

# Upcycling Project

## Re-Design It

**Cassia County** TA & JP 24

Redesigning clothing means to change the design, style, fit, color, or trim of a garment to make it suitable for more wear. It can involve deconstructing and reconstructing the garment, which is more involved than alterations a tailor might make.

Here are some examples of redesigning clothing:

- Adding minor details: Adding a decorative trim
- Changing the purpose: Transforming a dress into a top
- Sewing on fabric: Stitching or sewing another piece of fabric on top or underneath
- Combining garments: Redesigning two old t-shirts into one new one

For this project you can purchase an ensemble from yard sales, thrift stores, or you can find something from mom's closet or even your own closet, and turn it into a new outfit, meaning take a dress and turn it into a shirt or a vest, or taking a men's shirt and turning it into a dress. There is that really pretty table cloth you found you can turn it into a dress. Basically taking something oldish and turning it into something new. You can combine 2-3 items into one new item, or completely re-design one item with embellishments. The skies the limit. Have fun.

You can do this as a one year project or take this for up to three years.

Here are some examples for doing this as a 3 year project.

- Year 1 example – You have a favorite pair of jeans you hate to part with so you come up with a brilliant idea to turn it into a skirt you can wear for several more years.
- Year 2 example – You find a beautiful dress and jean jacket at a yard sale but the dress color is awful, so you learn about dyeing it a different color. You have taken into account the fabric type and the type of color dye you can use, you have also learned about the process and the timing it will take to make the dress into something spectacular. The Jean jacket you have found the perfect embellishments to add to it to make the dress a complete ensemble.
- Year 3 example – You found several old patterns and an old table cloth that was handed down to your mother and you convince her to let you make a dress or outfit out of it by combining several of the old patterns you found.

Make sure that you are doing at least 3 different sewing elements each year. Add these items into your activity log.

Complete the Checklist questions and add them to your record book.

Encouraged to participate in the Cassia County 4-H Sewing Showcase

Tips:

- Makes sure that there are no stains on your clothing item(s) and they have been cleaned properly (i.e. dry cleaned, spot cleaned, etc.) Or they have been hidden by your embellishments.
- You have fixed any broken buttons, zippers and repaired holes (make sure your patches are sewn on)
- Dyeing – If you are dyeing the fabric, make sure you are using the correct dye for the fabric you are dyeing.
- For embellishments you can use HTV (Heat Transfer Vinyl), Lace, Ribbon, Buttons, Fabric paint/marker, Beads, etc.

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## Re-Design It

### Checklist Questions

Purchase or acquire a "Re-Design It" ensemble. Answer the following questions.		
	Date Completed	Leaders Initials
Where did you purchase or acquire your ensemble?		
What was the cost if purchased?		
What is the fabric content? (is it Synthetic, or Natural material. List the fabric type.)		
What are the care instructions for your ensemble? If the labels are gone, how would you care for this?		
List three positive points about your ensemble?		

List two negative points about your ensemble?		
What accessories did you find to go with your ensemble?		
Dyeing: What type of dye did you use? What issues did you have?		
List all the items you used to make your new ensemble?		
What embellishments did you use?		

Here are some pictures of ideas that have been done.



Before

After



Tablecloth to Circle Skirt



before

after



Before

After

# Laundry Guide to... Common Care Symbols

Developed by  
Textile Industry Affairs. [www.carelabels.com](http://www.carelabels.com)

Machine Wash, Warm

Non-chlorine Bleach

Iron, Steam or Dry, with Medium Heat

Tumble Dry, Low Heat

**Washing INSTRUCTIONS**

	Machine Wash, COLD		Machine Wash, COLD Permanent Press		Machine Wash, COLD Gentle Cycle		Hand Wash
	Machine Wash, WARM		Machine Wash, WARM Permanent Press		Machine Wash, WARM Gentle Cycle		Do Not Wash
	Machine Wash, HOT		Machine Wash, HOT Permanent Press		Machine Wash, HOT Gentle Cycle		

## Care Labels: Your Guide to Easy Care

Care labels provide helpful information that can save you time and money.

Cleaner, fresher clothes means longer-wearing apparel.

And clothes that are bleachable are easier to get clean.

When a care label doesn't mention

bleach or says "Bleach when needed," it means it is safe to use Clorox liquid bleach.

When the label says "Non-chlorine bleach when needed" use a non-chlorine (color-safe) bleach like Clorox 2<sup>o</sup>.

Because clothes can be mislabeled, follow the easy directions on bleach container labels to test fabrics for colorfastness.

**Bleaching INSTRUCTIONS**

	<b>Bleach as needed</b> Any bleach, like Clorox <sup>®</sup> , may be safely used		<b>Do Not Bleach</b> No bleach product should be used including detergents with bleach - or follow bleach package test procedures to test for bleach safety.
	<b>Non-chlorine Bleach as needed</b> Use only a color-safe bleach, like Clorox 2 <sup>®</sup>		

**Drying INSTRUCTIONS**

		Tumble Dry, NO HEAT		Tumble Dry, Permanent Press, NO HEAT		Tumble Dry, Gentle Cycle, NO HEAT		Do Not Tumble Dry
		Tumble Dry, LOW HEAT		Tumble Dry, Permanent Press, LOW HEAT		Tumble Dry, Gentle Cycle, LOW HEAT		Line Dry
		Tumble Dry, MEDIUM		Tumble Dry, Permanent Press, MEDIUM		Tumble Dry, Gentle Cycle, MEDIUM		Drip Dry
		Tumble Dry, HIGH						Dry Flat

**Ironing INSTRUCTIONS**

		Iron, Steam or Dry, with LOW HEAT		Do Not Iron with Steam
		Iron, Steam or Dry, with MEDIUM HEAT		Do Not Iron
		Iron, Steam or Dry, with HIGH HEAT		

**Drycleaning INSTRUCTIONS**

		<b>Dryclean</b> May appear with additional letters and/or lines Take this item to a professional drycleaner		Do Not Dryclean
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