

**DOCTOR OF**  
**ATHLETIC TRAINING**  
**Redefining Excellence in Patient Care**



**University of Idaho**

College of Education,  
Health and Human Sciences



**CUTTING**

**EDGE**

## **ORIGINAL RESEARCH**

### **HANDS-ON TRAINING**

- Advanced training in current and novel paradigms
- Innovative, specialty manual therapy skills taught by technique experts
- Develop expertise in treating acute and chronic musculoskeletal pain and dysfunctions

### **INNOVATION**

- Pioneering research in applied clinical practice
- Applied research projects focused on improving professional practice as part of a Culminating Clinical Project (CCP)

Our students intend on working with patients to create immediate, meaningful and lasting changes while integrating new and novel manual therapy paradigms. Patient reported outcomes from first and second year UI DAT students:

	Percent Improvement During 1st Treatment	Percent Improvement Before 2nd Treatment (Did Treatment Hold?)
PAIN AT REST (N=489)	<b>58.2%</b>	<b>58.2%</b>
PAIN WITH WEIGHT BEARING	<b>56.5%</b>	<b>56.5%</b>
FUNCTIONAL IMPAIRMENT	<b>42.4%</b>	<b>68.7%</b>



**PATIENT CARE**

**FOCUS**

## **ADVANCED TREATMENT**

### **PROGRESSIVE CLINICAL APPROACH**

- Individualized residency experiences, often at student's site of employment
- Become adept at collecting, analyzing, and utilizing patient outcomes to assess and improve patient care and generate practice-based evidence

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Joining the University of Idaho's DAT program has changed my approach to athletic training, morphing me into a practitioner who balances clinical patient-care with action research. My patients recognize that they are receiving an improved standard of care.

**Bethany Hansberger**

**MED, ATC – DAT COHORT 2016**

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## MISSION

Redefine excellence in patient care through the purposeful integration of advanced clinical practice, research, and education to solve relevant practice/professional issues.

## VISION

Our vision is to be the premier athletic training program for preparing advanced practitioners who transform clinical practice and education. Our graduates are trailblazers in the profession, who utilize:

- Competence in new and emerging treatment interventions
- Expert clinical reasoning, and
- Practical research skills, in order to solve complex problems in health care and lead the athletic training profession into the next century

*Eligibility: Bachelors or Masters*



# FIRST YEAR

## SUMMER I

(On Campus, 9 Credits)

Course	Title	Credits
AT 606	Professional and Post-Professional Education in Athletic Training	3
AT 610	Advances in Manual Therapy and Practice	3
AT 620	Research Methods & Evidence Based Practice in Patient Care	3

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## FALL I

(Hybrid, 12 Credits)

Course	Title	Credits
AT 621	Action Research in Patient Care	2
AT 630	Holistic Foundations of Pain in Patient Care	2
AT 634	Introductory Quantitative Data Analysis and Interpretation in Patient Care	2
AT 640	Clinical Residency and Analysis Patient Care	6

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## SPRING I

(Hybrid, 12 Credits)

Course	Title	Credits
AT 622	Designing and Conducting Applied Research in Patient Care	2
AT 631	Theory and Application of Current and Novel Paradigms in Patient Care	2
AT 635	Intermediate Quantitative Data Analysis and Interpretation in Patient Care	2
AT 641	Clinical Residency and Analysis of Patient Care II	6

# SECOND YEAR

## SUMMER II

(On Campus, 9 Credits)

Course	Title	Credits
AT 607	Leadership and Mentoring in Athletic Training Clinical Practice	3
AT 611	Integrative Manual Therapy and Practice	3
AT 623	Introduction to Survey and Qualitative Research Design in Patient Care	3

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## FALL II

(Hybrid, 12 Credits)

Cours	Title	Credit
AT 624	Advanced Qualitative Data Analysis and Interpretation in Patient Care	3
AT 632	Integrative Patient Care for the Spine and Pelvic Girdle	3
AT 642	Clinical Residency and Analysis of Patient Care II	6

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## SPRING II

(Hybrid, 12 Credits)

Course	Title	Credits
AT 625	Scientific Writing for Publication in Patient Care	3
AT 633	Application of Advanced Practice Skills: A Practice-Based Evidence Approach	3
AT 643	Clinical Residency and Analysis of Patient Care IV	6

## FOR MORE INFORMATION:

## **COST OF PROGRAM**

The DAT program is offered as an inclusive package for ease of planning. Tuition, most fees, books, supplies, continuing education courses (live and online official manual therapy courses provided directly by the technique instructors) are all included for about \$20,000 a year. Students may be employed while enrolled in the DAT program.

## **CURRICULUM DELIVERY**

- Flexible, innovative program with mix of online and on-campus curriculum and scholarship development
- Gain specialty training, research training, and advanced clinical skills while working to become advanced scholarly clinicians

## **ADVANCED TRAINING IN INNOVATIVE THERAPIES**

- Mulligan Concept
- Positional Release Therapy
- Primal Reflex Release Technique
- Total Motion Release
- Myokinesthetics

## **APPLICATION AND INTEREST**

Athletic Training Health Care Professionals possessing a Bachelors or a Masters of Science degree are encouraged to apply. Please contact us for more information by:

Emailing us at [ui-at@uidaho.edu](mailto:ui-at@uidaho.edu)

Or calling us at 208-885-2182

Ready to apply? [uidaho.edu/dat](http://uidaho.edu/dat)

All students in the College of Education, Health and Human Sciences are subject to a criminal history background check specific to each department and program of study. Students may go through multiple criminal history background checks throughout their academic career. Results may impede progress within the academic programs.



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