

CURRICULUM VITAE

University of Idaho

NAME: Heather Terhorst-Miller

DATE: September 17th, 2023

RANK OR TITLE: Assistant Professor

DEPARTMENT: Psychology & Communication

OFFICE LOCATION AND CAMPUS ZIP: SHC 220

EMAIL: htmiller@uidaho.edu

DATE OF FIRST EMPLOYMENT AT UI: August 14th, 2023

DATE OF TENURE: Untenured

DATE OF PRESENT RANK OR TITLE: August 14th, 2023

EDUCATION BEYOND HIGH SCHOOL:

Ph.D., Counseling Psychology August 2018
Minor in Integrated Behavioral Health
New Mexico State University, Las Cruces, NM
APA-Accredited Program

M.S., Clinical-Counseling Psychology August 2012
Illinois State University, Normal, IL

B.S., Psychology and Sociology May 2010
Olivet Nazarene University, Bourbonnais, IL

Certificates and Licenses:

Licensed Psychologist
ID # PSY-203835
WI # 3921-57

EXPERIENCE:

Teaching, Extension and Research Appointments:

Assistant Professor, Tenure-Track Appointment August 2023 to present
Department of Psychology & Communication
University of Idaho, Moscow, ID

Assistant Professor, Tenure-Track Appointment August 2018 to August 2023
Department of Psychology
University of Wisconsin-Stout, Menomonie, WI

Course Instructor, Graduate Teaching Assistant Appointment August 2013 to December 2016
Department of Counseling & Educational Psychology
New Mexico State University, Las Cruces, NM

Non-Academic Employment:

Therapist and On-Call Administrator August 2012 to
Norman C. Sleezer Youth Home, Freeport, IL June 2013

Consulting:

Associate/Licensed Psychologist September 2018 to
University of Wisconsin-Stout Counseling Center, Menomonie, WI August 2023

Psychology Intern August 2017 to
Alaska VA Healthcare System, Anchorage, AK August 2018
APA-Accredited Internship Program

Neuropsychology Technician August 2016 to
iNetMedRx2 Inc., Las Cruces, NM June 2017

Doctoral Student Supervisor September 2015 to
NMSU Community Mental Health & Wellness Clinic, Las Cruces, NM May 2017

Behavioral Health Consultant September 2015 to
La Clinica de Familia, Las Cruces, NM & San Miguel, NM December 2016
Family Medicine Center, Las Cruces, NM
Memorial Medical Center, Las Cruces, NM

Practicum Student Counselor August 2014 to
New Mexico State University Counseling Center, Las Cruces, NM May 2015

Group Co-leader March 2014 to
La Casa Domestic Violence Program, Las Cruces, NM November 2015

Counselor September 2013 to
NMSU Community Mental Health & Wellness Clinic, Las Cruces, NM May 2017

Counselor May 2011 to
Institute for Human Resources, Pontiac, IL May 2012

Group Co-leader January 2011 to
Illinois State University Psychological Services Center, Normal, IL April 2012
Dialectical Behavior Skills psychoeducational group

TEACHING ACCOMPLISHMENTS:

Areas of Specialization: Clinical and Counseling Psychology

Courses Taught at the University of Idaho:

PSYC 101: Introduction to Psychology
Fall 2023, Fall 2024
PSYC 311: Abnormal Psychology
Spring 2024, Summer 2024, Fall 2024
PSYC 347: Survey of Helping Professions
Spring 2024

Courses Taught at the University of Wisconsin-Stout:

PSYC 110: Introduction to Psychology
 Fall 2018, Spring 2019, Fall 2019, Spring 2022, Summer 2022, Winterm 2023, Summer 2023

PSYC 251: Child Psychology
 Summer 2022, Spring 2023

PSYC 350: Cultural Psychology
 Spring 2020, Spring 2021, Fall 2021, Fall 2022

PSYC 355: Clinical-Counseling Psychology
 Fall 2018, Fall 2019, Fall 2020, Fall 2021, Fall 2022

PSYC 361/561: Abnormal Psychology
 Fall 2018, Spring 2019, Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023

PSYC 370/570: Interpersonal Effectiveness Training
 Fall 2019, Spring 2020, Spring 2021, Fall 2022, Spring 2023

PSYC 371/571: Introduction to Health Psychology
 Spring 2019, Spring 2020, Spring 2021, Spring 2022, Spring 2023

Courses Taught at New Mexico State University:

CEP 110: Human Growth and Behavior
 Fall 2013, Fall 2014, Fall 2015, Spring 2016

CEP 300V: Human Relations Training
 Spring 2014

CEP 451V: Introduction to Counseling
 Fall 2013, Fall 2016

Students Advised:

Undergraduate Students:

Advised to completion of degree: ~ 10 per year (University of Wisconsin-Stout)

Mentored in research: 5 (University of Wisconsin-Stout)

Graduate Students:

Mentored in research: Rachael Miller (University of Wisconsin-Stout), Sydney Turner (University of Wisconsin-Stout)

Invited Lectures:

University of Idaho

PSYC 201: Survey of Contemporary Psychology
Being a Counseling Psychologist

Fall 2023, Spring 2024
 Fall 2024

University of Wisconsin-Stout Psi Chi Meeting

Cultural Competence in Domestic Violence Paraprofessional Staff and Psychology Trainees

Fall 2018

Teaching Honors and Awards:

First Year Instructor Program Funding

Nakatani Teaching and Learning Center
 University of Wisconsin-Stout

Spring 2019

Outstanding Teaching Award (for 2021-2022 academic year)

College of Education, Hospitality, Health and Human Sciences
 University of Wisconsin-Stout

Fall 2022

SCHOLARSHIP ACCOMPLISHMENTS:**Refereed/Adjudicated Publication:**

Schwartz, J., **Terhorst-Miller, H.**, & Rutherford, J. (2015). Health disparities and help-seeking behavior in boys. In Juntunen, C. & Schwartz, J. (Eds.), *Counseling Across the Lifespan: Prevention & Treatment, 2nd ed.* Thousand Oaks, CA: Sage Publications.

Peer Reviewed/Evaluated Publications:

Hanson, B.L., Porter, R.R., Zold, A.L., & **Terhorst-Miller, H.** (2020). Preventing opioid overdose with peer-administered naloxone: Findings from a rural state. *Harm Reduction Journal*, 17, 4. <https://doi.org/10.1186/s12954-019-0352-0>

Cheng, H-L., Lopez, A., Rislin, J.L., Kim, H.Y., Turner, J., **Terhorst-Miller, H.**, Lopez, J., & Cha, C.H. (2018). Latino/Hispanic community adults' healthcare experience in a New Mexico borderland region. *Journal of Health Disparities Research and Practice*, 11(4), 5. <https://digitalscholarship.unlv.edu/jhdrp/vol11/iss4/5>

Presentations:

Terhorst-Miller, H. (2024). *Cultural empathy in undergraduate psychology students*. Poster presented at the 2024 Annual Convention of the American Psychological Association, Seattle, WA.

Terhorst-Miller, H. & Hera, K. (2023). *Can cute stimuli affect memory?* Poster presented at the 2023 Annual Convention of the American Psychological Association, Washington, DC.

Terhorst-Miller, H. & Turner, S. (2023). *Cultural competence in counseling and health service psychology training: A qualitative study*. Virtual poster presented at the 2023 Annual Convention of the American Psychological Association, Washington, DC.

Terhorst-Miller, H., Bakken, T., & Bachman, C. (2022). *Cultural competence in health service psychology trainees during predoctoral internship*. Poster presented at the 2022 Midwestern Psychological Association Conference, Chicago, IL.

Cheng, H-L., Rislin, J.L., La, S., Kim, H.Y., **Terhorst-Miller, H.**, Valdovinos, K.... & Tsai, C-L. (2018). *Development of a measure of Latinx adults' perceived racial/ethnic discrimination in health care*. Poster presented at the 2018 Annual Convention of the American Psychological Association, San Francisco, CA.

Cheng, H-L., Lopez, A., Rislin, J., La, S., Kim, H., **Miller, H.**.... & Durham, C. (2016). *Perceived racial/ethnic discrimination in healthcare settings: Latino/a adults' experiences*. Poster presented at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

Cheng, H-L., McDermott, R. C., La, S., Rislin, J. L., Kim, H., & **Miller, H.** (2016). *Rejecting or identifying with one's ethnic ingroup: Psychocultural and mental health correlates*. Poster presented at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

Hitter, T.L., Lopez, A., Kim, H., Bridges, C., **Miller, H.**, Cervantes, A., ...Estrada, R. (2016). *Perceptions of qualitative and quantitative research among counseling psychology faculty members*. Poster presented at the 2016 Annual Convention of the American Psychological Association, Denver, CO.

Terhorst-Miller, H. & Miller, S.M. (2015, August). *Mindfulness with university students who identify as Christian: Implications for counseling*. Poster presented at the 2015 American Psychological Association Conference Division 17 Student Poster Session, Toronto, Canada.

Cheng, H-L., Rislin, J., La, S., Valdovinos, K., Williams, C., **Miller, H.**, Cha, C., Del Rio, I. (2015, August). *Risks and resilience associated with dieting among Latinas: A moderated mediation model*. Poster presented

at the 2015 American Psychological Association Conference, Toronto, Canada.

Cheng, H-L., Rislin, J., La, S., Valdovinos, K., Williams, C., **Miller, H.**, Cha, C., Del Rio, I. (2015, August). *Predictors of binge eating among Latina versus White college women*. Poster presented at the 2015 American Psychological Association Conference, Toronto, Canada.

DeSouza, E.R., **Terhorst-Miller, H.**, & Hesson-McInnis, M. (2013, May). *College Students' views toward diversity as mediators of anti-affirmative action values*. Poster presented at the 25th Annual Association for Psychological Science Convention, Washington, DC.

House, A., Young, L.M., Van Aman, C., **Terhorst, H.**, & Ramon, A. (2012, May). *Disseminating dialectical behavior therapy skills in the community: Four semesters of experience*. Poster presented at the 38th Annual Association for Behavioral Analysis International Convention, Seattle, WA.

Terhorst, H., DeSouza, E.R., & Hesson-McInnis, M. (2012, April). *Affirmative action values: The beliefs of undergraduate, master's, and doctoral college students and their views toward diversity*. Poster presented at the 2012 Illinois State University Graduate Symposium, Normal, IL.

House, A., Young, L., Ramon, A., **Terhorst, H.**, & Tobey, J. (2012, March). *A DBT skills group as a vehicle for education in counseling psychology: Four semesters of experience*. Poster presented at the 2012 Great Lakes Regional Counseling Psychology Conference, West Lafayette, IN.

Ramon, A., **Terhorst, H.**, Young, L., Chang, T., Van Aman, C., Young, T.... & House, A. (2011, April). *DBT skills group as a vehicle for service and training: Lessons from our first year*. Poster presented at the Great Lakes Regional Counseling Psychology Conference at Indiana University, Bloomington, IN.

Terhorst, H. (2010, April). *A study on how emotional affect is perceived by others*. Oral presentation presented at the 43rd Annual Associated Colleges of the Chicago Area (ACCA) Student Scholarship Symposium, Romeoville, IL.

Professional Workshop:

Wanzer, D., Smith, L., Lovejoy, C., & **Terhorst-Miller, H.** (2021). *Trauma-informed pedagogy: Small but mighty inclusive teaching practices you can start today*. Virtual presentation presented at the Spring 2021 University of Wisconsin-Stout's professional development week.

Grants and Contracts Awarded:

George and Mary Ann Macinko Faculty Development Grant College of Letters, Arts, and Sciences University of Idaho Amount: \$500	May to December 2024
CLASS Summer Research Grant Title: Cultural Competence Research PI: Heather Terhorst-Miller, Ph.D. College of Letters, Arts, and Sciences University of Idaho Amount: \$2,443	May to August 2024
CLASS Conference and Professional Development Travel Grant College of Letters, Arts, and Sciences University of Idaho Amount: \$1,000	April 2024
Faculty Research Initiative Grant PI: Heather Terhorst-Miller, Ph.D.	May 2022

Office of Research and Sponsored Programs
University of Wisconsin-Stout
Amount: \$6,101

Chancellor's Fund for Teaching Excellence & Student Success

February 2022

PI: Heather Terhorst-Miller, Ph.D.
Office of Research and Sponsored Programs
University of Wisconsin-Stout
Amount: \$1,553

Honors and Awards:

R Deblassie End Scholarship

Fall 2016 to Spring 2017

New Mexico State University

Rene Ruiz Dissertation Award

Fall 2015 to Spring 2016

New Mexico State University

SERVICE:

University of Idaho

Department-level Committee Assignments:

Psychology Program
Communication Search Committee
External Relations Committee
Promotion and Tenure Committee

Fall 2024 to present
Fall 2024 to present
Fall 2023 to Spring 2024
Fall 2023 to Spring 2024

University-level Committee Assignments:

PsyD Program Steering Committee
CMHC Clinical Faculty/Psychologist Search Committee

Spring 2024 to present
Spring 2024

Professional and Scholarly Organizations:

Member, American Psychological Association
Student Member, Doctoral Student Association
NMSU CEP Department

Current member
August 2013 to May 2016

University of Wisconsin-Stout

University Level Assignment:

Associate/Licensed Psychologist

September 2018 to
August 2023

Department Level Committees and Assignments:

Chair, Search Committee

Developmental Psychology Search

Spring 2023

Member, Search Committee

Industrial/Organizational Psychology Search
Developmental Psychology Search

Fall 2022 to Spring 2023

Director, Psychology Student Center

Spring 2020 to
Spring 2023

Co-director, Psychology Student Center

Fall 2019

Member, Student Alumni Workgroup Fall 2019 to Spring 2020

Chair, Curriculum Committee Fall 2021 to Spring 2023

Member, Curriculum Committee Fall 2018 to Spring 2021

New Mexico State University

Program Level Assignments:

Behavioral Health Program Liaison January 2017 to June 2017
NMSU CEP Department & La Clinica de Familia

Student Representative to Training Committee August 2015 to May 2016
NMSU CEP Department

Journal Review:

Faculty Reviewer, Journal of Student Research Fall 2018 & Fall 2021
University of Wisconsin-Stout

PROFESSIONAL DEVELOPMENT:

Teaching:

- New(er) Faculty Seminar: Third Year Review and Dossier Preparation for Tenure Track and Non-Tenure Track Faculty
- New(er) Faculty Seminar: Developing a Strategic Plan for Funding Your Research
- CETL Workshop – Wired Wednesday: Build a Fun Escape Game with Google Forms
- University of Wisconsin-Stout New Instructor Workshop, August 2018
- Team-Based Learning, June 2014

Scholarship:

- Collaborative Institutional Training Initiative (CITI) IRB Investigators and Student Researchers Basic Course, November 2023
- CITI Social-Behavioral Educational Comprehensive & Basic Course, July 2022
- UW-Stout Human Subjects Training Certification, May 2019
- Publish & Flourish: Becoming a Prolific Scholar Workshop, February 2015

Outreach:

- Being Quantum: Ontological Storytelling in the Age of the Antenarrative, December 2014
- Quantum, Indigenous, and Living Stories: A Nexus of Science, Art, and Ethics, December 2013

Professional:

- Most Leaders Once Felt Like a Fraud, But You Don't Have To (APA), September 2024
- How To Increase Your Writing Productivity (APA), September 2024
- Psychologists' Roles in Helping to Treat Opioid-Use Disorders and Prevent Overdoses (APA), April 2024
- Spotting the Signs of Mild Cognitive Impairment (APA), April 2024
- Forgiveness Can Improve Mental and Physical Health. Research Shows How to Get There (APA), April 2024
- How to Be a Better Supervisor for Students in Health Services (APA), April 2024
- How Does Implicit Bias by Physicians Affect Patients' Health Care? (APA), April 2024

- How Psychologists Prepare Patients for Surgery (APA), December 2023
- Treating People with Hoarding Disorder (APA), December 2023
- Should a Clinician Use Telehealth to See Patients While Traveling (APA), December 2023
- Complementary and Alternative Medicine (APA), December 2023
- How to Help Trainees with Competency Problems (APA), December 2023
- Psychopharmacology in Plain English (PESI), June 2023
- 10 Principles of Effective Couples Therapy (PESI), June 2023
- Clinical Supervision: Proven Tools and Techniques for Success (PESI), September 2022
- Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training (PESI), April 2020
- Behavioral Health Training Workshop, March 2016
- Interprofessional Immersion, July 2015
- 40-hour Domestic Violence Training for Illinois, December 2009