee. Teen cooking class: Farm to table, Twin Falls, Idaho, August 6, 2024.
- Lee, S. G. Kids in the Kitchen baking camp, Twin Falls, Idaho, 5 sessions, July 22-26, 2024.
- Lee, S. G. Teen cooking class: Tacos, Twin Falls, Idaho, July 9, 2024.
- Lee, S. G. and C. Biggers. Container garden setup/planting (peas and green beans), Felipe Cabral Migrant & Seasonal Head Start, Twin Falls, Idaho, May 21, 2024.
- Lee, S. G., T. Miller, and C. Jayo. Community garden setup/planting, Hollister Elementary School, Hollister, Idaho, May 13, 2024.
- Lee, S. G. and C. Jayo. Classroom container garden SEED taste testing, I.B. Perrine Elementary School, Twin Falls, Idaho, 5 sessions, May 8, 2024.
- Lee, S. G. and C. Jayo. Classroom container garden SEED taste testing, I.B. Perrine Elementary School, Twin Falls, Idaho, 3 sessions, May 7, 2024.
- Lee, S. G. Teen cooking class: Hasselback potatoes, Twin Falls, Idaho, April 30, 2024.
- Lee, S. G. Teen cooking class: MyPlate mini pizza, Twin Falls, Idaho, March 26, 2024.
- Lee, S. G. and T. Miller. Container gardening: Growing edible flowers, I.B. Perrine Elementary School, Twin Falls, Idaho, 7 sessions, February 27, 2024.
- Lee, S. G. Teen cooking class: Healthy fresh spring rolls, Twin Falls, Idaho, February 15, 2024.
- Lee, S. G., T. Miller, and C. Jayo. Classroom container garden SEED setup/planting (herb gardens), I.B. Perrine Elementary School, Twin Falls, Idaho, 11 sessions, January 30, 2024.
- Lee, S. G. Kids in the Kitchen: Healthy holiday baking, Twin Falls, Idaho, December 21, 2023.
- Lee, S. G. Healthy snacking, Northstar Independent Living, Twin Falls, Idaho, December 5, 2023.
- Lee, S. G. Garden salad greens taste testing, I.B. Perrine Elementary School, Twin Falls, Idaho, November 8, 2023.
- Lee, S. G., Z. Soltanmammedova, C. Tran, and A. Harner. Kids in the Kitchen Virtual Cooking Club, monthly virtual cooking classes via Zoom, Idaho and Georgia, 8 sessions, November 2023-October 2024.
- Lee, S. G. Teen cooking class: After-school snacks, Twin Falls, Idaho, October 26, 2023.

4-H Youth Development (continued):

Lee, S. G., T. Miller, and C. Jayo. Classroom container garden SEED setup/planting (salad gardens), Twin Falls, Idaho, 11 sessions, September 27, 2023.

- Lee, S. G., and C. Jayo. Container gardening: Growing salad greens, Twin Falls, Idaho, July 25, 2023.
- Lee, S. G. Kids in the Kitchen baking camp, Twin Falls, Idaho, 5 sessions, July 24-28, 2023.
- Lee, S. G. Teen cooking class: Air fryer empanadas, Twin Falls, Idaho, July 10, 2023.
- Lee, S. G., and T. Miller. Community garden setup/planting: Growing own food, Twin Falls, Idaho, July 7, 2023.
- Lee, S. G., and M. Villicana. Garden salad greens taste testing, Twin Falls, Idaho, July 6, 2023.
- Lee, S. G. Teen cooking class: Cooking with herbs and spices, Twin Falls, Idaho, June 16, 2023.
- Lee, S. G., A. West, T. Miller, and C. Jayo. Community garden setup/planting presented in each of the following locations:

Twin Falls Reformed Church, Twin Falls, Idaho, June 5, 2023.

Felipe Cabral Migrant & Seasonal Head Start, Twin Falls, Idaho, June 1, 2023.

Northside Head Start/Early Head Start, Jerome, Idaho, June 1, 2023.

College of Southern Idaho Head Start/Early Head Start, Twin Falls, Idaho, May 31, 2023. Hollister Elementary School, Hollister, Idaho, May 23, 2023.

- Lee, S. G., C. Biggers, and M. Villicana. Kids in the garden: Growing radishes, Family wellness night, Valley School, Jerome, Idaho, April 27, 2023.
- Lee, S. G., C. Biggers, and M. Villicana. MyPlate eating on a budget, Spring family night, Lincoln Elementary School, Twin Falls, Idaho, April 5, 2023.
- Lee, S. G. Container gardening: Growing edible flowers presented in each of the following locations:
 - Bickel Elementary School, Twin Falls, Idaho, 2 sessions, April 5, 2023.
 - I.B. Perrine Elementary School, Twin Falls, Idaho, 4 sessions, April 4, 2023.
- Lee, S. G. Classroom container garden SEED green smoothie with garden greens, I.B. Perrine Elementary School, Twin Falls, Idaho, March 29, 2023.
- Lee, S. G. Juvenile probation activity: MyPlate mini pizza, Twin Falls, Idaho, March 23, 2023.
- Lee, S. G. Adulting 101 for teens: Cooking food from around the world, Twin Falls, Idaho, March 14, 2023.
- Lee, S. G. Classroom container garden SEED taste testing presented in the following classes: Bickel Elementary School, Twin Falls, Idaho, 2 sessions, March 15, 2023.
 - I.B. Perrine Elementary School, Twin Falls, Idaho, 4 sessions, March 1, 2023.
 - I.B. Perrine Elementary School, Twin Falls, Idaho, 3 sessions, February 28, 2023.
- Lee, S. G. Adulting 101 for teens: Cooking delicious dinner and snack, Twin Falls, Idaho, February 28, 2023.
- Lee, S. G. Classroom container garden SEED harvesting and drying, Twin Falls, Idaho, 2 sessions, February 15, 2023.
- Lee, S. G. Classroom container garden SEED setup/planting (salad gardens) presented in the following classes:
 - I.B. Perrine Elementary School, Twin Falls, Idaho, March 1, 2023.
 - I.B. Perrine Elementary School, Twin Falls, Idaho, February 24, 2023.
 - Bickel Elementary School, Twin Falls, Idaho, 2 sessions, February 23, 2023.
 - I.B. Perrine Elementary School, Twin Falls, Idaho, January 25, 2023.
- Lee, S. G. Adulting 101 for teens: Cooking basic breakfast and lunch, Twin Falls, Idaho, January 24, 2023.
- Lee, S. G. Container gardening: Growing herbs, Twin Falls, Idaho, 7 sessions, November 29, 2022.
- Lee, S. G., K. Hickok, Z. Soltanmammedova, M.B. Hornbeck, C. Tran, and A. Harner. Kids in the Kitchen Virtual Cooking Club, monthly virtual cooking classes via Zoom, Idaho and Georgia, 16 sessions, November 2022-October 2023.
- Lee, S. G., and C. Ruiz. MyPlate, Northstar Independent Living, Twin Falls, Idaho, October 11, 2022.
- Lee, S. G., C. Jayo, and S. Ettesvold. Kids in the garden: Growing radishes, Communities activities in the park, Jerome, Idaho, June 28, 2022.

4-H Youth Development (continued):

Lee, S. G., C. Jayo, and S. Ettesvold. Kids in the garden: Growing basil, USDA Summer Food Service program, Murtaugh, Idaho, June 27, 2022.

- Lee, S. G., and M. Villicana. Growing pumpkins from seeds, Felipe Cabral Migrant & Seasonal Head Start, Twin Falls, Idaho, April 30, 2022.
- Lee, S. G., and C. Jayo. Rethink your drink, Valley School, Jerome, Idaho, March 31, 2022.
- Lee, S. G., and G. Manker. School food pantry: Mystery box cook-off, Robert Stuart Middle School, Twin Falls, Idaho, 3 sessions, December 6-10, 2021.
- Lee, S. G. MyPlate My Idaho, Boys and Girls Club of Magic Valley, Twin Falls, Idaho, 5 sessions, July 26-30, 2021.
- Lee, S. G., C. Jayo, and S. Ettesvold. Growing radishes, Communities activities in the park, Jerome, Idaho, June 22, 2021.
- Lee, S. G., and G. Manker. School food pantry: Mystery box cook-off, Robert Stuart Middle School, Twin Falls, Idaho, 3 sessions, December 3-5, 2020.
- Lee, S. G. MyPlate My Idaho, Boys and Girls Club of Magic Valley, Twin Falls, Idaho, 5 sessions, July 6-10, 2020.
- Lee, S. G. MyPlate My Idaho, Boys and Girls Club of Magic Valley, Twin Falls, Idaho, 5 sessions, July 29-August 2, 2019.
- Lee, S. G., C. Jayo, and S. Ettesvold. Rethink your drink, Buhl summer fun day at the park, Buhl, Idaho, July 16, 2019.
- Lee, S. G., G. Manker, C. Jayo, and S. Ettesvold. School food pantry: Mystery box cook-off, Robert Stuart Middle School, Twin Falls, Idaho, 3 sessions, April 24-May 1, 2019.
- Lee, S. G. Rethink your drink: Sugar sweetened beverages, Twin Falls High School, Twin Falls, Idaho, 2 sessions, April 15, 2019.
- Lee, S. G., C. Jayo, and S. Ettesvold. Slow cooker recipes, Jerome High School, Jerome, Idaho, April 8, 2019.
- Lee, S. G., C. Jayo, and S. Ettesvold. Menu planning, Nutrition Facts label reading and food prices comparison, Jerome High School, Jerome, Idaho, April 1, 2019.
- Lee, S. G., C. Jayo, and S. Ettesvold. Food insecurity in Idaho, Jerome High School, Jerome, Idaho, March 11, 2019.
- Lee, S. G. Handwashing, Wendell Elementary School, Wendell, Idaho, 4 sessions, August 27, 2018.
- Lee, S. G., and C. Jayo. Rethink your drink, Buhl summer fun day, Buhl, Idaho, July 17, 2018.
- Lee, S. G., and C. Jayo. Rethink your drink, USDA Summer Food Service program, Gooding, Idaho, June 12, 2018.
- Lee, S. G., C. Jayo, and S. Ettesvold. Growing own food, Lincoln Elementary School, Twin Falls, Idaho, May 17, 2018.
- Lee, S. G., G. Manker, and S. Ettesvold. School food pantry: Mystery box cook-off, Canyon Ridge High School, Twin Falls, Idaho, 3 sessions, April 23-27, 2018.
- Lee, S. G., C. Jayo, and S. Ettesvold. Rethink your drink, STEM+A night, Robert Stuart Middle School, Twin Falls, Idaho, April 18, 2018.
- Lee, S. G. Vary your protein, Hansen Elementary School, Hansen, Idaho, 2 sessions, February 9, 2018.
- Lee, S. G. Eating a rainbow, Hansen Elementary School, Hansen, Idaho, 2 sessions, February 2, 2018.
- Lee, S. G. Food safety, 4-H Livestock skill-a-thon competition, Jerome, Idaho, January 27, 2018.
- Lee, S. G. Eating a rainbow, Hansen Elementary School, Hansen, Idaho, September 29, 2017.

SCHOLARSHIP ACCOMPLISHMENTS:

Publications, Exhibitions, Performances, Recitals:

Refereed:

Journals:

Roe, A., B. Morrisroe-Aman, L. Foist, S. G. Lee, S. Johnson, J. Peutz, and K. Hansen. 2021. Long Live Idaho!: Lessons learned from a Supplemental Nutrition Assistance Program Education social marketing campaign. Journal of National Extension Association of Family and Consumer Sciences, 16, p. 110-115. https://neafcs.memberclicks.net/assets/documents/journal/2021jneafcs/2021-JNEAFCS-Final-Web.pdf (5, 6)

Lee, S. G.*, G. Manker, N. Ghimire, L. Foist, and J. Buck. 2021. School pantry cook-off: An approach to educate youth on food insecurity. Journal of Extension, 59(4), Article 9. https://doi.org/10.34068/joe.59.04.09 (1, 2, 3, 4, 5, 6)

Extension Publications:

Bulletins/Pacific Northwest (PNW) Publications:

- A. Roe, A. Agenbroad, J. Elvira, S. Johnson, J. Peutz, **S. G. Lee**, K. Hansen, and H. Whitehead. 2023. Market fresh in a snap! BUL 1025. https://www.uidaho.edu/extension/publications/publication-detail?id=bul1025 (1, 3, 5, 6)
- West, A., S. G. Lee*, C. Jacobia, and C. Jayo. 2023. Tool kit for establishing an indoor container garden program. BUL 1044. https://www.uidaho.edu/extension/publications/publication-detail?id=bul1044 (1, 2, 3, 4, 5, 6)
- Lee, S. G.*, S. Ettesvold, and C. Jayo. 2020. Slow cooking from start to finish. University of Idaho Extension. PNW 735. https://www.extension.uidaho.edu/publishing/html/PNW735-Slow-Cooking-from-Start-to-Finish.aspx (1, 2, 5, 6)

Curricula:

Jensen, K., M. Toomey, S. Johnson, J. Buck, L. Blanch, K. Tifft, and S. G. Lee. 2022. Five for Five: Five minutes to better health. University of Idaho Extension. ECS 018. https://www.uidaho.edu/extension/publications (5, 6)

Videos/Educational Media:

- Roe, A., B. Liang, H, Kindelspire, J. Whiteley, J. Gardiner, K. Hansen, **S. G. Lee**, C. Jayo, B. Woodhouse, S. Johnson, K. Gardiner, and J. Peutz. 2023. Feed your kids a rainbow: Banana blueberry bean smoothie. EVS 0015. https://www.youtube.com/watch?v=A2KDJL6q458
- Roe, A., J. Bricky, K. Hansen, **S. G. Lee**, C. Jayo, L. Foist, B. Woodhouse, S. Johnson, K. Gardiner, J. Peutz and J. Elvira. 2022. Eat Smart Idaho grocery store tour. EVS 0042. https://www.youtube.com/watch?v=wkbb0hRC9hs

Peer Reviewed/Evaluated:

Professional Meeting Abstracts and Proceedings:

Lee, S. G.*, T. Miller, A. West, C. Jayo, C. Jacobia, A. Roe, and K. Hansen. 2024. Indoor container garden promotes youth engagement and wellness during school year, National Extension Association of Family and Consumer Sciences Annual Session, Tucson, Arizona. (1, 2, 3, 4, 5, 6)

- Manker, G., S. G. Lee, and G. Wittman. 2024. Healthy Meals for Busy Families, National Extension Association of Family and Consumer Sciences Annual Session, Tucson, Arizona. (1, 2, 3, 4, 5, 6)
- Lee, S. G.*, G. Manker, and J. Buck. 2022. School pantry mystery food box cook-off: Educating youth on food insecurity and healthy meal preparation, National Extension Association of Family and Consumer Sciences Annual Session, Raleigh, North Carolina. (1, 2, 3, 4, 5, 6)
- Soltanmammedova, Z., S. G. Lee, M.B. Hornbeck, and T. Chasity. 2022. Kids in the Kitchen teaches youth and families nutrition, food safety, and cooking skills to improve kitchen self-efficacy, Society for Nutrition Education and Behavior Annual Conference, Atlanta, Georgia. (2, 3, 4, 5, 6)
- West, A. and S. G. Lee. 2022. Small scale sustainable community gardens to help alleviate food insecurity, National Urban Extension Conference, Camden, New Jersey. (2, 3, 4, 5, 6)
- Soltanmammedova, Z., M.B. Hornbeck, and S. G. Lee. 2021. Kids in the Kitchen Virtual Cooking Club, National Extension Association of Family and Consumer Sciences, Virtual Conference. (2, 3, 4, 5, 6)
- Lee, S. G.*, G. Manker, L. Foist, and J. Buck. 2020. School pantry mystery box cook-off: An approach to educate teens on food security, National Association of Extension 4-H Youth Development Professionals Conference, Virtual Annual Meeting. (1, 2, 3, 4, 5, 6)
- Lee, S. G.*, A. Roe, and C. Jayo. 2020. Fruit and vegetable prescription program improves dietary intake and health beliefs of at-risk pediatrics and caregivers, Society for Nutrition Education and Behavior Annual Conference, Virtual Meeting. (1, 2, 3, 4, 5, 6)
- Lee, S. G.*, G. Manker, S. Ettesvold, C. Jayo, A. Roe, and N. Ghimire. 2019. School pantry mystery box cook-off: An approach to educate teens on food security, National Urban Extension Conference, Seattle, Washington. (1, 2, 3, 4, 5, 6)
- Ettesvold, S., G. Manker, S. G. Lee*, and C. Jayo. 2018. School pantry cook-off: A strategy to create food insecurity awareness and develop meal planning and cooking skills in teens, Society for Nutrition Education and Behavior Annual Conference, Minneapolis, Minnesota. (1, 2, 3, 4, 5, 6)
- Roe, A., J. Buck, K. Gardner, K. Hansen, C. Jayo, S. Johnson, S. G. Lee, B. Morrisroe-Aman, J. Peutz, S. Sandoval, and B. Woodhouse. 2018. Eat Smart Idaho: Bridging nutrition education and environmental change for low-resource Idahoans, Idaho Academy of Nutrition and Dietetics Annual Conference, Sun Valley, Idaho. (3, 5, 6)

Other:

University of Idaho Extension Impact Statements:

Lee, S. G., T. Miller, A. West, C. Jayo, C. Jacobia, A. Roe, and K. Hansen. 2024. Indoor container garden promotes youth engagement and wellness in schools. https://www.uidaho.edu/-/media/uidaho-responsive/files/extension/admin/impacts/2024/17-24-slee-indoor-garden.pdf?la=en&rev=d4b4e5f6c8524ceca0c191a62a018db2

University of Idaho Extension Impact Statements (continued):

Lee, S. G., G. Wittman, and G. Manker. 2023. Healthy meals for busy families reduced spending at the drive thru. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2023/59-23-sglee-busy-families.pdf?la=en&hash=49FAD9053512052FC9B9C1CDCC109FAC492AABA1

- McConnell-Soong, L., J. Peutz, M. de Haro-Marti, S. G. Lee, M. Chahine, and B. Morrisroe-Aman. 2023. EXCITE team integrates farm safety and immunization education, access to vaccines. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2023/42-23-lmcconnell-soong-farm-vaccines.pdf?la=en&hash=71CDEA45B1CCF5D1D8CE83D447D815C94F81753F
- McConnell-Soong, L., J. Peutz, M. de Haro-Marti, S. G. Lee, M. Chahine, and B. Morrisroe-Aman. 2023. EXCITE program establishes innovative model for mobile vaccine clinics. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2023/41-23-lmcconnell-soong-vaccine-clinics.pdf?la=en&hash=C2A231BD2BD136F6AC78B70DB18176AB03CEB071
- McConnell-Soong, L., J. Peutz, **S. G. Lee**, M. Chahine, B. Morrisroe-Aman, and M. de Haro-Marti. 2023. UI Extension collaborative on immunization teaching and engagement. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2023/11-23-lmcconnellsoong-excite.pdf?la=en&hash=5D4279AA202FD175D3660A54A336FF1B45BB70A2
- West, A., **S. G. Lee**, C. Jayo, A. Roe, and K. Hansen. 2022. Twin Falls community gardens increase access to healthy foods and provide education. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2022/20-22-awest-community-gardens.pdf?la=en&hash=F16BAE49827AC6093567903996109D3A12A054C5
- Manker, G., S. G. Lee, J. Schoenfelder, C. Jayo, and E. Reyes. 2021. Eat Smart Idaho support Juntos family engagement with healthy meal kits. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2021/34-21-gmanker-juntos-family.pdf?la=en&hash=19B56FDDED228241069E6DE88E227B68757805B3
- Lee, S. G. 2021. Virtual cooking club brings youth and families together in their kitchens. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2021/16-21-slee-virtual-cooking.pdf?la=en&hash=872187A446E751FBAFBD5A36385445430F7065CF
- Lee, S. G., A. Roe, and C. Jayo. 2020. The effectiveness of a fruit and vegetable prescription program for at-risk children. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2020/19-20-slee-fruit-vegetable-program.pdf?la=en&hash=246845D83D2F5DC13726790F95C16AC0408A2F2B
- Lee, S. G., C. Jayo, A. Roe, and K. Hansen. 2019. Eat Smart Idaho collaborates with Head Start to reach preschoolers. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2019/24-19-slee-teach-preschoolers.pdf?la=en&hash=2E210FC63B054D48B0F911C3F008199081E1DEC6
- Buck, J., G. Manker, J. Amende, B. Morrisroe-Aman, and **S. G. Lee**. 2019. Dining with Diabetes class participants increase knowledge. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2019/18-19-jbuck-diabetes.pdf?la=en&hash=C74FFED912ABE5FECBA93B5ACBF0D78CB6D84EF2
- Lee, S. G., G. Manker, S. Ettesvold, C. Jayo, A. Roe, and N. Ghimire. 2018. School pantry mystery box cook-off increased students' food insecurity awareness. https://www.uidaho.edu/-/media/UIdaho-Responsive/Files/Extension/admin/Impacts/2018/21-18-sguanlee-food-insecurity.pdf?la=en&hash=9A33D7CA6F0B76AC13C407BB1B879CD73789D0A4

Thesis and Dissertations:

Lee, S. G. 2017. Repeated texture exposure increased children's intake of less preferred yogurt textures: Evidence for practice. Master of Science thesis.

Scholarly Presentations and Other Creative Activities:

Displays and Posters:

- Lee, S. G., T. Miller, A. West, C. Jayo, C. Jacobia, A. Roe, and K. Hansen. 2024. Indoor container garden promotes youth engagement and wellness during school year, National Extension Association of Family and Consumer Sciences Annual Session, Tucson, Arizona.
- Soltanmammedova, Z., S. G. Lee, M.B. Hornbeck, A. Harner, and C. Tran. 2024. Kids in the Kitchen teaches youth and families nutrition, food safety, and cooking skills to increase self-efficacy in the kitchen, American Society for Nutrition: Nutrition 2024 Annual Conference, Chicago, Illinois.
- McConnell-Soong, L., **S. G. Lee**, J. Peutz, M. de Haro-Marti, B. Morrisroe-Aman, and M. Chahine. 2023. Building health equity and partnerships through immunization education projects, University of Idaho Extension Annual Conference, Sun Valley, Idaho.
- Soltanmammedova, Z., S. G. Lee, M.B. Hornbeck, and T. Chasity. 2022. Kids in the Kitchen teaches youth and families nutrition, food safety, and cooking skills to improve kitchen self-efficacy, Society for Nutrition Education and Behavior Annual Conference, Atlanta, Georgia.
- Lee, S. G., A. Roe, and C. Jayo. 2020. Fruit and vegetable prescription program improves dietary intake and health beliefs of at-risk pediatrics and caregivers, Society for Nutrition Education and Behavior Annual Conference, Virtual Meeting.
- Ettesvold, S., G. Manker, **S. G. Lee,** and C. Jayo. 2018. School pantry cook-off: A strategy to create food insecurity awareness and develop meal planning and cooking skills in teens, Society for Nutrition Education and Behavior Annual Conference, Minneapolis, Minnesota.
- Roe, A., J. Buck, K. Gardner, K. Hansen, C. Jayo, S. Johnson, **S. G. Lee**, B. Morrisroe-Aman, J. Peutz, S. Sandoval, and B. Woodhouse. 2018. Eat Smart Idaho: Bridging nutrition education and environmental change for low-resource Idahoans, Idaho Academy of Nutrition and Dietetics Annual Conference, Sun Valley, Idaho.

Professional Meeting Papers, Workshops:

- Lee, S. G. and T. Miller. 2024. Indoor container gardens SEED (Science, Education, Environment, Dietary), National Association of Extension 4-H Youth Development Professionals Annual Conference, Boise, Idaho.
- Manker, G., S. G. Lee, and G. Wittman. 2024. Healthy Meals for Busy Families, National Extension Association of Family and Consumer Sciences Annual Session, Tucson, Arizona.
- West, A. and **S. G. Lee**. 2023. Indoor container gardens SEED (Science, Education, Environment, Dietary), National Association of County Agricultural Agents, Western Region Annual Meeting/Professional Improvement Conference, Hurricane, Utah.
- McConnell-Soong, L., J. Peutz, M. Toomey, B. Morrisroe-Aman, L. Sant, S, Greenway, T. Howard, S. G. Lee, M. de Haro-Marti, and M. Chahine. 2023. Foundations before frameworks: Setting the stage for implementing Cooperative Extension's National Framework for Health Equity and Well-Being, National Health Outreach and Engagement Conference, Ithaca, NY.

Professional Meeting Papers, Workshops (continued):

Lee, S. G., and West, A. 2023. Indoor container gardens – SEED (Science, Education, Environment, Dietary), University of Idaho Extension Annual Conference, Sun Valley, Idaho.

- Toomey, M., J. Buck, Kirstin, J., S. Johnson, L. Blanch, K. Tifft, and **S. G. Lee**. 2023. Five for Five: Five minutes to better health, Pacific Northwest 4-H Professionals Conference, Boise, Idaho.
- Lee, S. G., G. Manker, and J. Buck. 2022. School pantry mystery food box cook-off: Educating youth on food insecurity and healthy meal preparation, National Extension Association of Family and Consumer Sciences Annual Session, Raleigh, North Carolina.
- West, A. and S. G. Lee. 2022. Small scale sustainable community gardens to help alleviate food insecurity, National Urban Extension Conference, Camden, New Jersey.
- Jensen, K., M. Toomey, S. Johnson, J. Buck, L. Blanch, K. Tifft, and S. G. Lee. 2022. Five for Five: Five minutes to better health, University of Idaho Extension Annual Conference, Moscow, Idaho.
- Soltanmammedova, Z., M.B. Hornbeck, and S. G. Lee. 2021. Kids in the Kitchen: Virtual cooking club, National Extension Association of Family and Consumer Sciences, Virtual Conference.
- Lee, S. G., G. Manker, L. Foist, and J. Buck. 2020. School pantry mystery box cook-off: An approach to educate teens on food security, National Association of Extension 4-H Youth Development Professionals Conference, Virtual Annual Meeting.
- Lee, S. G., G. Manker, S. Ettesvold, C. Jayo, A. Roe, and N. Ghimire. 2019. School pantry mystery box cook-off: An approach to educate teens on food security, National Urban Extension Conference, Seattle, Washington.

Grants and Contracts Awarded:

- Roe, A., K. Hansen, S. Johnson, J. Peutz, and S. G. Lee. USDA Supplemental Nutrition Assistance Program Education, FY2024-2025, \$1,180,000 (\$274,263 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, and S. G. Lee, USDA National Institute of Food and Agriculture Expanded Food and Nutrition Education Program, FY2024-2025, \$483,626 (\$79,422 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, **S. G. Lee**, and K. Hickok. USDA Supplemental Nutrition Assistance Program Education, FY2023-2024, \$1,132,348 (\$264,526 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, S. G. Lee, and K. Hickok. USDA National Institute of Food and Agriculture Expanded Food and Nutrition Education Program, FY2023-2024, \$492,684 (\$74,664 spending authority).
- Roe, A., M. Powell, C. Ross, S. Johnson, **S. G. Lee**, and J. Bledsoe. USDA National Institute of Food and Agriculture: Agriculture and Food Research Initiative, Increasing trout consumption in young children and families for cognitive and mental health benefit, 2023-2028, \$1,115,500.
- Lee, S. G., G. Wittman, and G. Manker. Healthy Meals for Busy Families, Innovative Project Awards, 2023, \$2,500 (\$2,500 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, **S. G. Lee**, and K. Hickok. USDA Supplemental Nutrition Assistance Program Education, FY2022-2023, \$1,132,348 (\$231,390 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, **S. G. Lee**, and K. Hickok. USDA National Institute of Food and Agriculture Expanded Food and Nutrition Education Program, FY2022-2023, \$481,146 (\$105,052 spending authority).

Grants and Contracts Awarded (continued):

Roe, A., J. Peutz, S. Johnson, **S. G. Lee**, K. Hansen, K. Gardiner, H. Whitehead, C. Jayo, B. Woodhouse, and C. Roe. Long Live Idaho! Let's get healthy together 3.0, Innovative Project Awards, 2022, \$10,000.

- Jensen, K., M. Toomey, S. Johnson, J. Buck, L. Blanch, K. Tifft, and S. G. Lee. Five for Five: Five minutes to better health. Innovative Project Awards, 2022, \$10,000.
- Wittman, G., S. G. Lee, G. Manker, and B. Hutchings. Healthy Meals for Busy Families, Innovative Project Awards, 2022, \$3,000 (\$3,000 co-spending authority).
- Amende, J., J. Peutz, M. Chahine, M. de Haro Martí, S. G. Lee, J.H. Kim, and B. Morrisroe-Aman. Extension Collaborative Immunization Teaching and Engagement (EXCITE): Activity 2. Extension Foundation (Centers for Disease Control and Prevention), 2021-2023, \$199,898.
- Amende, J., J. Peutz, M. Chahine, M. de Haro Martí, S. G. Lee, J.H. Kim, and B. Morrisroe-Aman. Extension Collaborative Immunization Teaching and Engagement (EXCITE): Activity 1. Extension Foundation (Centers for Disease Control and Prevention), 2021-2022, \$24,174.
- Lee, S. G., and A. West. Gardening to improve children's health, Blue Cross of Idaho Foundation for Health Community Transformation Grant, 2021-2022, \$43,999 (\$43,999 co-spending authority).
- Roe, A., K. Hansen, S. Johnson, K. Gardiner, J. Peutz, J. Elvira, **S. G. Lee,** C. Jayo, B. Woodhouse, H. Becker, K. Miner, and D. Pierce-Garnett. Eat Smart Idaho Targeting the hidden hungry, Innovative Project Awards, 2021-2022, \$9,997.
- Lee, S. G., and C. Jayo. Small spaces gardening. USDA Supplemental Nutrition Assistance Program Education carryover funds, 2021-2022, \$4,300 (\$4,300 spending authority).
- Manker, G., J. Buck, **S. G. Lee**, and J. Amende. Dining with Diabetes outreach to Hispanic/Latinx audiences, Innovative Project Awards, 2020, \$4,000 (\$1,000 spending authority).
- Roe, A., C. Vella, M. Powell, and S. G. Lee. Nutrition education strategies to increase trout consumption in parent-child dyads for inflammatory and cognitive benefit, University of Idaho Family & Consumer Sciences Seed Grant Program, 2019, \$12,500 (no spending authority).
- Tsao, L., J. Dyckman, and S. G. Lee. Mealtimes for young children: Factors associating child feeding practices among migrant and seasonal farmworker families in Idaho, University of Idaho Family & Consumer Sciences Seed Grant Program, 2019, \$12,500 (no spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, S. G. Lee, L. Foist, K. Gardiner, J. Elvira, C. Jayo, and B. Woodhouse. Cost efficiency and benefit analysis of Eat Smart Idaho's SNAP-Ed Program, Innovative Project Awards, 2019, \$7,500 (no spending authority).
- Toomey, M., A. Roe, K. Hansen, S. Johnson, J. Peutz, **S. G. Lee**, and L. Foist. 4-H Healthy Habits. National 4-H Council and the Walmart Foundation, 2018-2021, \$122,920 (no spending authority).
- Lee, S. G., and A. Roe. Wholesome Wave: Fruit and vegetable prescription program, 2018-2019, \$80,000 (\$6,000 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, **S. G. Lee**, and L. Foist. USDA Supplemental Nutrition Assistance Program Education, 2017-2022, \$4,971,740 (\$806,852 spending authority).
- Roe, A., K. Hansen, S. Johnson, J. Peutz, **S. G. Lee**, and L. Foist. National Institute of Food and Agriculture Expanded Food and Nutrition Education Program, 2017-2022, \$1,971,721 (\$366,700 spending authority).

Internal Funding Awarded:

Lee, S. G. University of Idaho Extension travel funding to attend National Association of Extension 4-H Youth Development Professionals Annual Conference, 2024, \$375.

- Lee, S. G. Mildred Haberly Endowment Award to attend National Extension Association of Family and Consumer Sciences Annual Session, 2024, \$2,799.
- Lee, S. G. Joint Council of Extension Professionals Scholarship Award to attend American Society for Nutrition Annual Conference, 2024, \$300.
- Wittman, G., S. G. Lee, and G. Manker. Healthy Meals for Busy People Older Adults edition, Innovative Project Awards, 2024, \$2,500 (\$2,500 spending authority).
- Lee, S. G. University of Idaho Extension Twin Falls County Nutrition & Health Internship, 400 hours, 2024, \$6.800.
- Lee, S. G. Mildred Haberly Endowment Award to attend National Extension Association of Family and Consumer Sciences Annual Session, 2023, \$2,726.
- Lee, S. G. Mildred Haberly Endowment Award to attend National Extension Association of Family and Consumer Sciences Annual Session, 2022, \$2,676.
- Lee, S. G. Mildred Haberly Endowment Award to attend National Extension Association of Family and Consumer Sciences Annual Session, 2021, \$1,912.
- Lee, S. G. University of Idaho Extension Student Summer Internship, 400 hours, 2021, \$5,000.
- Lee, S. G. Mildred Haberly Endowment Award to attend Society for Nutrition Education and Behavior Annual Conference, 2020, \$1,300.
- Lee, S. G. University of Idaho Extension Student Summer Internship, 400 hours, 2019, \$5,000.
- Lee, S. G. University of Idaho Extension Twin Falls County Nutrition & Health Internship, 680 hours, 2019, \$8,500.
- Lee, S. G. Mildred Haberly Endowment Award to attend National Urban Extension Conference, 2019, \$1,313.
- Lee, S. G. National Extension Association of Family and Consumer Sciences First Timer Scholarship Award, 2018, \$425.
- Lee, S. G. Mildred Haberly Endowment Award to attend National Extension Association of Family and Consumer Sciences Annual Session, 2018, \$1,929.
- Lee, S. G. Joint Council of Extension Professionals Scholarship Award to attend Society for Nutrition Education and Behavior Annual Conference, 2018, \$300.

In-kind and Industry Support:

- Lee, S. G. Everybody House, In-kind 10 air fryers for Eat Smart Idaho nutrition education classes, 2024, \$450.
- Lee, S. G. Chobani, In-kind Chobani products for programming and events, 2024, \$2,500.
- West, A. and S. G. Lee. Webb Landscape INC, In-kind plant starters for the garden project, 2024, \$340.
- Lee, S. G. Eat Smart Idaho nutrition education classes with air fryers, IDeA Network of Biomedical Research Excellence (INBRE) from the National Institutes of Health, In-kind 40 air fryers, 2024, \$2,926.

In-kind and Industry Support (continued):

- Lee, S. G. Clif Bar, In-kind Clif Bar products for programming and events, 2024, \$500.
- Lee, S. G. Chobani, In-kind Chobani products for programming and events, 2023, \$3,000.
- Lee, S. G. Moss Greenhouses, In-kind plant starters, 2023, \$500.
- Lee, S. G. Everybody House: Food and nutrition classes, St. Luke's Community Health Improvement Fund, In-kind 15 air fryers, 20 dehydrators and class supplies, 2023, \$1,850.
- Lee, S. G. Gift donation from Dairy West for the Dairy World Tour program, 2022, \$500.
- Lee, S. G. Chobani, In-kind Chobani products for programming and events, 2022, \$2,500.
- Lee, S. G., and A. West. Moss Greenhouses, In-kind plant starters, 2022, \$3,000.
- Gharring, H., S. G. Lee, and C. Jayo. Everybody House: Food and nutrition education, St. Luke's Community Health Improvement Fund, In-kind supplies and materials for classes, 2021-2022, \$3,000.
- Lee, S. G., and A. West. Gift donation from Chobani for the community garden project, 2021-2022, \$7,500.
- Lee, S. G. Chobani, In-kind Chobani products for summer programming, 2021, \$492.
- Lee, S. G., and A. West. Moss Greenhouses, In-kind plant starters, 2021, \$1,985.
- Schroeder, J., **S. G. Lee**, and G. Manker. Martha & Mary Food Pantry: Food preservation, St. Luke's Community Health Improvement Fund, In-kind 50 dehydrators and food preservation supplies, 2021, \$6,000.
- Younger, C., S. G. Lee, and C. Jayo. Mountain View Food Pantry, St. Luke's Community Health Improvement Fund, In-kind 60 slow cookers, 2021, \$1,800.
- Villanueva, D., S. G. Lee, and C. Jayo. Go Glow Grow, In-kind food demonstration/tasting items, College of Southern Idaho Head Start/Early Head Start, 2018-2022, \$1,000.
- Schroeder, J., S. G. Lee, and C. Jayo. Martha & Mary Food Pantry: Fast food that's not fast food, In-kind 60 slow cookers, 2019, \$1,000.
- Lee, S. G., and A. Roe. Wholesome Wave: Fruit and vegetable prescription program, In-kind Chobani yogurts and yogurt vouchers, 2018-2019, \$20,000.

Scholarship Honors and Awards:

- Lee, S. G., T. Miller, A. West, C. Jayo, C. Jacobia, A. Roe, and K. Hansen. National Extension Association of Family and Consumer Sciences School Wellness Award for indoor container garden promotes youth engagement and wellness during school year, 1st Place National, 1st Place Western Region, 2024.
- Peutz, J., A. Agenbroad, S. Johnson, S. G. Lee, A. Roe, and K. Hansen. National Extension Association of Family and Consumer Sciences Communications: Educational Publication Award for Market Fresh in a SNAP! 2nd Place National, 1st Place Western Region, 2024.
- Lee, S. G. and K. Hickok. University of Idaho Extension Team Diversity Award, 2024.
- Lee, S. G., G. Manker, and G. Wittman. National Extension Association of Family and Consumer Sciences, Family Health and Wellness Award for Healthy Meals for Busy Families, 3rd Place Western Region, 2023.

Scholarship Honors and Awards (continued):

Soltanmammedova, Z., M.B. Hornbeck, S. G. Lee, and C. Tompkins. National Extension Association of Family and Consumer Sciences, Excellence in Multi State Collaboration Award for Kids in the Kitchen Virtual Cooking Club, 2nd Place National, 1st Place Western Region, 2022.

- Lee, S. G., G. Manker, J. Buck., N. Ghimire, L. Foist, C. Jayo, and S. Ettesvold. National Extension Association of Family and Consumer Science, Innovative Youth Development Programming Award for School Pantry Mystery Food Box Cook-Off, 3rd Place National, 1st Place Western Region, 2022.
- Bodily, B., L. McConnell-Soong, **S. G. Lee**, et al. South-Central Public Health District, Regional Health Hero Award for Hispanic Coalition, 2022.
- Hornbeck, M.B., Z. Soltanmammedova, and S. G. Lee. National Extension Association of Family and Consumer Sciences, Food Safety Award for Kids in the Kitchen Virtual Cooking Club, 3rd Place National, 3rd Place Southern Region, 2021.
- Lee, S. G., Z. Soltanmammedova, and M.B. Hornbeck. National Extension Association of Family and Consumer Sciences, Family Health and Wellness Award for Kids in the Kitchen Virtual Cooking Club, 1st Place Western Region, 2021.
- Soltanmammedova, Z., M.B. Hornbeck, and S. G. Lee. National Extension Association of Family and Consumer Sciences, Innovation in Youth Development Programming Award for Kids in the Kitchen Virtual Cooking Club, 3rd Place Southern Region, 2021.

SERVICE:

Major Committee Assignments:

National:

National Dining with Diabetes Working Group, 2018-2024 Evaluation Subcommittee, 2019-20241

University:

University of Idaho Graduate Student's Thesis Committee, 2023-present University of Idaho Human Nutrition and Health Specialist Search Committee, 2022

Extension:

Out-of-district mentor for M. Fisher, 2024-present
University of Idaho Extension Advisory Committee, 2020-present
University of Idaho Extension Eat Smart Idaho Administrative Team, 2017-present
University of Idaho Extension Health and Wellness Priority Extension Theme, 2017-present

District:

Central District Director Search Committee, 2022

Hispanic Coalition, 2021-2022

Central District Promotion and Tenure Committee, 2021

Central District Eat Smart Idaho EFNEP Nutrition Instructor Search Committee Chair, 2019-2021

Central District Family and Consumer Sciences Team Committee, 2017-present

Central District Professional Development Meeting Committee, 2017-present

County/Local:

Twin Falls County Community Transformation Grant Food subcommittee, 2021-2022

Twin Falls County Nutrition & Health Summer Intern Search Committee Chair, 2021

Twin Falls County Nutrition & Health Summer Intern Search Committee Chair, 2020

Twin Falls County Nutrition & Health Summer Intern Search Committee Chair, 2019

Twin Falls County Program Coordinator Search Committee Chair, 2018

County/Local (continued):

Twin Falls County Nutrition & Health Summer Intern Search Committee, 2018

Twin Falls County Horticulture Extension Educator Search Committee, 2018

College of Southern Idaho Head Start/Early Head Start Health Services Advisory Board, 2017-present

Professional and Scholarly Organizations:

American Society for Nutrition, 2024

Idaho Affiliate of the National Extension Association of Family and Consumer Sciences, 2017-present

Vice-President for Member Resources, 2021-present

Treasurer, 2021-present

National Extension Association of Family and Consumer Sciences, 2017-present

Magic Valley Dietitians Association, 2017-present

Society for Nutrition Education and Behavior, 2018-2019

Academy of Nutrition and Dietetics, 2017-2018

Idaho Academy of Nutrition and Dietetics, 2017-2018

Outreach Service:

Classes, Workshops, Seminars, Share Fairs and Tours Organized:

Air fryer class series – Eating Smart Moving More

Twin Falls, Idaho, 8 sessions (Spanish), October 16-November 20, 2024.

Twin Falls, Idaho, 6 sessions, June 25-July 30, 2024.

Twin Falls, Idaho, 8 sessions (Spanish), April 17-May 29, 2024.

Twin Falls, Idaho, 8 sessions (Spanish), April 9-May 14, 2024.

Jerome, Idaho, 6 sessions, March 12-April 23, 2024.

Jerome, Idaho, 8 sessions (Spanish), February 29-April 4, 2024.

Twin Falls, Idaho, 6 sessions, January 25-February 29, 2024.

Community garden nutrition lesson, Hollister, Idaho, September 25, 2024.

Community garden: Eating Smart Moving More curriculum, Gleneagles Senior Apartments, Twin Falls, Idaho, 12 sessions, July 25-September 26, 2024.

Milk: The elixir of life, May 10, 2024.

The future of meat, February 16, 2024.

Recovery in Motion weekly nutrition classes, 19 sessions, January-July 2024.

University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, November 2023-October 2024.

Community garden: Eating Smart Moving More curriculum, Hollister, Idaho, 6 sessions, October 4-November 15, 2023.

Go Glow Grow curriculum for 8 Head Start centers (19 classrooms), College of Southern Idaho Head Start/Early Head Start, 6 sessions each center, October 2023-April 2024.

Community garden tour, Valley House, Twin Falls, Idaho, August 16, 2023.

Slow cooker class series – Eating Smart Moving More

Twin Falls, Idaho, 8 sessions (Spanish), August 1-September 5, 2023.

Eat Smart Idaho District III garden tour, Twin Falls, Idaho, May 17, 2023.

Chobani tour, Kimberly, Idaho, April 24, 2023.

Air fryer class series – Eating Smart Moving More

Twin Falls, Idaho, 8 sessions (Spanish), April 18-May 23, 2023.

Community garden setup/planting

Valley House, Twin Falls, Idaho, April 17&20, September 29, 2023.

Twin Falls First United Methodist Church, Twin Falls, Idaho, April 17&20, 2023.

Container gardening – planting seeds in a cup

Minidoka School summer feeding, Rupert, Idaho, July 18, 2023.

Burley's Farmers Market, Burley, Idaho, July 13, 2023.

Oregon Trail Elementary School summer program, Twin Falls, Idaho, July 6, 2023.

Storybook at the park, Burley, Idaho, June 29, 2023.

Picnic and Play: Community activities in the park, Jerome, Idaho, June 27, 2023.

Classes, Workshops, Seminars, Share Fairs and Tours Organized (continued):

Container gardening – planting seeds in a cup

SPARKS Family Night, Burley, June 15, 2023.

Murtaugh School summer feeding, Murtaugh, Idaho, June 6, 2023.

Gooding School summer feeding, Gooding, Idaho, June 5, 2023.

Container gardening – planting seeds in a cup

Felipe Cabral Migrant & Seasonal Head Start community resource fair, Twin Falls, Idaho, May 20, 2023.

OATS Wellness Walk, Heyburn, Idaho, May 19, 2023.

Container gardening – planting seeds in a cup

Minidoka Head Start, Rupert, Idaho, 3 sessions, March 30, 2023.

Cassia Head Start, Burley, Idaho, 2 sessions, March 30, 2023.

Home food preservation program

Twin Falls, Idaho, 5 sessions, February 28-March 11, 2023.

University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, November 2022-October 2023.

University of Idaho Extension Twin Falls County Family and Consumer Sciences Advisory Committee meeting, Twin Falls, Idaho, November 16, 2022.

Aquaculture and Hagerman Fish Culture Experiment Station tour, Hagerman, Idaho, October 28, 2022.

Home food preservation – Pressure canning

Twin Falls, Idaho, October 26, 2022.

Go Glow Grow curriculum for 8 Head Start centers (19 classrooms), College of Southern Idaho Head Start/Early Head Start, 6 sessions each center, October 2022-April 2023.

Classroom container garden setup/planting (herb gardens)

I.B. Perrine Elementary School, Twin Falls, Idaho, 15 sessions, September 27 & 28, 2022.

Bickel Elementary School, Twin Falls, Idaho, 4 sessions, September 8, 2022.

Small spaces garden setup/planting

College of Southern Idaho Head Start/Early Head Start, Twin Falls, Idaho, September 7, 2022.

Community garden tour and taste testing, College of Southern Idaho Refugee Programs, Twin Falls, Idaho, August 22, 2022.

Long Live Idaho! Let's get healthy together 3.0, August-October 2022.

Hollister, Idaho (1 event)

Shoshone, Idaho (1 event)

Buhl, Idaho (1 event)

Jerome, Idaho (4 events)

Twin Falls, Idaho (11 events)

Hansen, Idaho (2 events)

MyPlate youth camp, Twin Falls, Idaho, 5 sessions, July 25-29, 2022.

Eating Smart Moving More curriculum, College of Southern Idaho Refugee Programs, Twin Falls, Idaho, 4 sessions, July-August 2022.

Community garden sites tour, Hollister and Twin Falls, Idaho, 2 sessions, May 18, 2022.

Green smoothies with garden greens taste testing

I.B. Perrine Elementary School, Twin Falls, Idaho, 11 sessions, May 3-4, 2022.

Bickel Elementary School, Twin Falls, Idaho, 1 session, May 2, 2022.

Community garden setup/planting

Valley House, Twin Falls, Idaho, May 19, 2022.

Hollister Elementary School, Hollister, Idaho, May 18, 2022.

Twin Falls Reformed Church, Twin Falls, Idaho, May 17, 2022.

Twin Falls First United Methodist Church, Twin Falls, Idaho, April 22, 2022.

Home food preservation – Boiling water canning

Jerome, Idaho, May 11, 2022.

Rupert, Idaho, April 20, 2022.

Twin Falls, Idaho, March 16, 2022.

Slow cooker class series – Eating Smart Moving More

Twin Falls, Idaho, 6 sessions, October 6 - November 10, 2022.

Twin Falls, Idaho, 6 sessions (Spanish), October 4 - November 8, 2022.

Twin Falls, Idaho, 3 sessions, July 14-28, 2022.

Classes, Workshops, Seminars, Share Fairs and Tours Organized (continued):

Slow cooker class series - Eating Smart Moving More

Twin Falls, Idaho, 4 sessions (Spanish), July 7-28, 2022.

Twin Falls, Idaho, 3 sessions, April 28 - May 12, 2022.

Twin Falls, Idaho, 4 sessions (Spanish), April 26 - May 17, 2022.

Slow cooker class series – Eating Smart Moving More

Twin Falls, Idaho, 6 sessions, February 8 - March 15, 2022.

Classroom container garden setup/planting

Oregon Trail Elementary School, Twin Falls, Idaho, 1 session, March 2, 2022.

Classroom container garden setup/planting

I.B. Perrine Elementary School, Twin Falls, Idaho, 11 sessions, January 27, February 16 & 23, 2022.

Morningside Elementary School, Twin Falls, Idaho, 6 sessions, January 26, 2022.

Bickel Elementary School, Twin Falls, Idaho, 11 sessions, January 25, 2022.

University of Idaho Extension Twin Falls County Family and Consumer Sciences advisory committee meeting, Twin Falls, Idaho, November 10, 2021.

University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, November 2021-October 2022.

Kids in the Kitchen Virtual Cooking Club, monthly virtual cooking classes via Zoom

Idaho and Georgia, 18 sessions, November 2021-October 2022.

Healthy Meals for Busy Families

Jerome, Idaho, October 19, 2022.

Burley, Idaho, September 21, 2022.

Twin Falls, Idaho, April 27, 2022.

Rupert, Idaho, March 9, 2022.

Burley, Idaho, October 18, 2021.

Go Glow Grow curriculum for 8 Head Start centers (19 classrooms), College of Southern Idaho Head Start/Early Head Start, 6 sessions each center, October 2021-April 2022.

Potato harvest and research field trip, Kimberly Research & Extension Center, Kimberly, Idaho, September 16, 2021.

Go Glow Grow curriculum, Hollister Elementary School Summer Program, Hollister, Idaho, 6 sessions, August 2-18, 2021.

Choose Health: Food, Fun and Fitness curriculum, Hollister Elementary School Summer Program, Hollister, Idaho, 6 sessions, August 2-18, 2021.

MyPlate youth camp, Twin Falls, Idaho, 5 sessions, August 2-6, 2021.

Community garden: Eating Smart Moving More curriculum, Gleneagles Senior Apartments, Twin Falls, Idaho, 12 sessions, July-August 2021.

Home food preservation, Martha & Mary Food Pantry, Jerome, Idaho, July 13-14, 2021.

Community garden: Eating Smart Moving More curriculum (weekly classes), Valley House, Twin Falls, Idaho, May-December 2021.

Community garden setup/planting

Gleneagles Senior Apartments, Twin Falls, Idaho, June 8, 2021.

Hollister Elementary School, Hollister, Idaho, May 26, 2021.

Valley House, Twin Falls, Idaho, May 24, 2021.

Twin Falls First United Methodist Church, Twin Falls, Idaho, May 22, 2021.

Twin Falls Reformed Church, Twin Falls, Idaho, May 22, 2021.

MyPlate youth camp, Twin Falls, Idaho, 5 sessions, March 22-26, 2021.

Dining with Diabetes, online workshop, 4 sessions, March 4-25, 2021.

University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, January-December 2021.

University of Idaho Extension Twin Falls County Family and Consumer Sciences advisory committee meeting, Twin Falls, Idaho, November 4, 2020.

Kids in the Kitchen Virtual Cooking Club, monthly virtual cooking classes via Zoom Idaho and Georgia, 27 sessions, October 2020-October 2021.

Go Glow Grow curriculum for 8 Head Start centers, College of Southern Idaho Head Start/Early Head Start, 6 sessions each center, October 2020-April 2021.

MyPlate youth camp, Twin Falls, Idaho, 5 sessions, August 3-7, 2020.

Classes, Workshops, Seminars, Share Fairs and Tours Organized (continued):

Go Glow Grow, Boys and Girls Club of Magic Valley, Buhl, Idaho, 5 sessions, July 13-17, 2020.

Choose Health: Food, Fun and Fitness summer camp, Boys and Girls Club of Magic Valley, Buhl, Idaho, 5 sessions, June 22-26, 2020.

Dining with Diabetes (bilingual), Twin Falls, Idaho, 4 sessions, February 24-March 9, 2020.

University of Idaho Extension Eat Smart Idaho District III monthly update training, Twin Falls, Idaho, January-December 2020.

Dining with Diabetes (bilingual), Jerome Recreation Center, Jerome, Idaho, 4 sessions, January 15-February 5, 2020.

Go Glow Grow curriculum for 21 Head Start centers, College of Southern Idaho Head Start/Early Head Start, 6 sessions each center, October 2019-April 2020.

Eating Smart Moving More curriculum, College of Southern Idaho Refugee Programs, Twin Falls, Idaho, 6 sessions, October 4-November 8, 2019.

Choose Health: Food, Fun and Fitness summer camp, Boys and Girls Club of Magic Valley, Buhl, Idaho, 5 sessions, July 22-26, 2019.

Cooking under pressure, Twin Falls, Idaho, April 9&11, 2019.

University of Idaho Extension Twin Falls County advisory committee meeting, Twin Falls, Idaho, April 4, 2019.

Eating Smart Moving More curriculum, Twin Falls, Idaho, 12 bilingual sessions, January-February 2019

Eating Smart Moving More curriculum, Kimberly, Idaho, 12 bilingual sessions, January-February 2019.

Go Glow Grow curriculum, Hansen Elementary School, Hansen, Idaho, 6 sessions, January 2019.

Go Glow Grow curriculum for 21 Head Start centers, College of Southern Idaho Head Start/Early Head Start, 6 sessions each center, October 2018-April 2019.

Choose Health: Food, Fun and Fitness curriculum, Wendell Elementary School, Wendell, Idaho, 6 sessions, October 2018.

Fruit and vegetable prescription program, Jerome, Idaho, October 5, 2018.

Fruit and vegetable prescription program, Twin Falls, Idaho, September-October 2018.

Eating Smart Moving More curriculum, Victory Home, Twin Falls, Idaho, 6 sessions, August-September 2018.

Canning berry jam, Twin Falls, Idaho, August 31, 2018.

Food preservation with The Country Gardens, Twin Falls, Idaho, May 5, 2018.

Dried fruits taste testing, Popplewell Elementary School, Buhl, Idaho, March 19, 2018.

Dining with Diabetes, Twin Falls, Idaho, 4 sessions, February 28-March 21, 2018.

University of Idaho Extension Twin Falls County Family and Consumer Sciences advisory committee meeting, Twin Falls, Idaho, February 21, 2018.

Smarter Mealtime strategies, A Small World Childcare Center, Twin Falls, Idaho, January 30, 2018.

Smarter Lunchroom Movement, Lincoln Elementary School, Twin Falls, Idaho, January 25, 2018.

Yogurt ranch recipe taste testing, Summit Elementary School, Jerome, Idaho, January 18, 2018.

Yogurt ranch recipe taste testing, Jefferson Elementary School, Jerome, Idaho, January 16, 2018.

Miscellaneous Extension Publications:

Twin Falls Senior Center Monthly Newsletter:

Growing herbs at home. May 2022.

Beans, peas, and lentils. April 2022.

National Nutrition Month. March 2022.

Tips to keep your heart healthy. February 2022.

Tips for a healthy eating plan as you get older. January 2022.

Holiday food safety tips. December 2021.

Giving back this holiday season. November 2021.

Food safety tips for using a slow cooker. October 2021.

Let's eat summer squash! September 2021.

Food safety tips for summer grilling. August 2021.

Stay hydrated this summer. July 2021.

It's National Dairy Month! June 2021.

Miscellaneous Extension Publications (continued):

Twin Falls Senior Center Monthly Newsletter (continued):

Vary your protein routine. May 2021.

Grow your own food. April 2021.

National Nutrition Month 2021. March 2021.

Celebrate your heart this month. February 2021.

How to overcome barriers to eat healthy. January 2021.

Healthy eating tips for the holidays. December 2020.

Thanksgiving turkey tips. November 2020.

Eat right and shop smart. October 2020.

Savor the flavor with herbs and spices. September 2020.

Storing fresh fruits and vegetables for best flavor and quality. August 2020.

Food safety tips for summer grilling. July 2020.

How to handle fresh fruits and vegetables safely. June 2020.

Making mental health a priority during the COVID-19 pandemic. May 2020.

Beans, peas, and lentils. April 2020.

Eat more greens to celebrate St. Patrick's Day. March 2020.

Tips for a healthy heart. February 2020.

Improving your eating habits through mindful eating. January 2020.

Holiday recipe makeover. December 2019.

Giving back this holiday season. November 2019.

Food allergies vs. intolerances. October 2019.

Serving size vs. portion size. September 2019.

Stay hydrated this summer. August 2019.

Beyond prunes. July 2019.

All about the dairy group. June 2019.

Kombucha. May 2019.

Grow your own food. April 2019.

National Nutrition Month. March 2019.

Heart health. February 2019.

Tips for a healthy eating plan as you get older. January 2019.

Healthy holiday eating. December 2018.

Turkey tips. November 2018.

Pumpkin. October 2018.

It's fair time! September 2018.

Rethink your drink. August 2018.

Keep food safe! July 2018.

Dairy. June 2018.

What is a whole grain? May 2018.

Go further with food. April 2018.

Tips for a healthy heart. March 2018.

New year's resolutions. February 2018.

Nutrition for older adults. January 2018.

Family and Consumer Sciences. October 2022.

Family and Consumer Sciences. April 2022.

Family and Consumer Sciences. January 2022.

Family and Consumer Sciences. October 2021.

Family and Consumer Sciences. April 2021.

Family and Consumer Sciences. January 2021.

Family and Consumer Sciences. October 2020.

Family and Consumer Sciences. April 2020.

Family and Consumer Sciences. December 2019.

Family and Consumer Sciences. October 2019.

Family and Consumer Sciences. July 2019.

Family and Consumer Sciences. January 2019.

Family and Consumer Sciences. June 2018.

Family and Consumer Sciences. May 2018.

Eat Smart Idaho and Family and Consumer Sciences Brochures:

Healthy grab-and-go breakfast. 2024.

Cooking with a slow cooker. 2024.

Fuel up with dairy. 2024.

Grow your own food (English and Spanish). 2024.

How to store fresh fruits and vegetables (English and Spanish). 2023.

Celebrate the season (English and Spanish). 2023.

Grow and eat salad greens. 2023.

Growing herbs indoors. 2023.

How to grow pumpkins from seeds (English and Spanish). 2022.

Long Live Idaho messages for summer feeding (English and Spanish). 2021.

Interview Articles:

Nettleton, L. School gardens are sprouting up all over the place. Magic Valley Times-News, p. A5, September 25, 2022.

Blue Cross of Idaho Foundation for Health, Inc. City of Twin Falls partners with U of I Extension for community gardens project. October 14, 2021. https://www.bcidahofoundation.org/city-of-twin-falls-partners-with-u-of-i-extension-for-community-gardens-project/?fbclid=IwAR0Q5tc3DxY-WKjB-hsd3P PgWEC7EIsjCaH409XCwtXC06JezDfhs0bfqw

Welch, L. Pilot program helps people grow through community garden. Magic Valley Times-News, p. A1 & A3, July 24, 2021.

Stribling, A. A prescription for produce. University of Idaho Extension, September 2020.

Synder, C. Meet Siew Guan Lee: New consumer science educator joins Twin Falls Extension. Magic Valley Times-News, p. A7, October 23, 2017.

Media Presentations:

Valley House's new Beyond Shelter allows more room for classes. KMVT Channel 11 Twin Falls. Aired August 31, 2022.

Jerome School District summer lunch program includes interactive activities. KMVT Channel 11 Twin Falls. Aired June 28, 2022.

U of I helps Hollister Elementary plant new community garden. KMVT Channel 11 Twin Falls. Aired May 18, 2022.

Webpages/Social Media:

University of Idaho Extension Twin Falls County Facebook page, 2022-present. University of Idaho Extension Twin Falls County Family and Consumer Sciences website, 2017-

present.

Judging:

4-H general projects, Twin Falls County Fair, August 24, 2024.

4-H general projects, Cassia County Fair, August 12, 2024.

Livestock educational board, Twin Falls County Fair, September 1, 2023.

Livestock educational board, Twin Falls County Fair, September 2, 2022.

Livestock educational board, Twin Falls County Fair, September 3, 2021.

Livestock educational board, Twin Falls County Fair, September 3, 2020.

Family, Career and Community Leaders of America district competition, February 11, 2020.

Family, Career and Community Leaders of America district competition, February 5, 2019.

Livestock educational board, Twin Falls County Fair, September 1, 2018.

Magic Valley Fuel Up to Play 60 Healthy Schools Innovation Challenge, May 9, 2018.

Family, Career and Community Leaders of America district competition, February 13, 2018.

Review Activities:

University of Idaho Extension Publishing, FastTrack reviewer.

2024, two publications.

2022, one publication.

2021, one publication.

2019, one publication.

National Extension Association of Family & Consumer Sciences Annual Session abstract review, 2019.

Community Service:

Chef partner and volunteer, Everybody Eats, Twin Falls First Methodist Church, 2019-present.

PROFESSIONAL DEVELOPMENT:

Teaching:

Using language interpretation in your meeting or webinar on Zoom, virtual training, April 18, 2023. Video script development training, University of Idaho Extension Zoom Training, November 10, 2020. Best practices, tips, and tricks for hosting professional webinars, March 17, 2020.

Scholarship:

How to develop a survey, virtual training, February 15, 2022. Impact evaluation writing training, Rupert, Idaho, April 24, 2019. EFNEP 24-hr food recall training webinar, November 3, 2017.

Outreach:

Master Food Safety Advisory meeting, October 30, 2024.

Sealed for safety: Insights on home food preservation, Partnership for Food Safety Education webinar, October 17, 2024.

On the rise: Consumer perceptions of flour, Partnership for Food Safety Education webinar, October 15, 2024.

National Association of Extension 4-H Youth Development Professionals Annual Conference, Boise, Idaho, October 15-17, 2024.

Central District faculty professional development meeting, Jerome, Idaho, October 1, 2024.

National Extension Association of Family & Consumer Sciences Annual Session, Tucson, Arizona, September 16-19, 2024.

Feeding the mind and body: Collaborative care to optimize nutrition and food education in the first five years of life, National Dairy Council webinar, September 12, 2024.

American Society for Nutrition, Annual Conference, Chicago, Illinois, June 29-July 2, 2024.

Eat Smart Idaho statewide meeting, Caldwell, Idaho, May 22, 2024.

Central District faculty professional development meeting, Hagerman, Idaho, May 9, 2024.

Blue Alpine freeze dryer, Master Food Safety Advisor virtual training, May 2, 2024.

University of Idaho Extension Annual Conference, Moscow, Idaho, April 8-11, 2024.

Kitchen reset: Essential ingredients for mediterranean meal prep, Wondr Health webinar, March 20, 2024.

Northside Interagency service provider meeting, Jerome, Idaho, February 6, 2024.

Twin Falls service provider meeting, Twin Falls, Idaho, January 16, 2024.

From the kitchen to clinic: A cooking demo on developing culturally appropriate recipes for clinical trials, American Society for Nutrition virtual training, October 17, 2023.

Summit on Idaho Hunger and Food Security, Boise, Idaho, October 12, 2023.

Magic Valley safety net, City Club of Southern Idaho, Twin Falls, Idaho, September 26, 2023.

National Extension Association of Family & Consumer Sciences annual session, Providence, Rhode Island, September 11-14, 2023.

Outreach (continued):

Northside Interagency service provider meeting, Jerome, Idaho, September 5, 2023.

Beegle Poverty Certified Coaching Institute, virtual training, June 22-23, 2023.

Beegle Poverty Immersion Institute, virtual training, June 20-21, 2023

Central District faculty professional development meeting, Stanley, Idaho, May 8-9, 2023.

University of Idaho Extension Annual Conference, Sun Valley, Idaho, April 10-13, 2023.

Healthy for Life educator's guide webinar, American Heart Association, virtual training, March 22, 2023.

Twin Falls service provider meeting, Twin Falls, Idaho, March 21, 2023.

Becoming an intuitive eater: How to change your relationship with food and yourself, Skelly Skills live webinar, March 7, 2023.

Health and Wellness Priority Extension Theme quarterly meeting, virtual meetings, 2023.

Idaho Governor's trade mission, Taiwan and Singapore, December 2-10, 2022.

Central District faculty professional development meeting, Twin Falls, Idaho, November 9, 2022.

College of Southern Idaho Head Start/Early Head Start Health Services Advisory Committee meeting, November 7, 2022.

Keep Your Food Safe & Fresh: Simple Canning & Preservation Tips, virtual training, September 29, 2022.National Extension Association of Family & Consumer Sciences Annual Session, Raleigh, North Carolina, September 12-15, 2022.

Master Gardener Regional Convention, Twin Falls, Idaho, June 25, 2022.

National Urban Extension Conference, Camden, New Jersey, May 23-26, 2022.

Innovative online Extension programming and nutrition research to promote current Dietary Guidelines using spices and herbs, Extension Foundation, virtual webinar, April 20, 2022.

University of Idaho Extension Annual Conference, Moscow, Idaho, April 11-15, 2022.

Dealing with difficult people, virtual training, March 29, 2022.

Social media and website, Twin Falls, Idaho, February 24, 2022.

Mental health awareness, Twin Falls, Idaho, February 24, 2022.

Central District faculty professional development meeting, Twin Falls, Idaho, February 24, 2022.

Twin Falls service provider monthly meeting, Twin Falls, Idaho, January-December 2022.

Health and Wellness Priority Extension Theme quarterly meeting, virtual meetings, 2022.

Motivational interviewing for Extension professionals, virtual training, November 9, 2021.

Northside Interagency monthly meeting, Jerome, Idaho, November 2021-October 2022.

National Extension Association of Family & Consumer Sciences Conference, virtual annual session, November 1-5, 2021.

Stress management, Albion, Idaho, 2021.

Central District faculty professional development meeting, Albion, Idaho, October 12-13, 2021.

Community Transformation Grant: Food Subcommittee, October 8 & 22, 2021.

School container garden SEED program, Twin Falls, Idaho, September 14, 2021.

Cultivate the possibilities, Idaho Master Gardener Symposium, Twin Falls, Idaho, September 11, 2021.

Central District faculty professional development meeting, Minidoka, Idaho, May 19, 2021.

Elements of healthy aging, virtual training, May 11, 2021.

University of Idaho Extension Annual Conference, virtual meeting, April 13-15, 2021.

Sous vide, Master Food Safety Advisory meeting, March 16, 2021.

Dry canning, Master Food Safety Advisory meeting, February 16, 2021.

Twin Falls service provider monthly meeting, Twin Falls, Idaho, January-December 2021.

Northside Interagency monthly meeting, Jerome, Idaho, January-December 2021.

Air fryers, Master Food Safety Advisory meeting, January 19, 2021.

Twin Falls service provider Zoom meeting, Twin Falls, Idaho, November 17, 2020.

National Association of Extension 4-H Youth Development Professionals Conference, virtual annual meeting, October 20-22, 2020.

Central District faculty professional development meeting, virtual meeting, October 7, 2020.

National Extension Association of Family & Consumer Sciences Conference, virtual annual session, September 14-16, 2020.

Northside Interagency meeting, Jerome, Idaho, September 1, 2020.

Society for Nutrition Education and Behavior Annual Conference, virtual meeting, July 20-24, 2020.

American Society for Nutrition, Nutrition 2020 Live Online, June 1-4, 2020.

ServSafe re-opening guidance: COVID-19 precautions, National Restaurant Association, May 13, 2020.

Outreach (continued):

University of Idaho Extension Annual Conference, virtual meeting, April 14-17, 2020.

ServSafe takeout: COVID-19 precautions, National Restaurant Association, March 27, 2020.

ServSafe delivery: COVID-19 precautions, National Restaurant Association, March 27, 2020.

Northside Interagency monthly meeting, Jerome, Idaho, 2019.

National Urban Extension Conference, Seattle, Washington, May 20-23, 2019.

Central District Spring professional development meeting, Sun Valley, Idaho, May 14-15, 2019.

University of Idaho Extension Annual Conference, Idaho Falls, Idaho, March 25-28, 2019.

Northside Interagency monthly meeting, Jerome, Idaho, January-December 2018.

SNEB Journal Club 7 webinar: A qualitative exploration into the parent-child feeding relationship, November 19, 2018.

Healthy Eating Active Living Idaho regional meeting, Twin Falls, Idaho, October 29, 2018.

Summit on Idaho hunger & food security, Boise, Idaho, October 17, 2018.

National Extension Association of Family & Consumer Sciences Annual Session, San Antonio, Texas, September 24-27, 2018.

Society for Nutrition Education and Behavior Annual Conference, Minneapolis, Minnesota, July 21-24, 2018

University of Idaho Kimberly Research & Extension Center Twilight Tour, Kimberly, Idaho, July 18, 2018.

Stock healthy shop healthy workshop, Idaho Department of Health & Welfare, Boise, Idaho, July 10, 2018.

Central District faculty professional development meeting, Albion, Idaho, May 22-23, 2018.

Idaho Academy of Nutrition and Dietetics Annual Conference, Sun Valley, Idaho, April 19-20, 2018.

University of Idaho Extension Annual Conference, Moscow, Idaho, April 2-6, 2018.

University of Idaho Extension Preserve @ Home, online course, January-March 2018.

Twin Falls service provider meeting, Twin Falls, Idaho, December 19, 2017.

Northside Interagency monthly meeting, Jerome, Idaho, November-December 2017.

Incorporating tray waste evaluation into your Smarter Lunchroom webinar, November 15, 2017.

Healthy Eating Active Living Idaho regional meeting, Boise, Idaho, October 24, 2017.

The 60 strategies of the Smarter Lunchroom scorecard webinar, October 17, 2017.

Magic Valley Dietitians meeting, Twin Falls, Idaho, October 12, 2017.

Administration/Management

Comprehensive supervisor training program. University of Idaho online training, March 17, 2023.

HR Issues for Supervisors. University of Idaho online training, January 14, 2022.

Grants and Gifts. University of Idaho Extension Zoom training, February 8, 2021.

Maintaining Your County Extension Office Civil Rights File Training. University of Idaho Extension Zoom Training, May 28, 2020.

Communicating the Public Value of Extension to Various Stakeholders, December 13, 2019.

Search Committee Training (Online). University of Idaho Professional Development online training. October 10, 2019.

Professionalism in the Workplace. University of Idaho Extension Zoom Training, October 7, 2019.

How to Handle Difficult Conversations and Managing Stress. University of Idaho Ombuds Zoom Training, July 1, 2019.

Hiring, Onboarding and Supervising Employees Training. Jerome, Idaho, June 5, 2019.

Color Code Personality Training. University of Idaho Extension Zoom Training, June 3, 2019.

Finding the Top of Your Desk without Losing Your Sanity. University of Idaho Extension Zoom Training, May 6, 2019.