# I

## EXTENSION UPDATE

UNIVERSITY OF IDAHO, U.S. DEPARTMENT OF AGRICULTURE, AND IDAHO COUNTIES COOPERATING

#### INSIDE THIS ISSUE.

Teton 4-H Reduces Barriers	page 1 & 2
NW & Rocky Mountain Regional Business Center	
Practical Farm and Ranch Fina Virtual Course	
Ag Biz Podcasts	page 5
Idaho Food Works, Classes and	
Sabbatical Update	page 10

#### Teton County 4-H Pages 11-17

Teton County 4-H Beyond Ready page 11	
Calendar and Taggingpage 12	
Eastern Idaho District News page 13	
<b>State 4-H News</b> page 14-16	
National 4-H newspage 17	
Extension & 4-H Save the Dates and Contac	
information page 18	



# **Teton 4-H Reduces Barriers To Participation Through Targeted Outreach And Fundraising**



Story by Jennifer Werlin

Extension Educator in Community Food Systems University of Idaho Extension, Teton County

#### The Situation

Known for its agricultural roots and outdoor recreational opportunities, Teton County, Idaho has attracted an influx of new residents. The population increased 8% between 2020 and 2023 and a total of 24% since 2010. Rapid land use development and population growth have brought challenges such as economic and social inequities, cultural changes and increasing demands for service organizations, childcare and youth development programs. Teton County government provides partial funding to support 4-H youth development programs. As such, University of Idaho Extension staff have had to build their 4-H program capacity through public outreach, fundraising and grant development, and education and outreach to elected officials and other county staff.

UI Extension faculty and county staff have had to creatively harness opportunities for partnership and capacity building through fundraising and collaborative program efforts. As staff and financial capacity have grown to address increased demands due to population growth, 4-H program access for underserved and underrepresented

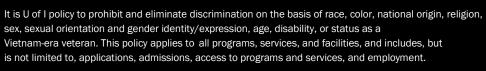
youth has also increased. Yet, reaching underserved audiences continues to be an ongoing challenge as youth grow older, demand for youth programs continues to grow and Teton County faces budget constraints.

#### Our Response

Over the past five years, the UI Extension 4-H Youth Development program in Teton County made intentional strides to sustainably grow the 4-H program's capacity and increase access to programming for underserved and minority youth. Goals were made to increase program capacity, inclusiveness and diversity. UI Extension staff utilized various methods to gather stakeholder input to identify community needs and opportunities for growth (e.g., attendance at civic meetings and community events, annual UI Extension advisory board meetings, and utilization of surveys and interviews with community leaders and 4-H volunteers). Staff also implemented a 4-H leaders council and diversity and equity training for 4-H volunteer leaders.



(Continued on page 2)





(Continued from page 1)



Since 2019, UI Extension has partnered with the AmeriCorps program to secure five 4-H AmeriCorps instructors to increase STEAM (science, technology, engineering, art and math) programs to underserved youth. The UI Extension office leveraged this capacity to receive over \$170,000 in grant funds and donations to support 4-H. The bulk of the funding came through two Idaho Department of Health and Welfare grants funded by the American Rescue Plan Act to reduce learning loss through the COVID-19 pandemic. This boost in capacity allowed the office to hire a full-time 4-H coordinator in 2021 and other seasonal support staff in 2022 and 2023.

To better reach underserved and minority youth, in 2022, the 4-H program staff established a consistent collaborative STEAM program with the Above and Beyond the Classroom (ABC) out-of-school program for kindergarten to third grade youth. Over 50% of these youth are Hispanic/Latino, and over 70% are considered at-risk. By bringing 4-H programming directly to these youth through afterschool and day camp programs, the 4-H program in Teton County more than doubled outreach to underserved audiences and grew annual 4-H enrollment. For example, the 4-H STEAM club grew enrollment from 12 youth in 2022 to 52 youth for the 2023-2024 4-H year, which required the club to be split into two different clubs. ABC youth also received enrollment scholarships. Overall afterschool and STEAM programs grew by 52%. New 4-H clubs were also added, bringing in additional youth and volunteers (i.e.,

babysitting, cat, llama and goat packing clubs).

#### **Program Outcomes**

In 2024, University of Idaho Extension faculty surveyed parents of program participants to gain feedback and better understand their motives for enrolling their children in 4-H. At the end of the 2023-2024 4-H year, 43 4-H parents completed an online Qualtrics evaluation of the Teton County 4-H program (25% response rate). Demographics of survey participants had 56% of youth enrolled in non-animal 4-H clubs, 44% in animal 4-H clubs and 30% either in the afterschool or day camp programs. Prior to participation in 4-H, 64% of participants had little to no knowledge of Teton County's 4-H programs. After participation, over half of program participants had "some" to a "high level" of knowledge of 4-H programming.

The primary reason for signing up for 4-H was child interest (89%), followed by content/subject matter (86%). Over half of the respondents indicated that the affordable price of the program was a primary reason for signing up.

At the start of the 2024 school year, Teton County School District 401 implemented a four-day school week. For the parents that completed the evaluation, 41% indicated they would like an all-day 4-H program on Fridays, with 30% indicating a morning-only program and 32% indicating an afternoon program.

#### The Future

The UI Extension in Teton County is recruiting a 4-H AmeriCorps service member to help continue the afterschool and day camp programs. This will allow for continued partnership with the ABC afterschool program. Extension faculty and staff are also working on capacity building and volunteer recruitment so that 4-H clubs can meet for club meetings at the UI Extension office on Fridays. Monthly 4-H day camps are also being planned to help provide a safe, affordable and enriching environment for out-of-school youth.

#### Cooperators and Co-Sponsors

Thank you to our partners Above and Beyond the Classroom of Teton Valley (ABC) and the Teton County Fair Board for their support of our collaborative 4-H programs.



4-H youth and staff work on integrating science and art at a summer STEAM day camp.



ABC Youth Playing Explorer of the Deep National 4-H STEM Challenge



State 4-H AgRobotics Competition

# Northwest & Rocky Mountain Regional Food Business Center

# About the Northwest & Rocky Mountain Regional Food Business Center

As part of the network of USDA Regional Food Business Centers, the Northwest and Rocky Mountain Regional Food Business Center supports a more resilient, diverse, and competitive food system.

This Center is designed to be a node for our region's small and mid-tier food and farm businesses and local and regional food sector development initiatives by:

- Supporting cross-regional collaboration
- · Providing and analyzing relevant and timely data
- Serving as a gateway for USDA programs and other third-party funding opportunities, with a focus on underserved farmers, ranchers, and food businesses.

https://nwrockymountainregionalfoodbusiness.com



#### MARCH 4 | 9 AM. -12 P.M. MT

JOIN VIA ZOOM: BIT.LY/PESTICIDE-APPLICATOR-2025

This free training provides 3 pesticide recertification credits. Topics include:

- · Grazing as a Weed Control Tool · Shannon Williams
- Pesticide Storage and Disposal Justin Hatch
- Calibration of Equipment and Mixing Chemicals Ron Patterson
- · Safety and PPE · Jared Gibbons
- · Impacts of Pesticide Overuse for Homeowners and Gardeners · Anthony Simerlink
- Vole Control Options Joseph Sagers

Registration is not required. Visit the URL or scan the QR code to join the training on March 4. Information for pesticide credits will be collected once participants join Zoom.



#### QUESTIONS?

TOM JACOBSEN | 208-624-3102 | TJACOBSEN@UIDAHO.EDU

The University of Idaho provides and is an equal opportunity/affirmative action employer and educational organization. We offer our programs to persons regardless of race, color, national origin, gender, religion, age, sexual orientation or disability.



#### March 4, 11, 18, 25 7-8 PM MT | VIRTUAL

Join UI Extension for a Farm Financial Analysis class. Weekly instructional videos allow you to pause, rewind and apply the steps to your own company independently. Then we meet virtually as a group to answer questions and dive deeper into using these tools in your own business. Participants need access to a computer, internet and Microsoft Excel. Course links and related documents will be provided upon registration.

Topics covered include:

- · Production Records
- Balance Sheets
- · Income Statements
- Cash Flow, Enterprise and Partial Budgeting
- Farm Financial Analysis

Approved for FSA beginning borrower training.

#### COST: \$100/FARM UNIT REGISTER: 208-529-1390 OR BONNEVILLE@UIDAHO.EDU

The University of Idaho provides and is an equal opportunity/affirmative action employer and educational organization. We offer our programs to persons regardless of race, color, national origin, gender, religion, age, sexual orientation or disability.





## PRACTICAL FARM AND RANCH FINANCIAL RECORDS

#### March 3, 10, 17, 24 | 7-8 p.m. MT | Virtual

A beginner's guide to financial record keeping for your farm or ranch.

#### Course will cover:

Basic Accounting | Setting up a Company File | Customizing Your Chart of Accounts Recording Transactions | Creating an Income Statement | Balance Sheets | Budgeting and More!

This class will follow a virtual hybrid format. Weekly instructional videos allow you to pause, rewind and apply the steps to your own company file independently. Then we meet virtually as a group to answer questions and dive deeper into using these tools in your own business.

Class does NOT include accounting software. Participants are expected to have their own accounting system. Course links will be provided upon registration completion.

Approved for FSA beginning borrower training.

Register: 208-529-1390 or bonneville@uidaho.edu

Cost: \$100 per farm unit Questions? Ron Patterson,

rpatterson@uidaho.edu or 208-529-1390



## **Ag Biz Podcasts**



The Oma & Popies story traces back to 2014, when Gail "Oma" and Jan "Popie" Zarr tried some ho-hum hot wings at a Bowling Green, Kentucky, tavern and felt compelled to brag about their favorite Idaho wing sauce.

Intrigued, bar staff invited the Kuna couple to their kitchen, where the Zarrs attempted to replicate the Idaho sauce on the spot. The Zarrs' unique take on the recipe was a hit, and they discovered a promising small-business niche as sauce makers.

The Zarrs shared their business origin story on episode No. 199 of the Meaningful Marketplace Podcast, which aired Sept. 18 with a special co-host, University of Idaho Extension food processing specialist Janna Verburg-Hamlett. Oma & Popies was among nine Idaho small food businesses featured on the podcast from Aug. 21 through Oct. 16, thanks to funding from the U.S. Department of Agriculture's Northwest and Rocky Mountain Regional Food Business Center.

U of I is a center member, and Verburg-Hamlett serves on its Idaho Steering Committee, as well as its Building and Connecting Food Entrepreneurs Theme Team, which financed state-specific podcasts. Episodes were also funded for center member states Colorado, Oregon, Washington, Montana and Wyoming. USDA established its regional food business centers to support a more resilient, diverse and competitive food system, serving as a node for small and mid-tier food and farm businesses.

Recurring hosts of the podcast are Sarah Masoni, director of product and process development with the Oregon State University Food Innovation Center, and Sarah Marshall, founder of Marshall's Haute Sauce. Episodes are 45 minutes long each and focus on creative approaches food entrepreneurs use to overcome challenges. Collette DePhelps, area UI Extension educator of community food systems, who is U of I's principal investigator with the center, and Katie Baker, formerly with FARE Idaho, also each guest cohosted an Idaho podcast.

"Our theme team decided to sponsor a year of the podcast, and every state was assigned two months," Verburg-Hamlett said. "I found different Idaho food entrepreneurs that are in Idaho and we interviewed them on the podcast.

The theme team will sponsor additional state-specific episodes in 2025. Verburg-Hamlett will help record the Idaho episodes in July and August, and they will be released from September through Oc-

The theme team has also paid to send regional entrepreneurs to the Summer Fancy Foods Show in New York and the Winter Fancy Foods Show in Las Vegas, where small food business owners introduce their products to major retailers.

Participating in the Las Vegas show helped the Zarrs tap new markets in Texas. The Zarrs make and bottle their Oma & Popies products at the U of I Food Technology Center in Caldwell, which offers processing and educational assistance to aspiring food entrepreneurs who wish to produce packaged foods for resale.

"For us, it's been a godsend. I don't foresee us ever owning our own facility," Jan Zarr said. "Having that facility, I only have to worry about what we're doing, how we're producing it and having that food plan. I don't have to worry about the building itself and the equipment."

The following Idaho businesses were featured in podcasts: Northern Latitude Foods, Ballard Cheese, Free Spirits Beverage Co., Roots Potato Chips, Oma & Popies, Snacktivist Foods, Hummuna Hummus, Dilly's Pickled Veggies and Hillside Grain.



21620 US HWY 30, MONTPELIER OR ZOOM

Join University of Idaho Extension for a free weekly Tai Chi class. Join in-person at the UI Extension, Bear Lake office, or



Those wishing to join virtually must register to receive the Zoom link: bit.ly/Extension-Tai-Chi or scan the QR code.

MORE INFORMATION: KURE@UIDAHO.EDU | 208-847-0344

# IDAHO FOOD WORKS™

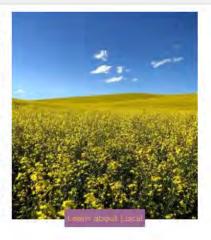
#### **Local & Regional Food Systems News**

Scan QR Code for More Information





# Fird Recipes



#### Eat Local

Find local food directories, culinary trails, and more!

Learn More →

#### Seasonal Recipes

Enjoy seasonal recipes that celebrate the foods, farmers, and makers of Idaho.

Learn More →

#### Podcasts & Talks

Listen to local and regional podcasts, attend local food and farm talks, and more.

Learn More →







#### Events

Discover Idaho's local food events, food summits, and other regional opportunities to get involved.

Leam More →

#### Resources

Learn more about farmers market and community food assessments, food coalitions, and other food and farm organizations.

Learn More →

#### Get Listed

Is your organization, project or program missing from Idaho Food Works? Contact us!

Learn More →



# University of Idaho Extension Master Food Safety Advisor Program (Master Food Preserver)

#### Dates:

Wednesdays 9am-4pm January 22nd January 29th February 5th February 12th February 19th February 26th March 5th

#### Location:

Jefferson County Extension Courthouse Annex 210 Courthouse Way, Upstairs Classroom Rigby, Idaho 83442

#### Contact:

Deanna Poulsen (208) 745-6685 dpoulsen@uidaho.edu





The University of Idaho Extension faculty will be offering a Master Food Safety Advisor program in 2025. Participants will learn through hands-on experience how to safely preserve food products and be certified to volunteer in their community.

The classes and labs will be held weekly on Wednesdays, from January 22nd to March 5th, 9am-4pm. These weekly classes comprise phase 1 of the certification program.

Following the 7-week course, participants begin phase 2: volunteer service. Volunteers provide research-based food preservation information in a variety of ways. Volunteer hours can be completed by answering phone calls, helping during classes, teaching classes, staffing booths, or making displays.

#### Course Topics:

Canning acid foods (fruits and tomatoes), Canning low-acid foods (meats and vegetables), Soft Spreads (Jams & Jellies), Pickling, Dehydration, Food Safety, and Freezing methods. Resources are also provided on how to be successful as a volunteer, presenter, and master food preserver.

#### Cost:

A \$120 fee includes a handbook, reference material, food and supplies used during labs. Refer a friend or family member and both of you will receive a \$10 discount.

#### Application Deadline: December 12th, 2024

You can apply three ways: online with the QR code to the left, applications can be picked up in our office or emailed to you. Seats are limited, apply now! Preference given to applicants who will complete phase 1 and phase 2.

Persons with disabilities who require alternative means for communication or program information or reasonable accommodations need to contact Deanna Poulsen two weeks before the class at (208) 745-6685 or dpoulsen@uidaho.edu.



A four-part marketing workshop series to help you amplify your message, connect with customers and grow your business.

#### 4 Thursday Class Sessions

February 6, 13, 20, & 27 9 - 10:30 am PST / 10 - 11:30 am MST

#### 4 Wednesday Group Coaching Sessions

February 12, 19, 26 & March 5 4 - 5:30 pm PST / 5 - 6:30 pm MST

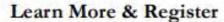
> Cost: \$75 Scholarships available.

This workshop series covers 4 key marketing strategies:

- Messaging
- \* Social media
- \* Website
- \* Email

#### Questions? Contact:

Colette DePhelps cdephelps@uidaho.edu



https://building-a-marketing-strategy.eventbrite.com

















The University of Idaho provides equal opportunities in education and employment on the basis of race, color, religion, national origin, gender, age, disability, or status as a Vietnam-era veteran. In compliance with the Americans with Disabilities Act of 1990, those requesting reasonable accommodations may contact 208-885-4003. University of Idaha, U.S. Department of Agriculture, and Idaha counties cooperating.







## Workshop

Are you nearing 65 or have family members that you are trying to help with their retirement plans? This is the workshop for you. An Idaho Department of Insurance SHIBA representative will be here to explain Medicare and all its parts, answer questions, and de-mystify this healthcare program for you. In two hours, you will receive helpful resources, program updates, and peace-of-mind that you are on the right track.

When: Thursday, February 13, 2025 6:00 – 8:00 p.m. (PST)

Where: Virtual Only - Online through Zoom

Register in advance for this FREE Workshop:

https://tinyurl.com/MedicareFeb25

A Zoom link will be shared with you before the workshop.

Questions? Contact Karen (208) 883-2241 or krichel@uidaho.edu

#### Living in Harmony with Nature: A Glimpse into Our Life in Costa Rica

We've found ourselves surrounded by a vibrant world of wildlife right outside our door. From howler monkeys greeting us with their calls to large iguanas basking in the sun, the diversity of creatures in our backyard is nothing short of awe-inspiring. Geckos, iguanas, other lizards, avian wildlife, and fascinating leaf-cutter ants scurrying by add to the endless wonders we encounter daily.



Our home is just half a mile from Playa Carrillo in the Guanacaste Province in the Nicoya Peninsula, a stunning beach where we've had the privilege of spotting a crocodile living in an estuary that feeds into the ocean. Don't worry—while the crocodile is a resident, we feel safe at the beach, staying well away from the stream. The sunsets here are breathtaking and are often a perfect way to wind down after a busy day.

As we immerse ourselves more in the local culture, Spanish has become a daily part of life. Whether we're out exploring or interacting with locals, we've been practicing our language skills consistently. I'm excited to start Spanish classes in the last week of January, with Kyler joining me at the language school. Leif is also on a new adventure, enrolling in a private school that week. In addition, the boys have just been enrolled at an international dual language school, which starts mid-February.

Though homeschooling has had its challenges, it's also provided an incredible opportunity for learning. The boys have been soaking in knowledge about Spanish, the local culture, and wildlife, while also spending a lot of time in the water. The biggest milestone? Leif finally learned to swim! It's been an amazing experience watching them grow and



thrive in such a dynamic environment.

We're excited for the continued adventure ahead and grateful for the opportunities to learn, explore, and experience life in Costa Rica!

JENNIFER WERLIN, M.S., '06
Extension Educator, Community Food Systems
University of Idaho Extension, Teton County
College of Agricultural and Life Sciences



**TETON COUNTY 4-H** 

#### 4-H: Beyond Ready

#### National 4-H Leadership Council

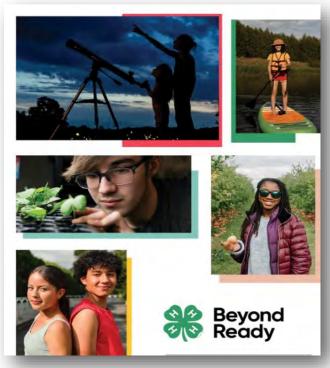


Teen academic performance has seen a dramatic decline in recent years. According to the Department of Education, math scores have dropped by 9 points and reading scores by 4 points since 2020, the largest decrease in 50 years. Furthermore, 30% of youth are now chronically absent from school, a figure that has doubled since the 2018-2019 school year (CEA, The White House). Adding to these challenges, 1 in 5 children is living with a mental health disorder (CDC), contributing to alarming levels of negativity about themselves, uncertainty about the future, and concerns about their ability to find fulfillment in life.

Recognizing these pressing concerns, the National 4-H Leadership Council initiated the **Beyond Ready** campaign in 2024, embarking on a two-year process to define their **True North**. By 2024, they identified **Work Readiness** as a key focus and officially launched the campaign at the National Conference in Boise in October 2024.



Creative Platform: Inspire BEYOND READY Brand Values: ENGAGED, HEALTHY, PRODUCTIVE



#### Messaging Pillars:

Embracing Diversity in People, Careers, and Perspetives Every child is valuable and deserves support and the freedom to choose their own path. 4-H believes in the potential of all youth and strives to create an environment where their talents can flourish.

Instilling Confidence and Resiliency 4-H has a proven track record of empowering youth in both body and mind. By leveraging scientifically backed studies and programs, we equip young people with the resilience and self-assurance needed to navigate life's challenges.

**Equipping Youth with Skills for the Future** 4-H meets youth where they are today while preparing them for the future. Through hands-on experiences and learning opportunities, we help young people develop into their full, authentic selves, enabling them to thrive both now and in the years to come.

In a world of constant change, 4-H is committed to **Beyond Ready: Building a Ready Generation**. This campaign is about ensuring that young people are equipped not just for the present but for a dynamic and evolving future.

#### **4-H CALENDAR**

#### **February**

3rd - 4-H Leader Council Meeting 5:30-7PM Extension Office or Zoom

Time: Feb 3, 2025 05:30 PM Mountain Time (US and Canada)

Join Zoom Meeting

https://uidaho.zoom.us/j/81296209119

Meeting ID: 812 9620 9119

Passcode: 735690

17th-Office Closed for President;s Day

#### March

7th - STEAM Club Hosts Day Camp- Mars Base Camp STEM Challenge

8th-Beef Weigh-In 9-10 am Fairgrounds

24th - Livestock Skill-a-thon 6:30 pm Fairgrounds

#### **April**

1st - STEAM Club Spring Break Day Camp-Think Like a STEMIST

2nd- STEAM Club Spring Day Camp-Slime Camp

3rd-STEAM Club Spring Day Camp-Geology ROCKS

28th - Swine Weigh-In 4-6 pm Fairground

#### May

8th- Horse, Rabbit, Dog, Cat, Poultry, Breeding Livestock Paperwork Due by 4pm

19th- 4-H Scholarship Fundraising Dinner

27th- Lamb/Goat Weigh-In 4-6pm Fairgrounds

#### June

11th-13th- 4-H Alpine Camp

16th, 23rd, 30th- Record Book Help 10-Noon

#### July

7th, 14th, 21st, 28th - Record Book Help 10-Noon

8th-10th-Alpine Horse Camp

#### August

4th-9th- Teton County Fair



# Livestock Tagging Information, Teton County 4-H



It's time to start planning for the **2025 Teton Valley Fair!** If you're planning to exhibit livestock, please remember that **all required paperwork** must be completed and submitted either before or at the time of weigh-in.

**Required Information:** All paperwork must include:

- 1. Animal sex. breed, and color
- 2. Date of birth
- 3. Tag number
- 4. Other necessary details

**IMPORTANT:** Animals **cannot** be tagged or weighed **without proper paperwork**.

#### Tagging Dates:

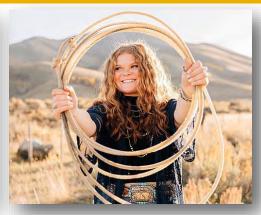
Beef - March 8, 2025 | 9:00-10:00 AM Swine - April 28, 2025 | 4:00-6:00 PM Sheep/Goat - May 27, 2025 | 4:00-6:00 PM

Breeding & Non-Market Animals & Poultry Paperwork Due: May 8, 2025, by 4:00 PM

If you have any questions, please reach out to the **Teton County 4-H Office**. Thank you for preparing ahead and ensuring a smooth tagging process!









# 2025 SCHOLARSHIP APPLICATION AVAILABLE JANUARY 1, 2025

In keeping with its past tradition of supporting outstanding high school seniors, the **Eastern Idaho State Fair**, in partnership with Butler Amusements, Inc., will again be awarding six (6) \$1,000 scholarships to 2025 graduating seniors. REMEMBER: **Applicants must have been involved in three (3) of the last five (5) years of the Eastern Idaho State Fair in either 4-H or FFA**. This scholarship fund has awarded over \$112,000 to deserving college-bound teens since its inception in 2006, nineteen years ago.

#### FILLABLE – 2025 SCHOLARSHIP APPLICATION: Scholarships | Eastern Idaho State Fair

#### Qualifications are:

- 4-H or FFA participation in three (3) of the last five (5) of the Eastern Idaho State Fair
- Must have been a member in good standing in either 4-H or FFA during the 2024 Eastern Idaho State Fair
- Graduating from high school in Spring/Summer of 2025 from our 16 County District
- Minimum Cumulative GPA of 2.5 or higher as of last semester report card, copy must be attached
- Have taken either the **ACT or SAT** college entrance exam
- Include college/university/vocational technical enrollment plans
- Attend school within the 16 County Fair District: Bannock; Bear Lake; Bingham; Bonneville; Butte; Caribou; Clark; Custer; Franklin; Fremont; Jefferson; Lemhi; Madison; Oneida; Power; Teton

#### **Selection Criteria:**

- Personal and Professional Goals
- Current and Past participation in the Eastern Idaho State Fair
- Student Activities
- Community Service
- GPA and SAT/ACT Scores
- Honors and Awards
- Financial Need

Please complete the 2025 Scholarship Application. **DUE DATE for 2025 Scholarship Application is March 1, 2025, at 3:00 p.m.,** Eastern Idaho State Fair, PO Box 250, 97 Park Street, Blackfoot, ID 83221, or email to: cathy@funatthefair.com all applications must be hand delivered, emailed or post marked by this date to be accepted. No late applications will be accepted.

STATE 4-H

# IDAHO 4-H INTERNATIONAL EXCHANCE PROCRAM

#### Inbound

#### Host a Student

Host family applications are now apen! If you would like a once in a life time experience for your family apply to be a summer host family! Not only will your family have to apportunity to learn about another culture but you will be making a lifelong friend.

#### Delegates

- 20 Japanese delegates and 2 chaperones
- 12 Korean delegates and 1 chaperone
- 2 Costa Rican delegates
- 2 Norwegian delegates

#### **Hosting information**

- delegates are ages 9-17
- Host siblings must be within 3 years of the delegate they
- 4-H and non 4-H families are welcome to host
- Idaho will have a host family orientation via zoom to prepare all host families for the summer exchange.

#### Outbound

#### CONGRATULATIONS!

Teton and Ada county for having outbound applicants this year!

These youth have applied for the Japan and Taiwan summer exchange program.

#### **Upcoming Events**

- Host family applications are open now
- February delegate bios are recieved and we will begin placing students
- July 21st- Aug 16th delegates are here!

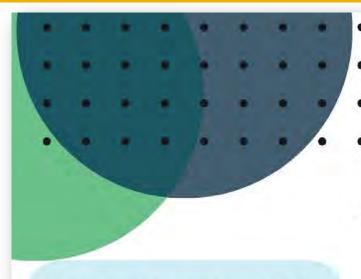
#### Contact Info

To apply to host: states4hexchange.org/apply/host

For any questions please contact Courtney Reimers:

Email: creimers@uidaho.edu





2025 Shotgun Training

This statewide leader training and certification will support the State 4-H Policy regarding the 4-H Shooting Sports instructors in Idaho. The policy states that Idaho 4-H Shooting Sports instructors on the county level must:

- Be at least 21 years of age (18 years for assistant instructors)
- Be screened, trained and appointed as a current 4-H volunteer through their local County Extension Office.
- Successfully complete instructor discipline training administered/sanctioned through the University of Idaho 4-H Youth Development Office.
- Be trained and certified in any discipline(s) that they are teaching at the county level.
- Participants must attend the entire training and successfully complete all aspects to receive their respective discipline certification.

Saturday, March 8th, 8:00am-5:00pm at the Jerome Gun Club 6425 US Highway 93 Jerome, ID 83338

Prior to March 8th: Complete all four Youth Development/Risk Management online modules / print & bring

completion certificate

\$80 per participant
Contact the Twin Falls Extension
to pay at 208-734-9590

Register using QR code by February 24th.



For questions, contact Tina Miller at 208-734-9590 or tdickard@uidaho.edu





## Idaho **%** LEADSummit





Registration opens Aug. 15, 2025

https://4h.zsuite.org/events

**Cost is \$200** 

scholarships available in registration

4-H LEADS (Learn, Engage, Act, Develop Summit) is open to youth in grades 8-12 from all delivery modes (club, camp, afterschool, in-school, military partnership, Juntos, etc.). LEADS is designed to help youth discover sparks, belonging, and relationships while empowering them to lead to change within their 4-H program, school and/or community. With an emphasis on leadership development, the program provides learning and teaching opportunities for teens in the areas of agricultural sciences, health and well-being, STEM and expressive arts.





The University of Idaho is an equal opportunity/affirmative action employer and educational organizations. We offer programs to persons regardless of race, color, religion, national origin, sex,

age, sexual orientation, gender identity/expression, disability, genetic information or status as any protected veteran or military status. In compliance with the Americans with Disabilities Act of 1990, those requesting reasonable accommodations need to contact the University of Idaho 4-H Youth Development Office at (208) 885-7700, 875 Perimeter Drive, MS 3015, Moscow, ID 83844-3015



National 4-H

#### **FSA Makes Youth Loans**

#### FSA Youth Loans - Opportunities for 4-H Members

The Farm Service Agency (FSA) offers Youth Loans to help young individuals start and operate income-producing agricultural projects. These loans are available to members of 4-H, FFA, Tribal youth groups, and similar organizations, providing an opportunity to gain valuable experience and education in agriculture-related skills.

#### **Loan Details:**

- ✓ Designed for youth projects in agriculture
- ✓ Must be connected to 4-H. FFA, or a similar organization
- ✓ Requires a project advisor's recommendation
- ✓ Ages 10-20 at loan closing (parent/guardian consent required)
- ✓ Young applicants are personally responsible for repayment.
- Co-signer required only if repayment ability or security is uncertain

#### How to Apply:

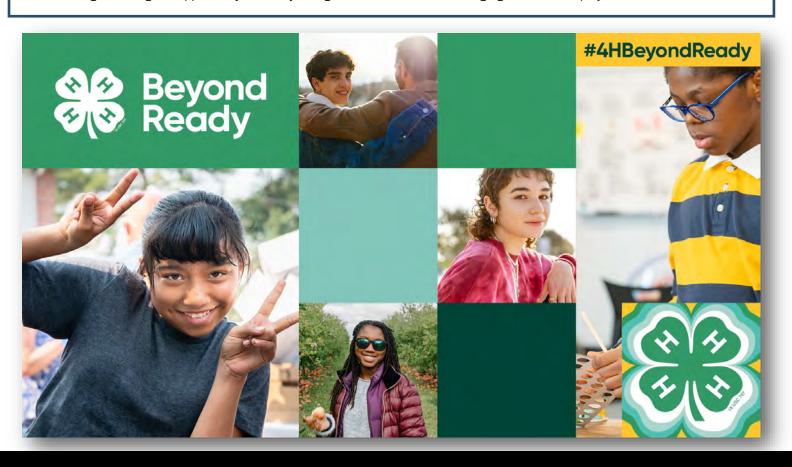
- ☐ Speak with a **project advisor** who will sponsor and supervise your project
- ☐ Obtain parent/guardian consent if under 18
- ☐ Prepare a **detailed project plan** showing income potential



#### **Need Assistance?**

Contact your **local Extension Office** or visit the **FSA website**: www.fsa.usda.gov

Take advantage of this great opportunity to build your agricultural skills while managing a successful project!



TETON COUNTY 18

### **EXTENSION UPDATE**

#### **UPCOMING EVENTS**

#### **TETON FOOD & FARM COALITION MEETING**

February 26 | 12-1 pm

Partner updates, Overview of farm-to-school/institution efforts led by Mountain Roots Education

Register: https://www.tetonfoodfarmcoalition.org/

#### TAI CHI ON-LINE CLASS

Tuesdays February 4-25

#### **FOOD SAFETY CLASSES**

Wednesdays February 5-March 5

### MARKET STRATEGY FOR SPECIALTY FOOD BUSINESS

February 6,13,20,27

#### **MEDICARE WORKSHOP**

February 13

#### **4-H LEADER COUNCIL**

February 3 5:30-7:00 PM

UI Extension 445 N. Main Driggs

#### STEAM CLUB FRIDAY DAY CAMP

March 7, 2025 10-3 PM

Mars Base Camp







#### **CONTACT US**

#### UNIVERSITY OF IDAHO EXTENSION, TETON COUNTY

Mailing Address:

150 Courthouse Dr. #208. Driggs, ID 83422

**Physical Address:** 

445 N. Main St., Driggs, ID. 83422

Phone: 208-354-2961 Fax: 208-354-3516 Email: Teton@uidaho.edu

Web: www.uidaho.edu/extension/county/teton/4-h

#### Staff:

Jennifer Werlin, Extension Educator

Tammy Sachse, Extension Assistant

Abby Grundler, 4-H Coordinator

Jennifer Brown, AmeriCorps 4-H Instructor